

GRACE EPISCOPAL CHURCH



The First Sunday in Lent

February 22, 2026

Service Program for the 10:30 a.m. Solemn High Mass
Lenten Programs 2026
Grace Notes
This Week at Grace

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WE are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*
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The Rev. Marta S. Rivera Monclova, PhD, *Curate*
The Rev. Canon Robert G. Carroon, *Associate Priest*
The Rev. Canon Annika Warren, *Associate Priest*
The Rev. Joseph L. Pace, *Associate Priest*
Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Dr. Barbara Galbreath, *Senior Warden*; Adrienne Brown, *Junior Warden*
Katharine Rovetti, *Parish Clerk*
Mark Lacedonia, *Treasurer*; Dr. Barbara Galbreath, *Assistant Treasurer*

Douglas Bowman, Claudia Gwardyak, Daniel Kendzior,
Sheryl Rifkin, Sr. Gregory Simmons



WELCOME to all who are joining with us virtually as we celebrate *THE FIRST SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.



GRACE EPISCOPAL CHURCH

The First Sunday in Lent

February 22, 2026

Solemn High Mass, 10:30 A.M.

Propers of Year A

Mass Setting: *Missa Marialis*

Plainsong, C. W. Douglas, ed.

This setting of the Ordinary of the Mass is for congregational singing.

Voluntary: Prelude and Fugue in E minor

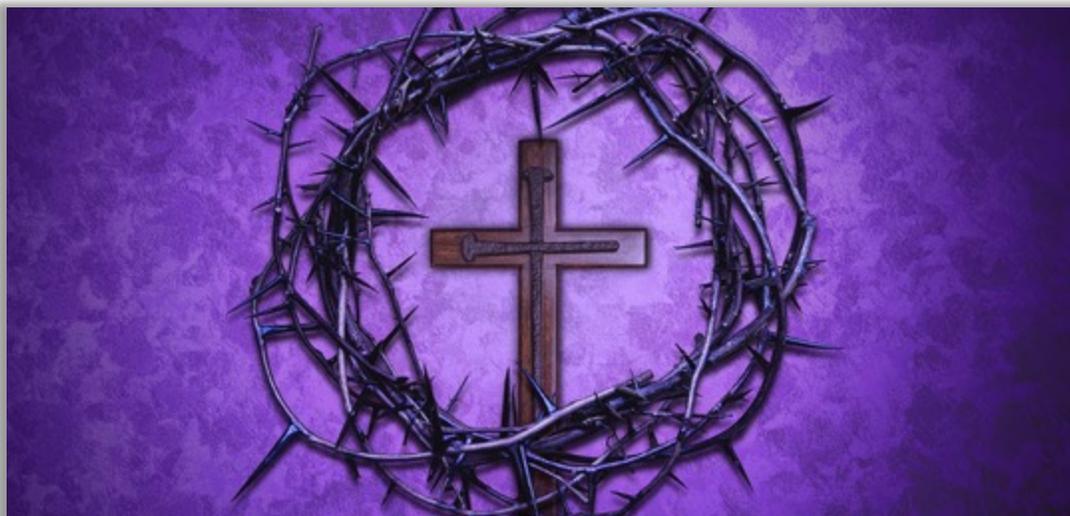
Johann Ludwig Krebs (d. 1780)

ENTRANCE RITE

Introit (*choir*) *Invocabit me*

Mode VIII

(*Antiphon*) **H** E SHALL CALL UPON ME, and I will hearken unto him. I will deliver him, and will bring him to honor. With length of days will I satisfy him. [*Psalm*] Whoso dwelleth in the shelter of the Most High, shall abide under the shadow of the Almighty. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. (*Repeat antiphon.*)



THE PENITENTIAL ORDER

Opening Acclamation

Celebrant:

Bless the Lord who for - giv - eth all our sins.

People:

His mer - cy en - dur - eth for ev - er.

The Exhortation (*Celebrant*)

BELOVED IN THE LORD: Our Savior Christ, on the night before he suffered, instituted the Sacrament of his Body and Blood as a sign and pledge of his love, for the continual remembrance of the sacrifice of his death, and for a spiritual sharing in his risen life. For in these holy Mysteries we are made one with Christ, and Christ with us; we are made one body in him, and members one of another.

