

# GRACE episcopal church



## *The Fourth Sunday in Lent* *~ Laetare Sunday*

VISITATION BY BISHOP DIOCESAN THE RT. REV. JEFFREY MELLO

March 30, 2025

Service Program for the 10:30 a.m. Solemn High Mass  
Simnel Cake Recipe  
Bulletin Insert from the Episcopal Church  
*Grace Notes*  
*This Week at Grace*

pp. 12-15  
p. 16  
p. 17  
p. 18  
p. 19

~~~~~

## Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106

Office: 860 233-0825 Fax: 860 233-5082

E-mail: [church@gracehartford.org](mailto:church@gracehartford.org) Web site: [www.gracehartford.org](http://www.gracehartford.org)

Facebook: [www.facebook.com/GECHartford](http://www.facebook.com/GECHartford)

We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

Cell phone: 203-209-4178 Church office: 860-233-0825

Email: [RevRowena@gracehartford.org](mailto:RevRowena@gracehartford.org)

The Rev. Marta S. Rivera Monclova, PhD, *Curate*

The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Claudia Gwardyak, *Senior Warden*; Barbara Galbreath, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*

Adrianne Brown, Josephine Dominguez, Linda Galarza-Rosa,

Sheryl Rifkin, Gregory Simmons

~~~~~

**W**ELCOME to all who are joining with us virtually as we observe **THE FOURTH SUNDAY IN LENT ~ LAETARE SUNDAY**, and welcome the Bishop Diocesan of CT, THE RT. REV. JEFFREY W. MELLO. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

# GRACE EPISCOPAL church

## *The Fourth Sunday in Lent* *~ Laetare Sunday*

March 30, 2025

Solemn High Mass, 10:30 A.M.

Propers of Year C

The Confirmations of LUZ ANGELA VELA CAMARGO & GERALDINE SORAYA RIVERA APOLINAR

The Reception of DANIEL MICHAEL KENDZIOR

The First Communion of JOSEPH GREGORY CRUZ VELA,

THIAGO JOSEPH VELA SANTANA & SAMUEL RICARDO CARVAJAL APOLINAR

The Rt. Rev. Jeffrey W. Mello, XVI Bishop Diocesan of Connecticut, *Presiding*

~~~~~

Mass Setting: *Missa brevis No. 2 in E-flat*

Robert MacLennan, 1970

*This setting of the Ordinary of the Mass will be sung by the choir.*

~~~~~

Voluntary: *Sonata in G major for Flute and Basso continuo*. Non tanto adagio ma cantabile

Leo Snow, *baroque flute*

Giovanni Platti (d. 1763)

Welcome to the Bishop (*choir*)

Walter MacNutt (d. 1996)

**M**OST WELCOME, Jeffrey, Bishop in the Church of God. Singing, we offer prayer  
and blessings upon your ministry.

### ENTRANCE RITE AND LITURGY OF THE WORD

Introit (*choir*) *Laetare*

Mode V

[*Antiphon*] REJOICE with Jerusalem; and be glad because of her, all ye that love her; exult and sing with great gladness, all ye that in sadness mourn for her; that ye may suck, and be satisfied at the breasts of her consolations. [*Psalm*] I was glad when they said unto me: "Let us go unto the house of the Lord." Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. [*Repeat antiphon.*]

Opening Acclamation

Bishop: ✱ Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

Bishop: There is one body and one Spirit;

People: There is one body and one call to us;

Bishop: One Lord, one Faith, one Baptism;

People: One God and Father of all.

Kyrie eleison (*choir*)

R. MacLennan

**K**YRIE ELEISON. Christ eleison. Kyrie eleison.  
[Lord, have mercy. Christ, have mercy. Lord, have mercy]

The Collect of the Day

*Bishop:* The Lord be with you.

*People:* And with thy spirit.

*Bishop:* Let us pray.

GRACIOUS FATHER, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

The Old Testament Lesson: Joshua 5: 9-12 [NRSV] Luz Angela Vela Camargo, *Confirmand Candidate*  
A Reading from the Book of Joshua.

