

# GRACE EPISCOPAL CHURCH



*The Third Sunday in Lent*

March 8, 2026

Service Program for the 10:30 a.m. Solemn High Mass  
Lenten Programs & Services Announcement  
*Grace Notes*  
*This Week at Grace & Lenten Announcements*

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## Grace Episcopal Church

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**W**E are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

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The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Dr. Barbara Galbreath, *Senior Warden*; Adrienne Brown, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Dr. Barbara Galbreath, *Assistant Treasurer*

Douglas Bowman, Claudia Gwardyak, Daniel Kendzior,

Sheryl Rifkin, Sr. Gregory Simmons



**W**ELCOME to all who are joining with us virtually as we celebrate *THE THIRD SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

# GRACE EPISCOPAL CHURCH

## *The Third Sunday in Lent*

March 8, 2026

Solemn High Mass, 10:30 A.M.

Propers of Year A

Mass Setting: *Mass of the Quiet Hour*

George Oldroyd, 1938

*This setting of the Ordinary of the Mass will be sung by the choir.*

Voluntary: *Dies sind die heiligen zehn Gebot*, BWV 678

Johann Sebastian Bach (d.1750)

### ENTRANCE RITE

Introit (*choir*) *Oculi mei*

Mode VII

[*Antiphon*] **M**INE EYES are ever looking unto the Lord, for he shall pluck my feet out of the net: O look thou upon me, and have mercy upon me, for I am desolate and in misery. [*Psalm*] Unto thee, O Lord, do I lift up my soul; my God, in thee have I trusted; let me not be confounded. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. (*Repeat antiphon.*)



### THE PENITENTIAL ORDER

Opening Acclamation

*Celebrant:* ✠ Bless the Lord who forgiveth all our sins.

*People:* His mercy endureth for ever.

Confession of Sin and Absolution

*Deacon:* Let us humbly confess our sins unto Almighty God.

*People:* Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

*Celebrant:* The Almighty and merciful Lord grant you absolution ✠ and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

Kyrie eleison (*choir*)

G. Oldroyd

**K**YRIE eleison. Christe eleison. Kyrie eleison.  
[Lord, have mercy. Christ, have mercy. Lord, have mercy.]

## THE LITURGY OF THE WORD

The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* And with thy spirit.

*Celebrant:* Let us pray.

**A**LMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*



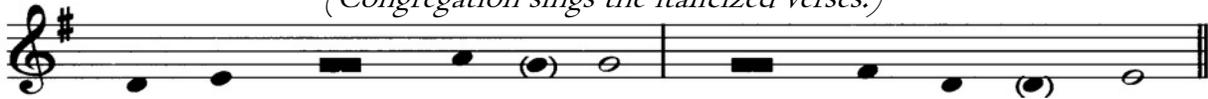
The Old Testament Lesson: Exodus 17: 1-7 [NRSV]

A Reading from the Book of Exodus.

**F**ROM the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

The Word of the Lord.

*People's Response:* Thanks be to God.

*(Congregation sings the italicized verses.)*

- 1 O COME, let us sing unto the | Lord;  
\* *let us heartily rejoice in the strength of our | salvation.*
- 2 *Let us come before his presence with thanks- | giving,*  
\* *and show ourselves glad in | him with psalms.*
- 3 For the Lord is a great | God,  
\* and a great King a- | bove all gods.
- 4 *In his hand are all the corners of the | earth,*  
\* *and the strength of the hills is | his also.*
- 5 The sea is his, and he | made it,  
\* and his hands prepared | the dry land.
- 6 *O come let us worship and fall | down,*  
\* *and kneel before the Lord | our Maker.*
- 7 For he is the Lord our | God;  
\* and we are the people of his pasture and the sheep | of his hand.
- 8 *Today if ye will hear his voice, harden not your | hearts*  
\* *as in the provocation, and as in the day of temptation in the | wilderness;*
- 9 When your fathers | tempted ^ me,  
\* proved me and | saw my works.
- 10 *Forty years long was I griev'd with this generation and | said,*  
\* *It is a people that do err in their hearts, for they have not | known my ways:*
- 11 Unto whom I swear in my | wrath,  
\* *that they should not enter in- | to my rest.*

The Epistle: Romans 5: 1-11 [NRSV]

A Reading from the Letter of Paul to the Romans.

SINCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

*People's Response:* Thanks be to God.Tract (choir) *Ad te levavi*

Tone VIII

UNTO THEE LIFT I UP mine eyes: O thou that dwellest in the heavens. Behold, even as the eyes of servants: look unto the hand of their masters. And as the eyes of a maiden: unto the hand of her mistress. Even so our eyes wait upon the Lord our God: until he have mercy upon us. Have mercy upon us, O Lord: have mercy upon us.

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* ✠ Glory be to thee, O Lord.

SO he [Jesus] came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Every one who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming (he who is called Christ); when he comes, he will show us all things." Jesus said to her, "I who speak to you am he." Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him. Meanwhile the disciples besought him, saying, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Has any one brought him food?" Jesus said to them, "My food is to do the will of him who sent me, and to accomplish his work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me all that I ever did." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

The Gospel of the Lord.

*People's Response:* Praise be to thee, O Christ.

The Nicene Creed from *Missa de Angelis* (sung by all)

See standard translation on Prayer Book p. 326

*Cantor**All*

Cre - do in u - num De - - um. Pa - trem o - mni - po - ten - tem,  
*I believe in one God, the-Father almighty,*



fa-cto-rem coe-li et ter-rae, vi-si-bi-li-um o - - mni-um, et in-vi-si-bi - - li-um.  
*maker of-heaven and of-earth, visible of-all-things and invisible.*



Et in u-num Do-mi-num Je-sum Chri-stum, Fi-li-um De-i u-ni-ge-ni-tum,  
*And in one Lord, Jesus Christ, the-Son of-God only-begotten,*



et ex Pa-tre na - - tum an-te o-mni-a sae - - cu-la.  
*and from the-Father born before all worlds.*



De-um de De-o, lu-men de lu-mi-ne, De-um ve-rum de De-o ve-ro.  
*God of God, light of light, God true of God true.*



Ge-ni-tum, non fa - - ctum, con-sub-stan-ti - a-lem Pa-tri: per quem o-mni-a fa-cta sunt.  
*Begotten, not made, of-one-substance with-the-Father: by whom all-things made were.*



Qui pro-pter nos ho-mi-nes, et pro-pter no-stram sa-lu-tem de-scen-dit de coe-lis,  
*Who for us humans, and for our salvation descended from heaven,*



Et in-car-na-tus est de Spi-ri-tu San-cto ex Ma-ri-a Vir-gi-ne: et ho-mo fa-ctus est.  
*And incarnate was by the-Spirit Holy of Mary the-Virgin: and human made was.*



Cru-ci - fi - - xus e-ti-am pro no - bis sub Pon-ti-o Pi-la-to pas-sus et se-pul - - tus est.  
*Crucified also for us under Pontius Pilate, suffered and buried was.*



Et re-sur-re-xit ter-ti-a di-e, se-cun-dum Scri-ptu-ras. Et a-scen-dit in coe - - lum:  
*And rose-again the-third day, according-to the-Scriptures. And ascended into heaven:*



se-det ad dex-te-ram Pa - - tris. Et i - te-rum ven-tu-rus est cum glo-ri - a  
*he-sits at the-right-hand of-the-Father. And again to-come is with glory*



ju - di - ca - re vi - vos et mor - tu - os: cu - jus re - gni non e - rit fi - nis.  
*to judge the-living and the-dead: of-whose kingdom not shall-be an-end.*



*mf* Et in Spi - ri - tum San-ctum, Do - mi - num, et vi - vi - fi - can - tem:  
*And in the-Spirit Holy, the-Lord, and giver-of-life:*



qui ex Pa - tre Fi - li - o - que pro - ce - dit. Qui cum Pa - tre et Fi - li - o  
*who from the-Father and-the-Son proceeds. Who with the-Father and the-Son*



si-mul a-do-ra-tur, et con-glo-ri-fi-ca-tur: qui lo-cu-tus est per Pro - phe-tas.  
*alike is-worshiped, and together-is-glorified: who spoken has by the-Prophets.*