Having in mind, therefore, his great love for us, and in obedience to his command, his Church renders to Almighty God our heavenly Father never-ending thanks for the creation of the world, for his continual providence over us, for his love for all mankind, and for the redemption of the world by our Savior Christ, who took upon himself our flesh, and humbled himself even to death on the cross, that he might make us the children of God by the power of the Holy Spirit, and exalt us to everlasting life.

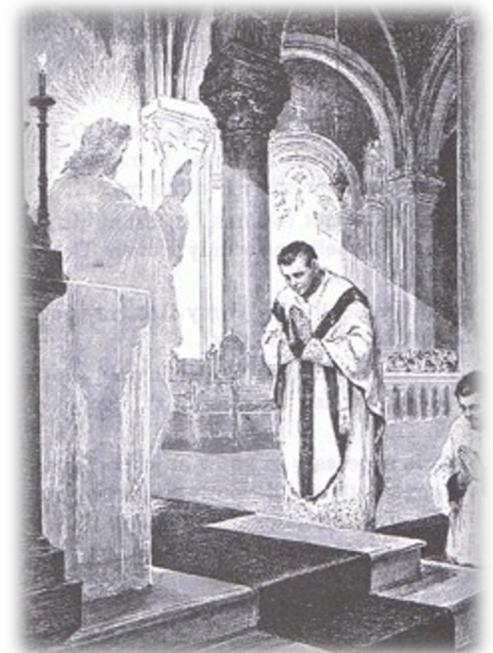
But if we are to share rightly in the celebration of those holy Mysteries, and be nourished by that spiritual Food, we must remember the dignity of that holy Sacrament. I therefore call upon you to consider how Saint Paul exhorts all persons to prepare themselves carefully before eating of that Bread and drinking of that Cup.

For, as the benefit is great, if with penitent hearts and living faith we receive the holy Sacrament, so is the danger great, if we receive it improperly, not recognizing the Lord's Body. Judge yourselves, therefore, lest you be judged by the Lord.

Examine your lives and conduct by the rule of God's commandments, that you may perceive wherein you have offended in what you have done or left undone, whether in thought, word, or deed. And acknowledge your sins before Almighty God, with full purpose of amendment of life, being ready to make restitution for all injuries and wrongs done by you to others; and also being ready to forgive those who have offended you, in order that you yourselves may be forgiven. And then, being reconciled with one another, come to the banquet of that most heavenly Food.

And if, in your preparation, you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith.

To Christ our Lord who loves us, and washed us in his own blood, and made us a kingdom of priests to serve his God and Father, to him be glory in the Church evermore. Through him let us offer continually the sacrifice of praise, which is our bounden duty and service, and, with faith in him, come boldly before the throne of grace.



The Decalogue (*The Celebrant continues, the People's responses in italics*)

GOD spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not take the Name of the Lord thy God in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

REMEMBER that thou keep holy the Sabbath day.

Lord, have mercy upon us, and incline our hearts to keep this law.

HONOR thy father and thy mother.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not bear false witness against thy neighbor.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Deacon: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

Celebrant: The Almighty and merciful Lord grant you absolution ✠ and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.





Kyrie eleison (*sung by all*)

Plainsong from *Missa Marialis*

Ky - ri - e e - le - i - son.

Ky - ri - e e - le - i - son. Ky - ri -

e e - le - i - son. Chri - ste e -

le - i - son. Chri - ste e - le - i - son.

Chri - ste e - le - i - son. Ky - ri - e

e - le - i - son. Ky - ri - e

e - le - i - son. Ky - ri - e

e - le - i - son.

THE LITURGY OF THE WORD

The Collect of the Day

Celebrant: The Lord be with you.

People: (monotoned) And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*



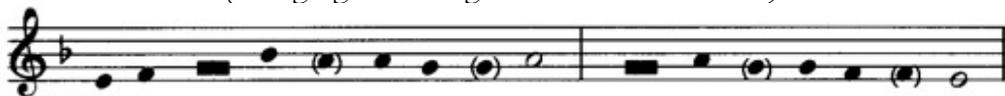
The Old Testament Lesson: Genesis 2: 15-17; 3: 1-7 [NRSV]

A Reading from the Book of Genesis.