THE LORD said to Joshua, "Today I have rolled away from you the disgrace of Egypt." And so that place is called Gilgal to this day. While the Israelites were camped in Gilgal they kept the passover in the evening on the fourteenth day of the month in the plains of Jericho. On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year.

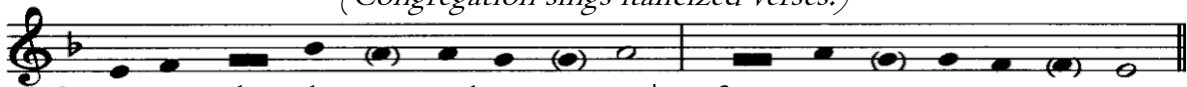
The Word of the Lord.

*People's Response:* Thanks be to God.

The Gradual: Psalm 32

*Beati quorum*  
(*Congregation sings italicized verses.*)

Tone VII.3



- 1 BLESSED is he whose unrighteousness | is forgiven,  
\* *and whose / sin is cov<sup>er</sup>èd.*
- 2 *Blessed is the man unto whom the LORD im- / puteth no sin,*  
\* *and in whose spirit / there is no guile.*
- 3 For | whilst I held ^ my tongue,  
\* my bones consum'd away through my | daily ^ complaining.
- 4 *For thy hand was heavy up- / on me day ^ and night,*  
\* *and my moisture was like the / drought in summer.*
- 5 I acknowledged my | sin unto thee;  
\* and mine unrighteousness | have I not hid.
- 6 *I said, I will confess my / sins unto ^ the LORD;*  
\* *and so thou forgavest the / wicked<sup>ness</sup> of ^ my sin.*
- 7 For this shall every one that is godly make his prayer unto thee†,  
in a time when thou | mayest be found;  
\* surely the great water-floods shall | not come nigh him.
- 8 *Thou art a place to hide me in; thou shalt pre- / serve me ^ from trouble;*  
\* *thou shalt compass me about with / songs of ^ deli<sup>verance</sup>.*
- 9 I will inform thee, and teach thee in the way where- | in thou shalt go;  
\* and I will | guide thee with ^ mine eye.
- 10 *Be ye not like to horse and mule, which have / no un<sup>derstanding</sup>;*  
\* *whose mouths must be held with bit and bridle, else they will / not obey thee.*
- 11 Great plagues remain for | the ungodly;  
\* but whoso putteth his trust in the LORD †,  
mercy embraceth | him on ev<sup>ry</sup> side.
- 12 *Be glad, O ye righteous, and re- / joice in the LORD;*  
\* *and be joyful, all ye / that are true ^ of heart.*



A Reading from the Second Letter of Paul to the Corinthians.

FROM now on, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

The Word of the Lord.

*People's Response:* Thanks be to God.

Tract (choir) *Qui confidunt*

Tone VIII

THEY THAT PUT THEIR TRUST in the Lord, shall be even as the mount Syon: which may not be removed, but standeth fast for ever. The hills stand about Jerusalem: even so standeth the Lord round about his people; from this time forth for evermore.

The Holy Gospel: St. Luke 15: 1-3, 11b-32 [RSV]

The Rev. Marta S. Rivera Monclova, *Curate*

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People's response:* ✠ Glory be to thee, O Lord.