Et u - nam, san - ctam, ca - tho - li - cam, et a - po - sto - li - cam Ec - cle - si - am.  
*And in-one, holy, catholic, and apostolic Church.*



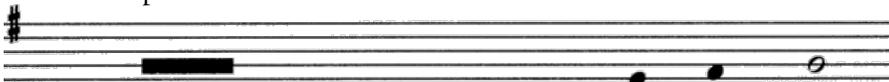
Con - fi - te - or u - num ba - ptis - ma in re - mis - si - o - nem pec - ca - to - rum.  
*I acknowledge one baptism for the-remission of-sins.*



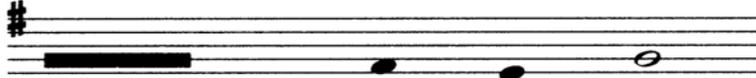
✠ Et ex - pe - cto re-sur-re-cti-o-nem mor-tu-o-rum. Et vi - tam ven-tu-ri sae-cu-li.  
*And I-look-for the-resurrection of-the-dead. And the-life to-come of-the-world.*



A - - - - - men.



Leader: Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. *(Silence)*



Lord, in thy mer - cy *People* hear our prayer. *(Sung after every intercession)*

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon- / or and glory. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Leader: Watch over thy children *Gregory, Sheryl, & Kathie*, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days / of their lives. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

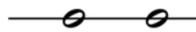
Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e- / ternal kingdom. *(Silence)*  
 Lord, in thy mercy *People: hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord.

*People*



A - men.

The Peace

*Celebrant:* The peace of the Lord be always with you.

*People:* And with thy spirit.

*The Ministers and People greet one another in the Name of the Lord.*

THE HOLY COMMUNION

Offertory Sentence

*Celebrant:* Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Justitiæ Domini*

Mode IV

THE STATUTES OF THE LORD are just and rejoice the heart; sweeter far than honey, than honey in the comb; moreover, by them is thy servant taught.

Anthem (*choir*)

Charles Wood (d. 1926)

NEVER WEATHER-BEATEN SAIL more willing bent to shore, never tired pilgrim's limbs affected slumber more, than my weary sprite now longs to fly out of my troubled breast. O come quickly, sweetest Lord, and take me to my rest. Ever blooming are the joys of Heav'n's high Paradise: cold age deafs not there our ears, nor vapour dims our eyes; glory there the sun outshines, whose beams the blessed only see. O come quickly, glorious Lord, and raise my sprite to thee! Thomas Campion (d. 1620)

Presentation of the alms and oblations

*Celebrant:* All things come of thee, O Lord,

*People:* And of thine own have we given thee.

Orate

*Celebrant:* Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

*People:* May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

*Celebrant:* The Lord be with you.      *People:* And with thy spi - rit.

*Bishop:* Lift up your hearts.      *People:* We lift them up un - to the Lord.

*Celebrant:* Let us give thanks un - to our Lord God.

*People:* It is meet and right so to do.

*Then, facing the Holy Table, the Celebrant says,*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**H**OLY, HOLY, HOLY, Lord God of Hosts: heaven and earth are full of thy glory. Glory be to thee, O Lord most High. ✠ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest.

## The Canon of the Mass

**A**LL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

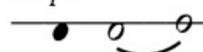
And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

**B**Y whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

*People*  
  
*A- men.*

*Celebrant:* And now, as our Savior Christ hath taught us, we are bold to say,

Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,  
 thy king-dom come, thy will be done, on earth as it is in hea-ven.  
 Give us this day our dai-ly bread. And for-give us our tres-pas-ses,  
 as we for-give those who tres-pass a-gainst us. And lead us not in-to  
 temp-ta-tion, but de-liv-er us from e-vil. For thine is the king-dom,  
 and the power, and the glo-ry, for ev-er and ev-er. A-men.



The Fraction

*Celebrant:* Christ our Pass-ov-er is sac-ri-fic'd for us.

*People:* There-fore let us keep the feast.

Agnus Dei (*choir*)

G. Oldroyd

**O**LAMB OF GOD, that takest away the sins of the world, have mercy upon us. **O** Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

*Celebrant:* Let us pray.