THE LORD GOD took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

People’s Response: Thanks be to God.

(Congregation sings the italicized verses.)

- 1 BLESSED is he whose unrighteousness | is forgiven,
* *and whose | sin is cov[^]erèd.*
- 2 *Blessed is the man unto whom the LORD im- | puteth no sin,*
* *and in whose spirit | there is no guile.*
- 3 For | whilst I held [^] my tongue,
* my bones consumed away through my | daily [^] complaining.
- 4 *For thy hand was heavy up- | on me day [^] and night,*
* *and my moisture was like the | drought in summer.*
- 5 I acknowledged my | sin unto thee;
* and mine unrighteousness | have I not hid.
- 6 *I said, I will confess my | sins unto [^] the LORD;*
* *and so thou forgavest the | wicked[^]ness of [^] my sin.*
- 7 For this shall every one that is godly make his prayer unto thee†,
in a time when thou | mayest be found;
* surely the great water-floods shall | not come nigh him.
- 8 *Thou art a place to hide me in†; thou shalt pre- | serve me [^] from trouble;*
* *thou shalt compass me about with | songs of [^] deli[^]verance.*
- 9 I will inform thee and teach thee in the way where- | in thou shalt go;
* and I will | guide thee with [^] mine eye.
- 10 *Be ye not like to horse and mule, which have | no un[^]derstanding;*
* *whose mouths must be held with bit and bridle,*
else they will | not obey thee.
- 11 Great plagues remain | for the [^] ungodly;
* but whoso putteth his trust in the Lord,
mercy embraceth | him on ev[^]ery side.
- 12 *Be glad O ye righteous and re- | joice in the LORD;*
* *and be joyful all | ye that [^] are true [^] of heart.*

The Epistle: Romans 5: 12-19 [NRSV]

A Reading from the Letter of Paul to the Romans.

JUST as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord.

People's Response: Thanks be to God.



Sequence Hymn 445 (*all stand*) "Praise to the Holiest, in the height"

Gerontius

1 Praise to the Ho - liest in the height, and in the
 2 O lov - ing wis - dom of our God! When all was
 3 O wis - est love! that flesh and blood, which did in
 4 and that the high - est gift of grace should flesh and
 5 Praise to the Ho - liest in the height, and in the

1 depth be praise; in all his words most
 2 sin and shame, a sec - ond Ad - am
 3 Ad - am fail, should strive a - fresh a -
 4 blood re - fine: God's pres - ence and his
 5 depth be praise; in all his words most

1 won - der - ful, most sure in all his ways!
 2 to the fight and to the res - cue came.
 3 gainst the foe, should strive, and should pre - vail;
 4 ve - ry self, and es - sence all - di - vine.
 5 won - der - ful, most sure in all his ways!

The Holy Gospel: St. Matthew 4: I-II [RSV]

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: ✠ Glory be to thee, O Lord.

THEN Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'" Then the devil took him to the holy city, and set him on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down; for it is written, 'He will give his angels charge of you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.'" Jesus said to him, "Again it is written, 'You shall not tempt the Lord your God.'" Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and the glory of them; and he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Begone, Satan! for it is written, 'You shall worship the Lord your God and him only shall you serve.'" Then the devil left him, and behold, angels came and ministered to him.



The Gospel of the Lord.

People's Response: Praise be to thee, O Christ.



The Sermon

Sr. Gregory Simmons, *Haven Religious*



The Nicene Creed from *Missa de Angelis* (sung by all)
Cantor

See standard translation on Prayer Book p. 326
All



Cre - do in u - num De - - um. Pa - trem o - mni - po - ten - tem,
I believe in one God, the-Father almighty,



fa-cto-rem coe-li et ter-rae, vi-si-bi-li-um o - - mni-um, et in-vi-si-bi - - li-um.
maker of-heaven and of-earth, visible of-all-things and invisible.