NOW the tax collectors and sinners were all drawing near to hear him. And the Pharisees and the scribes murmured, saying, "This man receives sinners and eats with them." So he told them this parable: "There was a man who had two sons; and the younger of them said to his father, 'Father, give me the share of property that falls to me.' And he divided his living between them. Not many days later, the younger son gathered all he had and took his journey into a far country, and there he squandered his property in loose living. "And when he had spent everything, a great famine arose in that country, and he began to be in want. So he went and joined himself to one of the citizens of that country, who sent him into his fields to feed swine. And he would gladly have fed on the pods that the swine ate; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired servants have bread enough and to spare, but I perish here with hunger! I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me as one of your hired servants."' "And he arose and came to his father. But while he was yet at a distance, his father saw him and had compassion, and ran and embraced him and kissed him. And the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his servants, 'Bring quickly the best robe, and put it on him; and put a ring on his hand, and shoes on his feet; and bring the fatted calf and kill it, and let us eat and make merry; for this my son was dead, and is alive again; he was lost, and is found.' And they began to make merry. "Now his elder son was in the field; and as he came and drew near to the house, he heard music and dancing. And he called one of the servants and asked what this meant. And he said to him, 'Your brother has come, and your father has killed the fatted calf, because he has received him safe and sound.' But he was angry and refused to go in. His father came out and entreated him, but he answered his father, 'Lo, these many years I have served you, and I never disobeyed your command; yet you never gave me a kid, that I might make merry with my friends. But when this son of yours came, who has devoured your living with harlots, you killed for him the fatted calf!' And he said to him, 'Son, you are always with me, and all that is mine is yours. It was fitting to make merry and be glad, for this your brother was dead, and is alive; he was lost, and is found.'"

The Gospel of the Lord.

*People's Response:* Praise be to thee, O Christ.

The Sermon

The Rt. Rev. Jeffrey Mello, *Bishop Diocesan*

## PRESENTATION AND EXAMINATION OF THE CANDIDATES

*Candidates for Confirmation:* LUZ ANGELA VELA CAMARGO & GERALDINE SORAYA RIVERA APOLINAR

*Candidate for Reception:* DANIEL MICHAEL KENDZIOR

*Sponsors:* The Rev. Marta S. Rivera Monclova & Luz Angela Vela Camargo (Soraya);  
The Rev. Rowena J. Kemp (Luz & Daniel)

*Bishop Jeffrey:* The Candidates will now be presented.

*Rev. Rowena:* I present LUZ ANGELA VELA CAMARGO for Confirmation

*Rev. Marta & Luz:* We present GERALDINE SORAYA RIVERA APOLINAR for Confirmation.

*Rev. Rowena:* I present DANIEL MICHAEL KENDZIOR to be received into this Communion.

*The Bishop asks the candidates,*

*Bishop:* Do you reaffirm your renunciation of evil? *¿Reafirmas tu renuncia al mal?*

*Candidates:* I do. *La reafirmo.*

*Bishop:* Do you renew your commitment to Jesus Christ? *¿Renuevas tu entrega a Jesucristo?*

*Candidates:* I do, and with God's grace I will follow him as my Savior and Lord. *La renuevo, y con la gracia de Dios le seguiré como mi Señor y Salvador.*

*After all have been presented, the Bishop addresses the congregation, saying,*

*Bishop:* Will you who witness these vows do all in your power to support these persons in their life in Christ?

*People:* We will.

*Bishop:* Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

### THE BAPTISMAL COVENANT

*Bishop:* Do you believe in God the Father?

*People:* I believe in God, the Father almighty, Maker of heaven and earth.

*Bishop:* Do you believe in Jesus Christ, the Son of God?

*People:* I believe in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended to hell. The third day he rose again from the dead. He ascended into heaven, and sitteth at the right hand of God the Father Almighty. From thence he shall come to judge the quick and the dead.

*Bishop:* Do you believe in God the Holy Spirit?

*People:* I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, ✠ the resurrection of the body, and the life everlasting.

*Bishop:* Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

*People:* I will, with God's help.

*Bishop:* Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

*People:* I will, with God's help.

*Bishop:* Will you proclaim by word and example the Good News of God in Christ?

*People:* I will, with God's help.

*Bishop:* Will you seek and serve Christ in all persons, loving your neighbor as yourself?

*People:* I will, with God's help.

*Bishop:* Will you strive for justice and peace among all people, and respect the dignity of every human being?

*People:* I will, with God's help.

## PRAYERS FOR THE CANDIDATES

*Bishop:* Let us now pray for LUZ, SORAYA & DANIEL who have renewed their commitment to Christ.

