

GRACE episcopal church



The Third Sunday in Lent

March 23, 2025

Service Program for the 10:30 a.m. Solemn High Mass
Bulletin Insert from the Episcopal Church
Grace Notes
This Week at Grace

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## Grace Episcopal Church

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We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*  
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The Rev. Marta S. Rivera Monclova, PhD, *Curate*  
The Rev. Canon Robert G. Carroon, *Associate Priest*  
The Rev. Canon Annika Warren, *Associate Priest*  
The Rev. Joseph L. Pace, *Associate Priest*  
Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry  
Claudia Gwardyak, *Senior Warden*; Barbara Galbreath, *Junior Warden*  
Katharine Rovetti, *Parish Clerk*  
Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*  
Adrianne Brown, Josephine Dominguez, Linda Galarza-Rosa,  
Sheryl Rifkin, Gregory Simmons

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WELCOME to all who are joining with us virtually as we observe *THE THIRD SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

GRACE EPISCOPAL church

The Third Sunday in Lent

March 23, 2025

Solemn High Mass, 10:30 A.M.

Propers of Year C

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Mass Setting: *Communion Service in D major*

Leo Sowerby (d. 1968)

*This setting of the Ordinary of the Mass will be sung by the choir.*

Voluntary: Tiento (Offertoire), from *Suite Médiévale*

Jean Langlais (d. 1991)

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ENTRANCE RITE

Introit (*choir*) *Oculi mei*

Mode VII

[*Antiphon*] MINE EYES are ever looking unto the Lord, for he shall pluck my feet out of the net: O look thou upon me, and have mercy upon me, for I am desolate and in misery. [*Psalm*] Unto thee, O Lord, do I lift up my soul; my God, in thee have I trusted; let me not be confounded. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. [*Repeat antiphon.*]

THE PENITENTIAL ORDER

Opening Acclamation

Celebrant: ✠ Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

Confession of Sin and Absolution

Celebrant: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

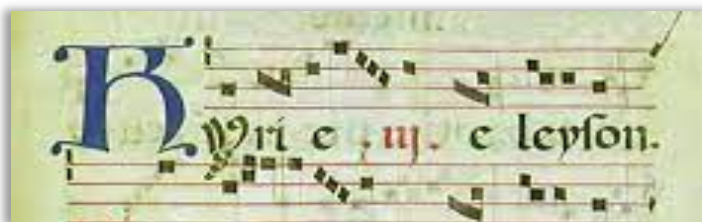
Celebrant: The Almighty and merciful Lord grant you absolution ✠ and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

Kyrie eleison (*choir*)

L. Sowerby

KYRIE eleison. Christ eleison. Kyrie eleison.

[Lord, have mercy. Christ, have mercy. Lord, have mercy]



THE LITURGY OF THE WORD

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

The Old Testament Lesson: Exodus 3: 1-15 [NRSV]

A Reading from the Book of Exodus.

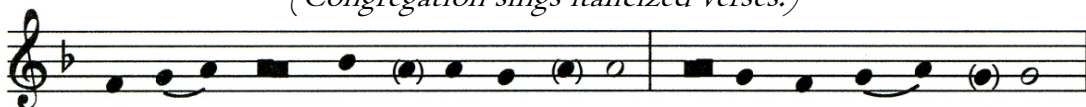
MOSES was keeping the flock of his father-in-law Jethro, the priest of Midian; he led this flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

The Word of the Lord.

Congregation's Response: Thanks be to God.



(Congregation sings italicized verses.)



- 1 O GÖD, — | thou art my God;
* *early / will I sēek thee.*
- 2 *My soul thirsteth for thee, my flesh also / longeth after ^ thee,*
* *in a barren and dry land / where no wāter ^ is.*
- 3 Thus have I look'd for thee in the | sanctuary,
* that I might behold thy | power änd glo^ry.
- 4 *For thy loving-kindness is better / than the life it^self:*
* *my / lips shall präise thee.*
- 5 As long as I live will I magnify thee | in this manner,
* and lift up my | hands in thÿ Name.
- 6 *My soul shall be satisfi'd, even as it were with / marrow ^ and fatness,*
* *when my mouth praiseth / thee with jöyful ^ lips.*
- 7 Have I not remember'd | thee in my bed,
* and thought upon thee when | I was wāking?
- 8 *Because thou hast / been my helper;*
* *therefore under the shadow of thy / wings will I re^joice.*

The Epistle: I Corinthians 10: 1-13 [NRSV]

A Reading from the First Epistle of Paul to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

The Word of the Lord.