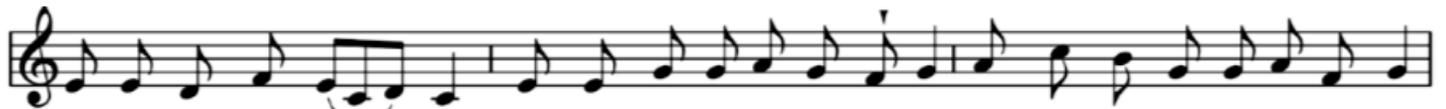
Et in u-num Do-mi-num Je-sum Chri-stum, Fi-li-um De-i u-ni-ge-ni-tum,
And in one Lord, Jesus Christ, the-Son of-God only-begotten,



et ex Pa-tre na - - tum an-te o-mni-a sae - - cu-la.
and from the-Father born before all worlds.



De-um de De-o, lu-men de lu-mi-ne, De-um ve-rum de De-o ve-ro.
God of God, light of light, God true of God true.



Ge-ni-tum, non fa - - ctum, con-sub-stan-ti - a-lem Pa-tri: per quem o-mni-a fa-cta sunt.
Begotten, not made, of-one-substance with-the-Father: by whom all-things made were.



Qui pro-pter nos ho-mi-nes, et pro-pter no-stram sa-lu-tem de-scen-dit de coe-lis,
Who for us humans, and for our salvation descended from heaven,



p (Here genuflect) ***pp***
Et in-car-na-tus est de Spi-ri-tu San-cto ex Ma-ri-a Vir-gi-ne: et ho-mo fa-ctus est.
And incarnate was by the-Spirit Holy of Mary the-Virgin: and human made was.



f (Here rise)
Cru-ci - fi - - xus e-ti-am pro no - bis sub Pon-ti-o Pi-la-to pas-sus et se-pul - - tus est.
Crucified also for us under Pontius Pilate, suffered and buried was.



Et re-sur-re-xit ter-ti-a di-e, se-cun-dum Scri-ptu-ras. Et a-scen-dit in coe - - lum:
And rose-again the-third day, according-to the-Scriptures. And ascended into heaven:



se-det ad dex-te-ram Pa - - tris. Et i - te-rum ven-tu-rus est cum glo-ri - a
he-sits at the-right-hand of-the-Father. And again to-come is with glory



ju - di - ca - re vi - vos et mor - tu - os: cu - jus re - gni non e - rit fi - nis.
to judge the-living and the-dead: of-whose kingdom not shall-be an-end.



Et in Spi - ri - tum San - ctum, Do - mi - num, et vi - vi - fi - can - tem:
And in the-Spirit Holy, the-Lord, and giver-of-life:



qui ex Pa - tre Fi - li - o - que pro - ce - dit. Qui cum Pa - tre et Fi - li - o
who from the-Father and-the-Son proceeds. Who with the-Father and the-Son



si-mul a-do-ra-tur, et con-glo-ri-fi-ca-tur: qui lo-cu-tus est per Pro - phe-tas.
alike is-worshiped, and together-is-glorified: who spoken has by the-Prophets.



Et u - nam, san - ctam, ca - tho - li - cam, et a - po - sto - li - cam Ec - cle - si - am.
And in-one, holy, catholic, and apostolic Church.



Con - fi - te - or u - num ba - ptis - ma in re - mis - si - o - nem pec - ca - to - rum.
I acknowledge one baptism for the-remission of-sins.



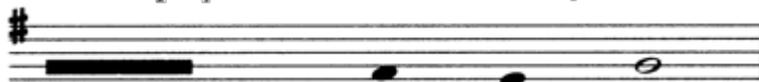
✠ Et ex - pe - cto re-sur-re-cti-o-nem mor-tu-o-rum. Et vi - tam ven-tu-ri sae-cu-li.
And I-look-for the-resurrection of-the-dead. And the-life to-come of-the-world.



A - - - - - men.



Leader: Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. (*Silence*)



Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: Watch over thy child *Kate*, O Lord, as her days increase; bless and guide her wherever she may be. Strengthen her when she stands; comfort her when discouraged or sorrowful; raise her up if she falls; and in her heart may thy peace which passeth understanding abide all the days / of her life. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. (*Silence*)
 Lord, in thy mercy *People: hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. *People*



A - men.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spi-rit.

The Ministers and People greet one another in the Name of the Lord.



THE HOLY COMMUNION

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Scapulis suis*

Mode VIII

THE LORD SHALL DEFEND THEE UNDER HIS FEATHERS, and under his wings thou shalt find refuge: his faithfulness and his truth shall be thy shield and buckler.