Almighty God, we thank you that by the death and resurrection of your Son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you made with them at their Baptism. Send them forth in the power of that Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The Bishop lays hands upon each confirmed and says,*

*Bishop:* Strengthen, O Lord, your servant LUZ. with your Holy Spirit; empower her for your service; and sustain her all the days of her life. **Amen.**

*Fortalece, oh Señor, a tu siervo LUZ, con tu Espíritu Santo; dale poder para servirte; y susténtale todos los días de su vida. Amén.*

*Bishop:* Strengthen, O Lord, your servant SORAYA. with your Holy Spirit; empower her for your service; and sustain her all the days of her life. **Amen.**

*Fortalece, oh Señor, a tu siervo SORAYA, con tu Espíritu Santo; dale poder para servirte; y susténtale todos los días de su vida. Amén.*

*The Bishop lays hands upon each received person and says,*

*Bishop:* DANIEL, we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of this Communion. God, the Father, Son, and Holy Spirit, bless, preserve, and keep you. **Amen.**

*The Bishop concludes with this prayer,*

Almighty and everliving God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them; and so lead them in the knowledge and obedience of your Word, that they may serve you in this life, and dwell with you in the life to come; through Jesus Christ our Lord. **Amen.**

*The children to receive communion for the first time kneel at the altar rail,  
with their parents standing behind them.*

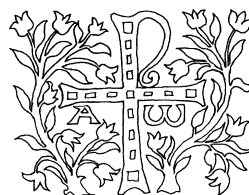
*Bishop:* Lord God, from the mouths of children you draw praise for your name: Look with love at these your children, SAMUEL, JOSEPH, & TIAGO whom we entrust to your providence; bless them, that they may live fully the faith we profess by the power of the Spirit, and by their goodness may be witnesses of your love before all the world; through Jesus Christ, our Lord. **Amen.**

*Señor Dios, de la boca de los niños sacas la alabanza de tu nombre: mira con amor a estos tus hijos, JOSEPH, SAMUEL y THIAGO, a quienes confiamos a tu providencia; bendícelos, para que vivan plenamente la fe que profesamos por el poder del Espíritu, y por su bondad sean testigos de tu amor ante todo el mundo; por Jesucristo, Nuestro Señor. Amén.*

### THE PEACE

*Bishop:* The peace of the Lord be always with you.

*People:* And with thy spirit.



*The Ministers and People greet one another in the Name of the Lord.*

## THE PRAYERS OF THE PEOPLE

*A Person appointed leads the following petitions:*

*Deacon:* JESUS taught us to call God Father, for he is love and full of tenderness: Let us therefore ask God for our needs and those of the whole world saying: Loving God, care for your children.

*Intercessor:* Tender God, you loved the world so much that you gave your only Son for the salvation of all. Protect and heal and all who are ill. *(pause)*

*People:* Loving God, care for your children.

*Intercessor:* Look with compassion upon the poor, the hungry and helpless, and on every child devoid of affection, that with the help of this Christian community they may always know your love.

*People:* Loving God, care for your children.

*Intercessor:* Creator of the universe, protect and heal all life in peril on this planet.

*People:* Loving God, care for your children.

*Intercessor:* Ruler of rulers, grant that the leaders of the nations, of this state, and city may work for the common good.

*People:* Loving God, care for your children.

*Intercessor:* Grant that each member of your Church, filled with the Holy Spirit, may fulfill the mission entrusted to us.

*People:* Loving God, care for your children.

*Intercessor:* You trusted Mary and Joseph with the loving care of your Son. Strengthen all parents and guardians to guide their children to the fullness of Christ.

*People:* Loving God, care for your children.

*Intercessor:* Welcome all those who have died into your glory. *(pause)*

*People:* Loving God, care for your children.

*Bishop:* God, Father and Mother of every creature under heaven, look with compassion on all you have created, and by your providence, sustain and provide for all. Lead us all who celebrate here today to embrace all children who have not known love; through Jesus Christ our Lord.

*People:* Amen.