People's Response: Thanks be to God.

Tract (choir) *Ad te levavi*

Tone VIII

U NTO THEE LIFT I UP mine eyes: O thou that dwellest in the heavens. Behold, even as the eyes of servants: look unto the hand of their masters. And as the eyes of a maiden: unto the hand of her mistress. Even so our eyes wait upon the Lord our God: until he have mercy upon us. Have mercy upon us, O Lord: have mercy upon us.

The Holy Gospel: St. Luke 13: 1-9 [RSV]

Deacon: The Holy Gospel of our Lord Jesus Christ according to Luke.

People's response: ✠ Glory be to thee, O Lord.

THERE were some present at that very time who told him of the Galileans whose blood Pilate had mingled with their sacrifices. And he answered them, "Do you think that these Galileans were worse sinners than all the other Galileans, because they suffered thus? I tell you, No; but unless you repent you will all likewise perish. Or those eighteen upon whom the tower in Siloam fell and killed them, do you think that they were worse offenders than all the others who dwelt in Jerusalem? I tell you, No; but unless you repent you will all likewise perish." And he told this parable: "A man had a fig tree planted in his vineyard; and he came seeking fruit on it and found none. And he said to the vinedresser, 'Lo, these three years I have come seeking fruit on this fig tree, and I find none. Cut it down; why should it use up the ground?' And he answered him, 'Let it alone, sir, this year also, till I dig about it and put on manure. And if it bears fruit next year, well and good; but if not, you can cut it down.' "

The Gospel of the Lord.

People's response: Praise be to thee, O Christ.



The Sermon

The Rev. Marta S. Rivera Monclova, PhD, *Curate*

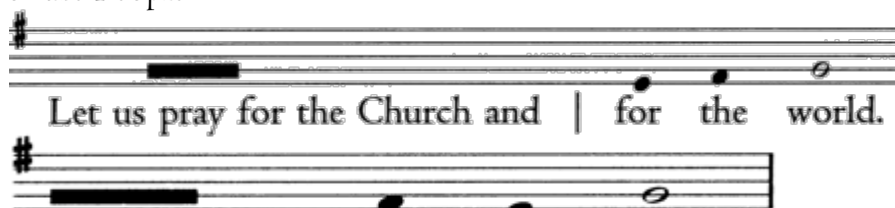
The Nicene Creed (*said by all*)

Prayer Book p. 327

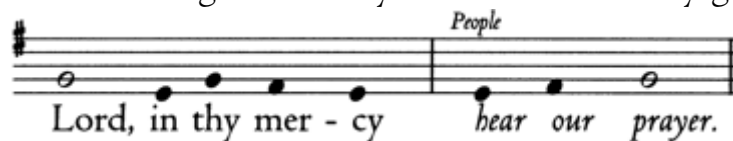
I BELIEVE IN ONE GOD, the Father Almighty,
maker of heaven and earth, and of all things visible and invisible;
And in one Lord Jesus Christ, the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light, very God of very God, begotten, not made,
being of one substance with the Father; by whom all things were made;
who for us men and for our salvation came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary, and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried
and the third day he rose again according to the Scriptures, and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory, to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
✠ and I look for the resurrection of the dead, and the life of the world to come. Amen.

Leader:



GRANT ALMIGHTY GOD, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. *(Silence)*



hear our prayer. *(Sung after every intercession)*

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. *(Silence)*

Lord, in thy mercy People: hear our prayer.

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. *(Silence)*

Lord, in thy mercy People: hear our prayer.