Motet (*choir*)

Richard Farrant/Hilton, late 16th c.

LORD, for thy tender mercy's sake, lay not our sins to thy charge, but forgive that is past, and give us grace to amend our sinful lives: to decline from sin, and incline to virtue, that we may walk in a perfect heart before thee now and evermore. Amen.

J. Bull, 1568

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

Celebrant: The LORD be with you. *People:* And with thy spi - rit.

Celebrant: Lift up your hearts. *People:* We lift them up un - to the LORD.

Celebrant: Let us give thanks un - to our Lord God.

People: It is meet and right so to do.

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



Sanctus and Benedictus (*sung by all*)

Plainsong from *Missa Marialis*

Ho - ly, ho - ly, ho - ly, Lord

God of Hosts: Hea - ven and earth are full

of thy glo - ry. Glo - ry be to thee, O Lord Most High.

Bless - ed is he that com - eth in the name of the Lord.

Ho - san - na in the high - est.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender
A mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our
redemption; who made there, by his one oblation of himself once offered, a full, perfect,
and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and
did institute, and in his holy Gospel command us to continue, a perpetual memory of
that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks,
he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is
given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to
them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is
shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it,
in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly
beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make
here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee,
the memorial thy Son hath commanded us to make; having in remembrance his blessed
passion and precious death, his mighty resurrection and glorious ascension; rendering
unto thee most hearty thanks for the innumerable benefits procured unto us by the
same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty
goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy
gifts and creatures of bread and wine; that we, receiving them according to thy Son our
Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be
partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of
praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and
death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole
Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be
a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all
others who shall be partakers of this Holy Communion, may worthily receive the most
precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly
benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any
sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing
our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be
B unto thee, O Father Almighty, world without end.

People

• — — — • — — — •
A- men.



The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,

(*All*)



Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
thy king-dom come, thy will be done, on earth as it is in hea-ven.
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
as we for-give those who tres-pass a-gainst us. And lead us not in-to
temp-ta-tion, but de-liv-er us from e-vil. For thine is the king-dom,
and the power, and the glo-ry, for ev-er and ev-er. A-men.

The Fraction

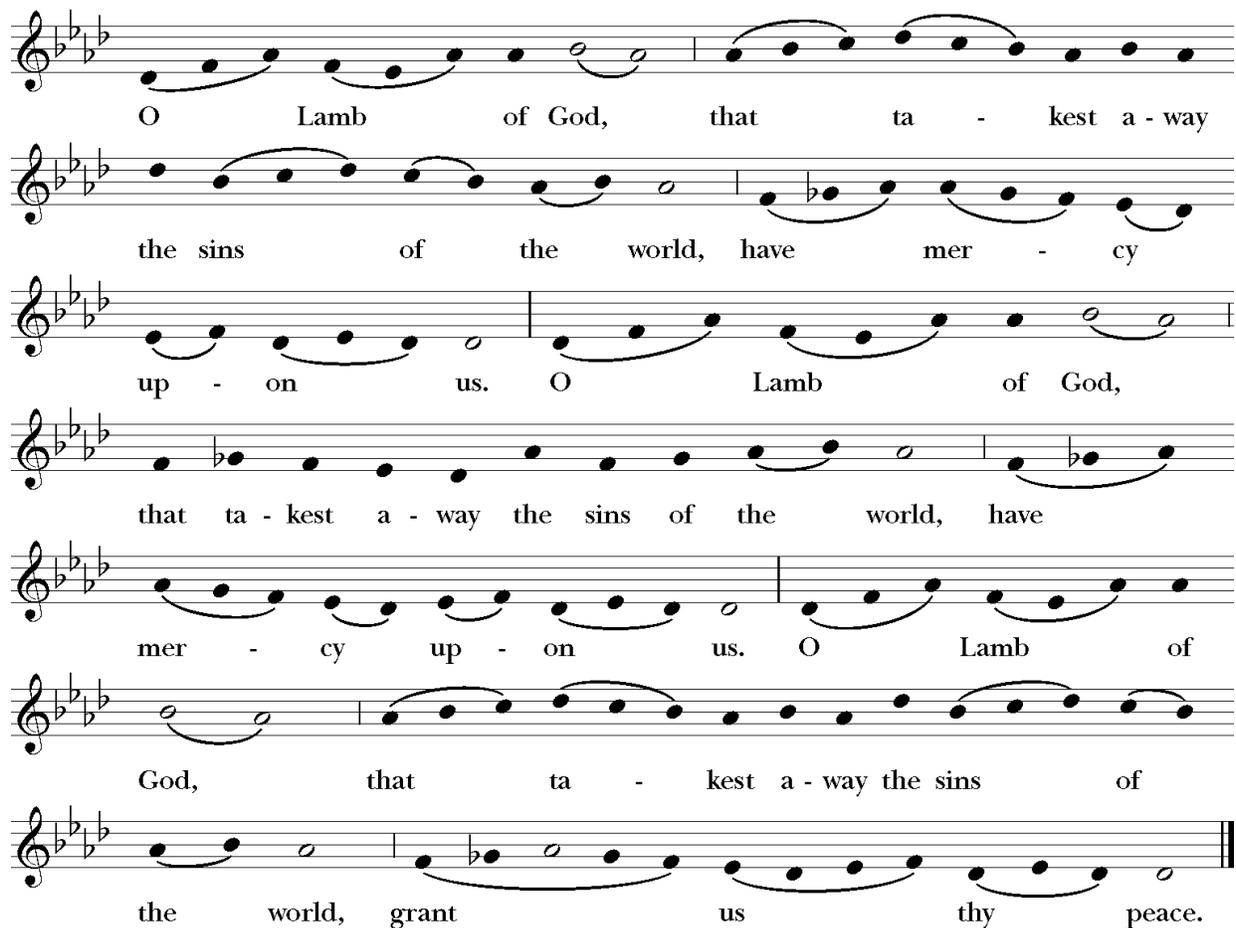
Celebrant:

Christ our Pass-ov-er is sac-ri-fic'd for us.

People:

There-fore let us keep the feast.

Agnus Dei (*sung by all*)



O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Scapulis suis*

Mode III

THE LORD SHALL DEFEND THEE UNDER HIS FEATHERS, and under his wings shalt thou find refuge; his faithfulness and his truth shall be thy shield and buckler.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Hymn 142 (*sung by all*)

“Lord, who throughout these forty days”

St. Flavian

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bid with us, that so, this life of suf - fer - ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bid.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing

MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.*

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

The Last Gospel

St. John I:I-I4

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: ✠ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not.

There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light.

That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

And the Word

(Here genuflect) AND THE WORD WAS MADE FLESH, *(Here rise)* and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

AVE REGINA CAELORUM, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



THE ANGELUS

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(Here genuflect) Celebrant: And the Word was made flesh.

(Here rise) People: And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*

1 A might - y for - tress is our God, a bul - wark
 2 Did we in our own strength con - fide, our striv - ing
 3 And though this world, with dev - ils filled, should threat - en
 4 That word a - bove all earth - ly powers, no thanks to
 nev - er fail - ing; our help - er he a - mid the flood
 would be los - ing; were not the right man on our side,
 to un - do us; we will not fear, for God hath willed
 them, a - bid - eth; the Spi - rit and the gifts are ours
 of mor - tal ills pre - vail - ing; for still our an - cient foe
 the man of God's own choos - ing; dost ask who that may be?
 his truth to tri - umph through us; the prince of dark - ness grim,
 through him who with us sid - eth: let goods and kin - dred go,
 doth seek to work us woe; his craft and power are great,
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,
 we trem - ble not for him; his rage we can en - dure,
 this mor - tal life al - so; the bo - dy they may kill:
 and, armed with cru - el hate, on earth is not his e - qual.
 from age to age the same, and he must win the bat - tle.
 for lo! his doom is sure, one lit - tle word shall fell him.
 God's truth a - bid - eth still, his king - dom is for ev - er.