## THE HOLY COMMUNION

### Offertory Sentence

*Bishop:* Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

### Offertory (*choir*) *Illumina oculos meos*

Mode IV

**L**IGHTEN MINE EYES, lighten mine eyes, that I sleep not in death: lest mine enemy say, "I have prevailed against him."

### Anthem (*choir*)

C. V. Stanford (d. 1924)

**P**RAY that Jerusalem may have peace and felicity: let them that love thee and thy peace have still prosperity. Therefore I wish that peace may still within thy walls remain, and ever may thy palaces prosperity retain. Now for my friends' and brethren's sakes, peace be in thee, I'll say. and for the house of God our Lord, I'll seek thy good alway.

Ps. 122: 5-9 (Scottish Psalter, 1650)

### Presentation of the alms and oblations

*Bishop:* All things come of thee, O Lord,

*People:* And of thine own have we given thee.

### Orate

*Bishop:* Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

*People:* May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

### Sursum corda

	
<i>Bishop:</i> The Lord be with you.	<i>People:</i> And with thy spi - rit.
	
<i>Bishop:</i> Lift up your hearts.	<i>People:</i> We lift them up un - to the Lord.
	
<i>Bishop:</i> Let us give thanks un - to our Lord God.	
	
<i>People:</i> It is meet and right so to do.	

*Then, facing the Holy Table, the Bishop says,*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

**T**HROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**SANCTUS·SANCTUS·SANCTUS**

### Sanctus and Benedictus (*choir*)

R. MacLennan

**H**OLY, holy, holy, Lord God of Hosts, Heav'n and earth are full of thy glory. Glory be to thee, O Lord Most High. ✠ Blessed is he that cometh in the Name of the Lord. Hosanna, hosanna in the highest.



ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender  
A mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our  
redemption; who made there, by his one oblation of himself once offered, a full, perfect,  
and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and  
did institute, and in his holy Gospel command us to continue, a perpetual memory of  
that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks,  
he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is  
given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to  
them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is  
shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it,  
in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly  
beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make  
here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee,  
the memorial thy Son hath commanded us to make; having in remembrance his blessed  
passion and precious death, his mighty resurrection and glorious ascension; rendering  
unto thee most hearty thanks for the innumerable benefits procured unto us by the  
same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty  
goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy  
gifts and creatures of bread and wine; that we, receiving them according to thy Son our  
Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be  
partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of  
praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and  
death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole  
Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be  
a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all  
others who shall be partakers of this Holy Communion, may worthily receive the most  
precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly  
benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any  
sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing  
our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto  
thee, O Father Almighty, world without end.

*People*

—●—○—○—  
A- men.



The Lord's Prayer (*sung by all*)

*Bishop:* And now, as our Savior Christ hath taught us, we are bold to say,

(*All*)

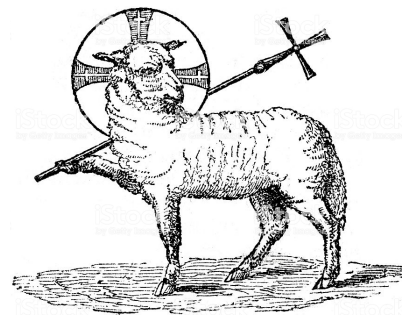


Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,  
 thy king-dom come, thy will be done, on earth as it is in hea-ven.  
 Give us this day our dai-ly bread. And for-give us our tres-pas-ses,  
 as we for-give those who tres-pass a- gainst us. And lead us not in- to  
 temp-ta- tion, but de-liv-er us from e- vil. For thine is the king-dom,  
 and the power, and the glo- ry, for ev- er and ev- er. A- men.

The Fraction

*Bishop:* Christ our Pass-ov-er is sac-ri-fic'd for us.

*People:* There-fore let us keep the feast.



Agnus Dei (*choir*)

R. MacLennan

**O** LAMB OF GOD, that takest away the sins of the world, have mercy upon us. **O** Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

*Bishop:* Let us pray.