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. *(Silence)*

Lord, in thy mercy People: hear our prayer.

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. *(Silence)*

Lord, in thy mercy People: hear our prayer.

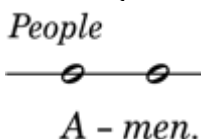
Leader: Comfort and heal all those who suffer in body, mind, or spirit *(pause)*; give them courage and hope in their troubles, and bring them the joy of / thy salvation. *(Silence)*

Lord, in thy mercy People: hear our prayer.

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled *(pause)*; and we pray that we may share with all thy saints in thine e-/ternal kingdom. *(Silence)*

Lord, in thy mercy People: hear our prayer.

Celebrant: LORD, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord.



The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.



THE HOLY COMMUNION

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalms 50: 14*

Offertory (*choir*) *Justitiae Domini*

Mode IV

THE STATUTES OF THE LORD are just and rejoice the heart; sweeter far than honey, than honey in the comb; moreover by them is thy servant taught.

Motet (*choir*)

Richard Farrant (d. 1581)

HIDE not thou thy face from us, O Lord, and cast not off thy servants in thy displeasure; for we confess our sins unto thee, and hide not our unrighteousness. For thy mercy's sake, deliver us from all our sins.

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.



Celebrant *People*

The Lord be with you. And with thy spi- rit.

Celebrant *People*

Lift up your hearts. We lift them up un-to the Lord.

Celebrant

Let us give thanks un- to our Lord God.

People

It is meet and right so to do.

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

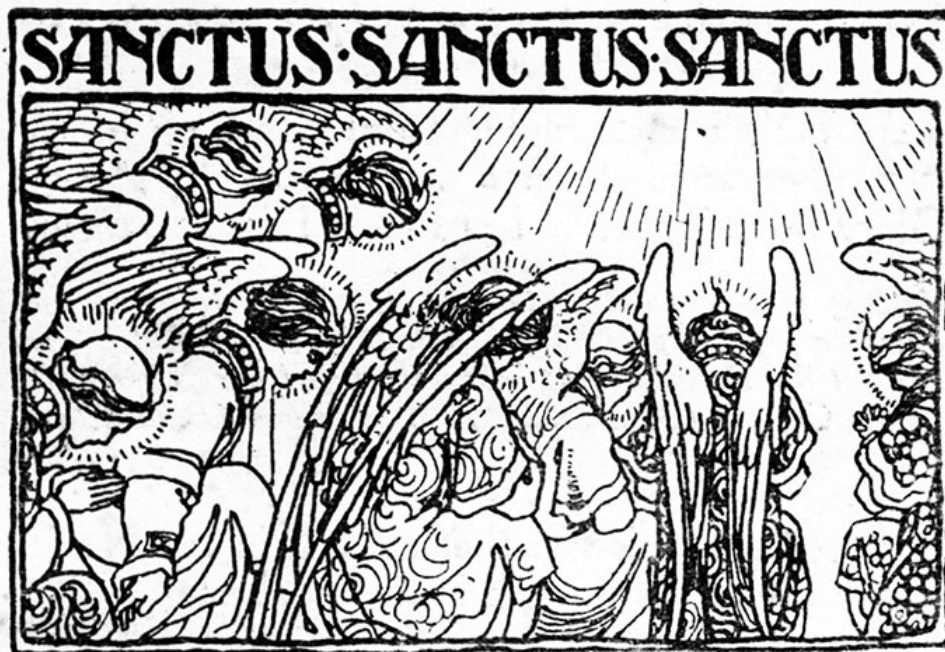
THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus (*choir*)

L. Sowerby

HOLY, holy, holy, Lord God of Hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. ✠ Blessed is he that cometh in the Name of the Lord. Hosanna, hosanna in the highest.



ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Amercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

People

A- men.



The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,

(*All*)

Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
thy king-dom come, thy will be done, on earth as it is in hea-ven.
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
as we for-give those who tres-pass a- gainst us. And lead us not in- to
temp-ta- tion, but de-liv-er us from e- vil. For thine is the king-dom,
and the power, and the glo- ry, for ev- er and ev- er. A- men.