Voluntary: *Ein' feste Burg ist unser Gott* (Fantasie)

Michael Praetorius (d. 1621)

† LENTEN PROGRAMS 2026 †

FRIDAYS IN LENT, Continuing February 27th

5:00 P.M. Please join us for our Lenten discussions ~ **Dietrich Bonhoeffer's** ~

"GOD IS ON THE CROSS ~ REFLECTIONS ON LENT AND EASTER"

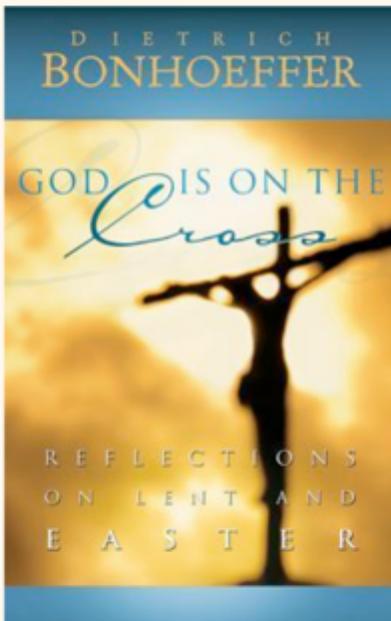
5:45 P.M. **LENTEN ORGAN MEDITATION** (also on YouTube)

6:00 P.M. **STATIONS OF THE CROSS AND BENEDICTION** (also on YouTube)





Join us for a Lenten program, continuing our exploration of Dietrich Bonhoeffer's work:



For each session we will gather for discussion at 5PM, and at 6 we will transition to the church for Stations of the Cross and the Exposition and Benediction of the Blessed Sacrament



February 20, 5PM
February 27, 5PM
March 6, 5PM

March 13, 5PM
March 20, 5PM
March 27, 5PM

All are Welcome!!!

at Grace Episcopal Church
55 New Park Avenue, Hartford CT



For a pdf of the book, email: mtr.marta@havenreligious.org

GRACE NOTES

Sunday, February 22 *The First Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).

- *Bishops and Clergy:* Sarah, *Archbishop of Canterbury designate*; Sean, *Presiding Bishop*; Jeffrey and Laura, *Bishops of ECCT*; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our curate.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. John's, Guilford; Grace & St. John's, Hamden; Christ Church Cathedral, Hartford; Christ Church Cathedral's ministry in Hartford, and the Cathedral Chapter & the honorary canons of our Cathedral. *The Church of Ireland.*
- *World & Community Concerns:* For peace throughout the world, especially between Iran, Israel, and Gaza, and in the Middle East; in Nigeria, Sudan, the Congo and Somalia; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Kate Grant (Thu.), whose birthday we celebrate this week.
- *Sick or in need:* Ken T; Walter & Claudia; Stephen & Ratana; Peter; Veronica & the Rovetti Family; Lucy; Jane; Paulo Junior; Felix & Carmen; Mark; Jerry; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Linda, Tiffany & the Galarza Family; Tom; Kristen & Quintin; Julia, Mike, André & Maria; Soncia; Tom; Gail; Camden; Joan; David; Neil; Lea; Megin; Kathy; Patti; Delores; Nancy; Marcolina; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Michael; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of Elmer Dreyer, all soldiers and civilians killed in war or civil strife, and in memory of Roger Billings, William Morse, Emily Flechner, and Tommy Melusky.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

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Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org

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<https://www.facebook.com/GECHartford> ; <https://www.youtube.com/@GraceEpiscopalHartford>

THIS WEEK AT GRACE

Sunday, February 22 *The First Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (also on *YouTube*)

Tuesday, February 24 *SAINT MATTHIAS THE APOSTLE*

10:00 a.m. to 1:00 p.m.: Office Hours

6:00 p.m.: SOLEMN EVENSONG *hosted by* HAVEN RELIGIOUS (also on *YouTube*)

Wednesday, February 25 *Ember Day*

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

Thursday, February 26 *Lenten Feria*

9:30 to 11:00 a.m.: “*A Place of Grace*” food pantry distribution

Friday, February 27 *Ember Day*

10:00 a.m.: Vestry Meeting in Nason Hall

5:00 p.m.: LENTEN BIBLE STUDY ~ Bonhoeffer’s *God Is On the Cross*

5:45 p.m.: LENTEN ORGAN MEDITATION (also on *YouTube*)

6:00 p.m.: STATIONS OF THE CROSS (also on *YouTube*)

Sunday, March 1 *The Second Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (also on *YouTube*)



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Please join, and help us spread the good news online!