**W**E do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

*Bishop:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*People:* Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Oportet te*

Mode VIII

**M**Y SON, it is fitting to rejoice! For this brother of thine was dead and is alive; he was lost, but now is found.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

*In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

Hymn 313 (*sung by all*)

"Let thy Blood in mercy poured"

*Jesus, meine Zuversicht*

1 Let thy Blood in mer - cy poured, let thy gra - cious  
2 Thou didst die that I might live; bless - ed Lord, thou  
3 By the thorns that crowned thy brow, by the spear-wound  
4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,  
cam'st to save me; all that love of God could give  
and the nail - ing, by the pain and death, I now  
tence I give thee; thou art my ex - alt - ed King,

*Refrain*  
of thy bound-less love the to - ken.  
Jes - us by his sor - rows gave me. Thou didst give thy -  
claim, O Christ, thy love un - fail - ing.  
of thy match-less love for - give me.

self for me, now I give my - self to thee.

Prayer of Thanksgiving after Communion

*Bishop:* Let us pray.

*People:* Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Bishop's Blessing

The Dismissal

*Deacon:* Let us go forth in the name of Christ.

*The People respond:* Thanks be to God.

The Last Gospel

St. John I:I-I4

*Bishop:* The Lord be with you.

*People:* And with thy spirit.

*Bishop:* ✠ The Beginning of the holy Gospel according to John.

*People:* Glory be to thee, O Lord.

**I**N THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light.

That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.



*(Here genuflect)* AND THE WORD WAS MADE FLESH, *(Here rise)* and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

*People:* Thanks be to God.



A VE REGINA CAELORUM, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



### THE ANGELUS

*Bishop:* The Angel of the Lord announced unto Mary.

*People:* And she conceived by the Holy Ghost.

*Bishop:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Bishop:* Behold the handmaid of the Lord.

*People:* Be it unto me according to thy word.

*Bishop:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(*Here genuflect*) *Bishop:* And the Word was made flesh.

(*Here rise*) *People:* And dwelt among us.

*Bishop:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Bishop:* Pray for us, O Holy Mother of God.

*People:* That we may be made worthy of the promises of Christ.

*Bishop:* Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*



1 There's a wide-ness in God's mer - cy like the wide-ness of the sea;  
 2 There is no place where earth's sor - rows are more felt than up in heaven;  
 3 For the love of God is broad - er than the mea - sure of the mind;

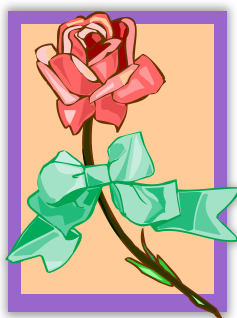
there's a kind-ness in his jus - tice, which is more than lib - er - ty.  
 there is no place where earth's fail - ings have such kind - ly judg - ment given.  
 and the heart of the E - ter - nal is most won - der - ful - ly kind.

There is wel - come for the sin - ner, and more gra - ces for the good;  
 There is plen - ti - ful re - demp - tion in the blood that has been shed;  
 If our love were but more faith - ful, we should take him at his word;

there is mer - cy with the Sa - vior; there is heal - ing in his blood.  
 there is joy for all the mem - bers in the sor - rows of the Head.  
 and our life would be thanks - giv - ing for the good - ness of the Lord.

Voluntary: *Sonata in G major for Flute and Basso continuo: Arietta con Variazioni*

G. Platti

Leo Snow, *baroque flute*

## Laetare Sunday

The Fourth Sunday in Lent, Mid-Lent Sunday, is also known as Mothering Sunday or Refreshment Sunday. On this day, the propers speak of Jerusalem as our mother, and also have the theme of God's feeding and caring for his family. In the Middle Ages, a modification of the strict Lenten fast was allowed; rose-colored vestments, more cheerful than the usual Lenten violet, were used; and young children who had been bound out as servants and apprentices were allowed to return home to visit their mothers, making it the equivalent of our Mothers' Day.