The Fraction

Celebrant:

Christ our Pass-ov-er is sac-ri-fic'd for us.

People:

There-fore let us keep the feast.

Agnus Dei (*choir*)

L. Sowerby

O LAMB OF GOD, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

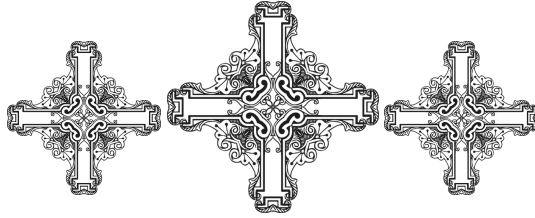
Communion (*choir*) *Passer invenit*

Mode I

THE SPARROW HATH FOUND her an house and the swallow a nest where she may lay her young; even thine altars, O Lord of hosts, thou that art my King and my God. Blessed are they that dwell in thy house! they will be alway praising thee.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.



Motet (*sung by choir, congregation seated*)

R. Vaughan Williams, 1934

How amiable are thy dwellings, thou Lord of hosts! My soul hath a desire and longing to enter into the courts of the Lord; my heart and my flesh rejoice in the living God. Yea, the sparrow hath found her an house and the swallow a nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God. Blessed are they that dwell in thy house; they will be alway praising thee. The glorious Majesty of the Lord our God be upon us: prosper thou the work of our hands upon us, O prosper thou our handiwork.

Ps. 84: 1-4; Ps. 90: 17

Hymn 680 (*sung by all*)

“O God, our help in ages past”

St. Anne

1 O God, our help in a - ges past, our hope for years to come,
2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;
3 Be - fore the hills in or - der stood, or earth re - ceived her frame,
4 A thou - sand a - ges in thy sight are like an eve - ning gone;
5 Time, like an ev - er - roll - ing stream, bears all our years a - way;

1 our shel - ter from the storm - y blast, and our e - ter - nal home:
2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.
3 from ev - er - last - ing thou art God, to end - less years the same.
4 short as the watch that ends the night be - fore the ris - ing sun.
5 they fly, for - got - ten, as a dream dies at the o - pen - ing day.

6 O God, our help in ages past,
our hope for years to come,

be thou our guide while life shall last,
and our eternal home.

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing



MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

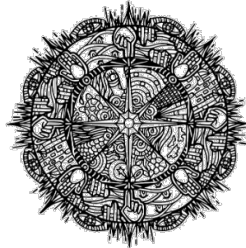
May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.*

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

<i>Deacon</i>	<i>People</i>
	
Let us go forth in the name of Christ.	Thanks be to God.



The Last Gospel

St. John I: I-I4

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: ✠ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

A VE REGINA CAELORUM, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



THE ANGELUS

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(*Here genuflect*) *Celebrant:* And the Word was made flesh.

(*Here rise*) *People:* And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

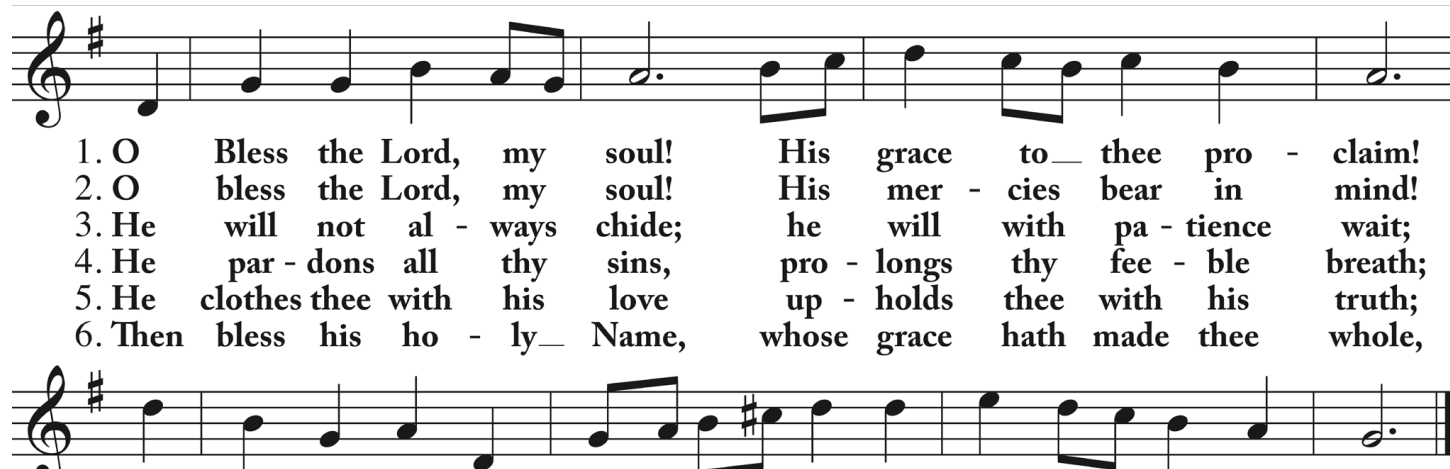
People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*