**W**E do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*People:* Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Qui biberit aquam*

Mode VII

**W**HOSOEVER DRINKETH OF THE WATER that I shall give, saith the Lord, will find in him a well of water springing up into life everlasting.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

*IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*



Hymn 202 from 1940 Hymnal (*sung by all*) "Draw nigh and take the Body of the Lord"

*Lammas*

*In moderate time*

1 Draw nigh and take the Bo - dy of the Lord,  
2 Saved by that Bo - dy and that ho - ly Blood,  
3 Sal - va - tion's giv - er, Christ, the on - ly Son,  
4 Of - fered was he for great - est and for least,

And drink the ho - ly Blood for you out - poured.  
With souls re - freshed, we ren - der thanks to God.  
By his dear cross and blood the vic - tory won.  
Him - self the Vic - tim, and him - self the Priest.



**A**VE REGINA CAELORUM, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



### THE ANGELUS

*Celebrant:* The Angel of the Lord announced unto Mary.

*People:* And she conceived by the Holy Ghost.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Celebrant:* Behold the handmaid of the Lord.

*People:* Be it unto me according to thy word.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*(Here genuflect) Celebrant:* And the Word was made flesh.

*(Here rise) People:* And dwelt among us.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Celebrant:* Pray for us, O Holy Mother of God.

*People:* That we may be made worthy of the promises of Christ.

*Celebrant:* Let us pray.

**W**E beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*



Hymn 559 (*sung by all*)

“Lead us, heavenly Father”

*Dulce carmen*

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -  
2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness  
3 Spi - rit of our God, de - scend - ing, fill our hearts with

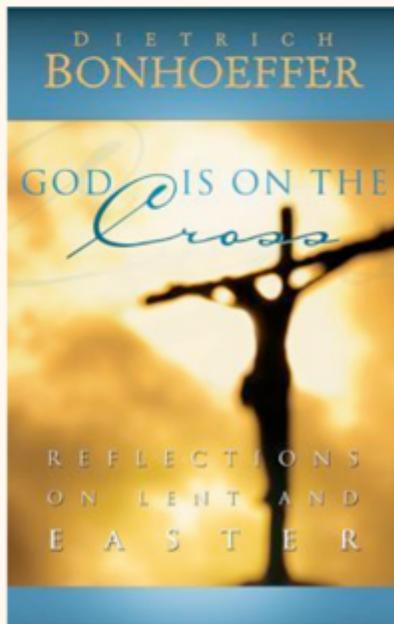
pes - tuous sea; guard us, guide us, keep us, feed us,  
thou dost know; thou didst tread this earth be - fore us;  
heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing  
thou didst feel its keen - est woe; yet un - fear - ing,  
plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.  
per - se - ver - ing, to thy pas - sion thou didst go.  
par - doned, guid - ed, noth - ing can our peace des - troy.



## Join us for a Lenten program, continuing our exploration of Dietrich Bonhoeffer's work:



For each session we will gather for discussion at 5PM, and at 6 we will transition to the church for Stations of the Cross and the Exposition and Benediction of the Blessed Sacrament



**February 20, 5PM**  
**February 27, 5PM**  
**March 6, 5PM**

**March 13, 5PM**  
**March 20, 5PM**  
**March 27, 5PM**

*All are Welcome!!!*

**at Grace Episcopal Church**  
55 New Park Avenue, Hartford CT



For a pdf of the book, email: [mtr.marta@havenreligious.org](mailto:mtr.marta@havenreligious.org)

Come and Celebrate  
The Feast of the Annunciation of Our Lord  
to the Blessed Virgin Mary



Wednesday, March 25<sup>th</sup>, 2026  
Solenn High Mass at 6:00 PM

Grace Episcopal Church  
55 New Park Avenue  
Hartford, CT 06106  
Telephone 860-233-0825  
[www.gracehartford.org](http://www.gracehartford.org)

# GRACE NOTES

Sunday, March 8 *The Third Sunday in Lent*

## FOR PASTORAL ASSISTANCE

**THE REV. ROWENA KEMP** welcomes hearing from you. While she is away on medical leave, please don't hesitate to contact our Curate, The Rev. Marta Rivera Monclova (203-493-1066; [marta@havenreligious.org](mailto:marta@havenreligious.org)) if there's something you'd like to discuss, and please contact her immediately should there be an illness, hospitalization, or any other pastoral emergency that she should know about.

## PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

***A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); ([tburns@gracehartford.org](mailto:tburns@gracehartford.org)).***

- *Bishops and Clergy:* Sarah, Archbishop of Canterbury designate; Sean, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our curate.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. Martin's, Hartford; St. Monica's, Hartford; Trinity, Hartford; and Haitian ministry in the Episcopal Church in Connecticut. *The Episcopal Church in Jerusalem & The Middle East.*
- *World & Community Concerns:* For peace throughout the world, especially in the Middle East between the US, Iran, Israel, and Gaza, and; in Nigeria, Sudan, the Congo and Somalia; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Gregory Simmons & Ruth Grant (both on Mon.), Sheryl Rifkin (Thu.) and Kathie Rovetti (Fri.), whose birthdays we celebrate this week.
- *Sick or in need:* Rowena; Ken T; Walter & Claudia; Stephen & Ratana; Peter; Veronica & the Rovetti Family; Lucy; Jane; Paulo Junior; Felix & Carmen; Mark; Jerry; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Linda, Tiffany & the Galarza Family; Tom; Kristen & Quintin; Julia, Mike, André & Maria; Soncia; Tom; Gail; Camden; Joan; David; Neil; Lea; Megin; Kathy; Patti; Delores; Nancy; Marcolina; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Michael; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of The Rev. Pam Strobel, The Rev. Jane Stickney, and all soldiers and civilians killed in war or civil strife, and in memory of Robert May, Robert Berry, Ruth Ray, and Phyllis G. Atwood.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

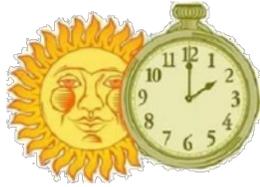
Rector's cell phone: 203-209-4178 Rector's email: [RevRowena@gracehartford.org](mailto:RevRowena@gracehartford.org)

Church e-mail: [church@gracehartford.org](mailto:church@gracehartford.org) Website: [www.gracehartford.org](http://www.gracehartford.org)

Visit "Grace Episcopal Church, Hartford, CT" on [Facebook](#) & [YouTube](#)

<https://www.facebook.com/GECHartford> ; <https://www.youtube.com/@GraceEpiscopalHartford>

## THIS WEEK AT GRACE



**Sunday, March 8** *The Third Sunday in Lent*

2:00 a.m. **DAYLIGHT SAVINGS BEGINS**

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (also on *YouTube*)

**Tuesday, March 10** *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

**Wednesday, March 11** *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: **Choir Rehearsal**

**Thursday, March 12** *Lenten Feria*

8:00 a.m.: Facebook Live Morning Prayer

9:15 to 11:30 a.m.: “*A Place of Grace*” food pantry distribution

**Friday, March 13** *Lenten Feria*

5:00 p.m.: **LENTEN BIBLE STUDY** ~ Bonhoeffer’s *God Is On the Cross*

6:00 p.m.: **STATIONS OF THE CROSS** (also on *YouTube*)

**Sunday, March 15** *The Fourth Sunday in Lent ~ Laetare Sunday*

**VISITATION BY THE REVEREND CANON REBEKAH HATCH, CANON FOR LAY & ORDAINED VOCATIONS**

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (also on *YouTube*), followed by a forum with The Rev. Cn. Hatch



Visit [“Grace Episcopal Church, Hartford CT”](https://www.facebook.com/GraceEpiscopalChurchHartfordCT) on FACEBOOK & [@GraceEpiscopalHartford](https://www.youtube.com/@GraceEpiscopalHartford) on YOUTUBE

Please join, and help us spread the good news online!

## † LENTEN PROGRAMS 2026 †

FRIDAYS IN LENT, Continuing March 6<sup>th</sup>

5:00 P.M. Please join us for our Lenten discussions ~ **Dietrich Bonhoeffer's** ~

**“GOD IS ON THE CROSS ~ REFLECTIONS ON LENT AND EASTER”**

6:00 P.M. **STATIONS OF THE CROSS AND BENEDICTION** (*also on YouTube*)



It’s LENT, and you wish to have a loved-one memorialized. What can you do?

Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers.

The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.