For this homecoming occasion, simnel cakes, (made from fine white flour — "simnel" — hence the name) were blessed by the parish priest and distributed as emblems of the love of the human family and of the church as the family of God. At coffee hour today we will serve one version of simnel cake, which is still made in England for festive occasions.

### Simnel Cake

Recipe makes enough for 9"x 13" or 9"x 9" pan

I cup unsalted butter	Cut each stick of butter into 8 pieces. Put in bowl of processor and cream with metal blade for 30 sec.
I cup sugar	Add to butter and blend until mixture forms a ring around the blade ~ about 30 sec.
4 eggs	Add and blend until combined ~ about 5 sec. Scrape bowl.
2 cups cake flour (12 oz.)	Add and pulse until blended ~ about 7 pulses. Spread one-half of batter in pan.
½ tsp. salt	
½ cup candied peel (lemon, orange, and/or citron)	
½ cup currants	
⅔ roll almond paste or I recipe (q.v.)	If using commercial paste, slice or roll very thin and lay on top of batter in pan. If using homemade, dot over batter. Top with remaining batter

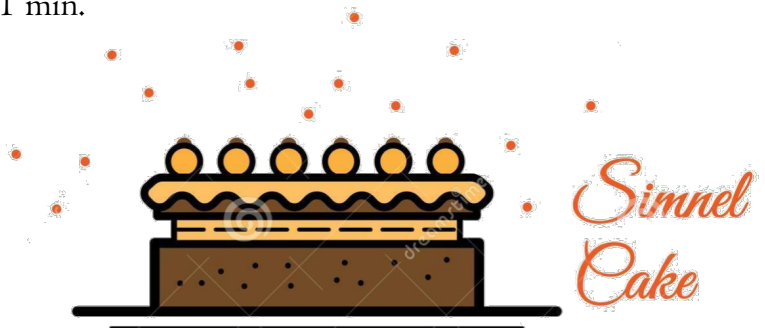
Bake at 300° for about 50 min. When cool, top with glaze (below).

### Glaze

I T. soft butter	Blend. Add additional milk as needed to make very thin icing.
¾ cup confectioner's sugar	
I T. milk or cream	
I or 2 drops almond extract	

### Almond Paste

I cup blanched almonds	Add to 1½ cups boiling water and simmer, uncovered, for 8 min. Drain and allow to cool for 15 min. Put in food processor bowl.
½ cup sugar	Add to bowl and process with metal blade until smooth, about 1½ min.
I egg white	Process for about 1 min.
2 T. unsalted butter	
It. almond extract	



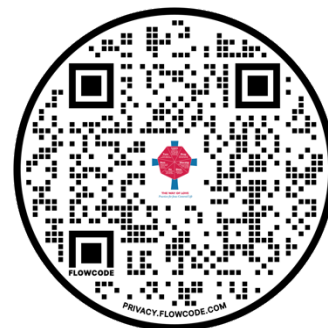


## BULLETIN INSERTS

**March 30, 2025 – Lent 4 (C)**

**Week 4: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



### Week 4

#### Sunday, March 30

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 4. The topic is based on the practice "Bless" and is titled, "A New Heart and a New Spirit".

*Read:* Ezekiel 36:24-28

#### Monday, March 31

*Today's Prompt:* What challenges are you facing today?

*Read:* "And you will have confidence, because there is hope; you will be protected and take your rest in safety." - Job 11:18

#### Tuesday, April 1

*Today's Prompt:* Where do you find joy and passion?

*Read:* "They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'" - Luke 24:32

#### Wednesday, April 2

*Today's Prompt:* What can you say "no" to so you can say "yes" to prayer, rest and joy?

*Read:* "Six days shall work be done; but the seventh day is a sabbath of complete rest, a holy convocation; you shall do no work: it is a sabbath to the Lord throughout your settlements." - Lev. 23:3

#### Thursday, April 3

*Today's Prompt:* Practice *lectio divina* with this scripture.