1. O Bless the Lord, my soul! His grace to thee pro - claim!
 2. O bless the Lord, my soul! His mer - cies bear in mind!
 3. He will not al - ways chide; he will with pa - tience wait;
 4. He par - dons all thy sins, pro - longs thy fee - ble breath;
 5. He clothes thee with his love up - holds thee with his truth;
 6. Then bless his ho - ly Name, whose grace hath made thee whole,

And all that is with - in me join to bless his ho - ly Name!
 For - get not all his ben - e - fits! The Lord to thee is kind.
 his wrath is e - ver slow to rise and rea - dy to a - bate.
 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 and like the ea - gle he re - news the vi - gor of thy youth.
 whose lov - ing - kind - ness crowns thy days: O bless the Lord, my soul!

Voluntary: Improvisation (Elevation) and Meditation (Communion)

J. Langlais

† LENTEN PROGRAMS 2025 †

COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, continuing March 28th4:00 P.M. Please join us for our **Lenten discussions** ~*Cultivating the Fruit of the Spirit in Heart, Soul, Strength and Mind*

[Tea, coffee, sandwiches and sweets, provided]

5:45 P.M. **Lenten Organ Meditation** (*also on Facebook Live*)6:00 P.M. **Stations of the Cross & Benediction** (*also on Facebook Live*)

All are welcome!

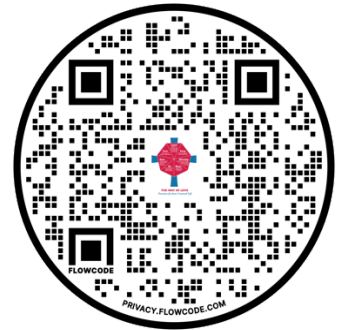


BULLETIN INSERTS

March 23, 2025 – Lent 3 (C)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 23

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 24

Today's Prompt: Where can you seek and serve Christ in someone unlike you?

Read: "And you shall be my people, and I will be your God. Again I will build you, and you shall be built, O virgin Israel! Again you shall take your tambourines, and go forth in the dance of the merrymakers. Again you shall plant vineyards on the mountains of Samaria; the planters shall plant, and shall enjoy the fruit." - Jer. 30:22, 31:4-5

Tuesday, March 25

Today's Prompt: How might you share what brings you great joy with others?

Read: "We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness." - Rom. 12:6-8

Wednesday, March 26

Today's Prompt: How can you incorporate rest from technology today?

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Read: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." - Matt. 11:28

Thursday, March 27

Today's Prompt: How is the Jesus who walked this earth beckoning you to meet him?

Read: Mark 10:46-52

Friday, March 28

Today's Prompt: In your prayers today, what new words or thoughts touch you?

Read: "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." – Phil. 4:6

Saturday, March 29

Today's Prompt: Try praying with Anglican prayer beads.