*Read:* Luke 15:17-24

#### Friday, April 4

*Today's Prompt:* Create a prayer representing how you seek to serve God and follow Jesus.

*Read:* "No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house." - Matt. 5:15

#### Saturday, April 5

*Today's Prompt:* How do others experience the love of Christ through you?

*Read:* "By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things." - Gal. 5:22-23

*Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*

# ~~~~~✠✠✠~~~~~ **GRACE NOTES**~~~~~✠✠✠~~~~~

**March 30** *The Fourth Sunday in Lent ~ Laetare Sunday*

## **FOR PASTORAL ASSISTANCE**

**THE REV. ROWENA KEMP** welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

## **PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS**

***A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).***

- *Bishops and Clergy:* Justin, *Archbishop of Canterbury*; Sean, *Presiding Bishop*; Jeffrey (who is celebrating with us today!) and Laura, *Bishops of ECCT*; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our curate.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; All Saints', Meriden; St. Andrew's, Meriden; Christ Church, Middle Haddam; and collaborative ministries & all ministry networks. *Province de L'Eglise Anglicane Du Congo.*
- *World & Community Concerns:* For peace throughout the world, especially between Iran, Israel, and Gaza, and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Halsted James (Tue.), and Camryn Fisher (Fri.) whose birthdays we celebrate this week.
- *Sick or in need:* The Sessions Family; Rev. Rowena, Keegan and Kane; Heather; Antoinette; Kenneth & Adrienne; The Vela Cruz Family; David; Neil; Mark; Jerry; Bonnie & the Burns Family; Lea; Megin; Walter & Claudia; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Kathy; Patti; Delores; Nancy; Marcolina; Peter; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of Arielle Kimchi, Shira Sangamuang, Elizabeth MacKiernan Miel, all soldiers and civilians killed in war or civil strife, and in memory of Rita Hester, Charles Geerts, Anne Morgan, Margaret Graham, Madeline Beck, Barbara Brewster, Mildred Cleary, Nellie H. Ellen, June Merkent, and Alice Sarkesian, James Brown, & Robert Perron, in whose memory the flowers are given (*by Adrienne & Kenneth Brown*).

~~~~~✠✠~~~~~  
**GRACE EPISCOPAL CHURCH**~~~~~✠✠~~~~~

**THE REV. ROWENA J. KEMP, RECTOR**

**55 New Park Avenue, Hartford, CT 06106-2123**

**Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022**

**Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org**

**Church e-mail: church@gracehartford.org Website: www.gracehartford.org**

## THIS WEEK AT GRACE

Sunday, March 30 *The Fourth Sunday in Lent ~ Laetare Sunday*

VISITATION BY BISHOP DIOCESAN THE RT. REV. JEFFREY MELLO

8:00 a.m.: Low Mass

Between Masses: Vestry Meeting with Bp. Mello

10:30 a.m.: Solemn High Mass (*also on Facebook Live*) followed by a reception for Bp. Mello

Tuesday, April 1 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

Wednesday, April 2 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

Thursday, April 3 *Lenten Feria*

10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, April 4 *Lenten Feria*

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: Lenten Bible Study ~ Cultivating Patience

5:45 p.m.: Lenten Organ Meditation (*also on Facebook Live*)

6:00 p.m.: STATIONS OF THE CROSS (*also on Facebook Live*)

Sunday, April 6 *The Fifth Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (*also on Facebook Live*)



Visit "[Grace Episcopal Church, Hartford CT](#)" on FACEBOOK

Please join, and help us spread the good news on line!



## †LENTEN PROGRAMS 2025† COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, continuing April 4<sup>th</sup>

4:00 P.M. Please join us for our **Lenten discussions** ~  
*Cultivating the Fruit of the Spirit in Heart, Soul, Strength and Mind*  
[Tea, coffee, sandwiches and sweets, provided]

5:45 P.M. **Lenten Organ Meditation** (*also on Facebook Live*)

6:00 P.M. **Stations of the Cross & Benediction** (*also on Facebook Live*)



All are welcome!