Read: "Then Jesus told them a parable about their need to pray always and not to lose heart." – Luke 18:1

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~~~~~✠✠~~~~~ **GRACE NOTES**~~~~~✠✠~~~~~

March 23 *The Third Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790): (tburns@gracehartford.org).

- **Bishops and Clergy:** Justin, *Archbishop of Canterbury*; Sean, *Presiding Bishop*; Jeffrey and Laura, *Bishops of ECCT*; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our curate.
- **Diocesan Cycle of Prayer:** **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. Michael's, Litchfield; St. Andrew's, Madison; St. Andrew's, Marble Dale; ECCT Joint Leadership members of the Mission Council, Missionary Society, Standing Committee, and Commission on Ministry & Donations & Bequests. *Iglesia Anglicana de la Region Central de America.*
- **World & Community Concerns:** For peace throughout the world, especially between Iran, Israel, and Gaza, and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- **Serving Our Country in the Military (especially those associated with Grace Church):** Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- **Sick or in need:** The Sessions Family; Rev. Rowena, Keegan and Kane; Heather; Antoinette; Kenneth & Adrienne; The Vela Cruz Family; David; Neil; Mark; Jerry; Bonnie & the Burns Family; Lea; Megin; Walter & Claudia; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Kathy; Patti; Delores; Nancy; Marcolina; Peter; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- **The Deceased:** We pray for the repose of Arielle Kimchi, Shira Sangamuang, Elizabeth MacKiernan Miel, all soldiers and civilians killed in war or civil strife, and in memory of Helen Hryb, Sharen Baker, Jane Sturges Staffeld, Mardiros Der Sarkissian, Edward J. "Pop" Klemonski, Frederick Nason, +Priest & Rector, Nelson Chowenhill, +Priest & Rector, Joseph Orlando, +Priest, Lena Michaud, Karl Jaeger, and Helen Phillips.

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**GRACE EPISCOPAL CHURCH**~~~~~✠✠~~~~~

**THE REV. ROWENA J. KEMP, RECTOR**

**55 New Park Avenue, Hartford, CT 06106-2123**

**Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022**

**Rector's cell phone: 203-209-4178 Rector's email: [RevRowena@gracehartford.org](mailto:RevRowena@gracehartford.org)**

**Church e-mail: [church@gracehartford.org](mailto:church@gracehartford.org) Website: [www.gracehartford.org](http://www.gracehartford.org)**



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Please join and help us spread the good news online!**





## THIS WEEK AT GRACE

**Sunday, March 23** *The Third Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (*also on Facebook Live*)

**Tuesday, March 25** *THE ANNUNCIATION OF OUR LORD*

10:00 a.m. to 1:00 p.m.: Office Hours

6:00 p.m.: SOLEMN HIGH MASS FOR THE ANNUNCIATION (*also on Facebook Live*)

**Wednesday, March 26** *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

**Thursday, March 27** *Lenten Feria*

10:00 a.m.: "A Place of Grace" food pantry distribution

**Friday, March 28** *Lenten Feria*

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: **Lenten Bible Study** ~ Cultivating Generosity

5:45 p.m.: **Lenten Organ Meditation** (*also on Facebook Live*)

6:00 p.m.: **STATIONS OF THE CROSS** (*also on Facebook Live*)

**Sunday, March 30** *The Fourth Sunday in Lent ~ Laetare Sunday*

VISITATION BY THE BISHOP DIOCESAN THE RT. REV. JEFFREY MELLO

8:00 a.m.: Low Mass

Between Masses: **Vestry Meeting with Bp. Mello**

10:30 a.m.: Solemn High Mass (*also on Facebook Live*) followed by a reception for Bp. Mello



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Please join, and help us spread the good news online!



## Come and Celebrate

## The Feast of the Annunciation of Our Lord

## to the Blessed Virgin Mary

## Tuesday, March 25<sup>th</sup>, 2025

## Solemn High Mass at 6:00 PM



Please join us next **Sunday, March 30<sup>th</sup>**, for  
The Visitation of The Rt. Rev. Jeffrey W. Mello,  
Bishop Diocesan of Connecticut  
The Bishop will be presiding at both services