

GRACE EPISCOPAL CHURCH



The First Sunday in Lent

March 9, 2025

Service Program for the 10:30 a.m. Solemn High Mass
Bulletin Insert from the Episcopal Church
Lenten Programs 2025
Grace Notes
This Week at Grace

pp. 3-18
p. 19
p. 20
p. 21
p. 22



Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106
Office: 860 233-0825 Fax: 860 233-5082
E-mail: church@gracehartford.org Web site: www.gracehartford.org
Facebook: www.facebook.com/GECHartford

We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*
Cell phone: 203-209-4178 Church office: 860-233-0825
Email: RevRowena@gracehartford.org

The Rev. Marta S. Rivera Monclova, PhD, *Curate*
The Rev. Canon Robert G. Carroon, *Associate Priest*
The Rev. Canon Annika Warren, *Associate Priest*
The Rev. Joseph L. Pace, *Associate Priest*
Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Claudia Gwardyak, *Senior Warden*; Barbara Galbreath, *Junior Warden*
Katharine Rovetti, *Parish Clerk*
Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*
Adrienne Brown, Josephine Dominguez, Linda Galarza-Rosa,
Douglas Gould, Sheryl Rifkin, Gregory Simmons



WELCOME to all who are joining with us virtually as we observe *THE FIRST SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.



GRACE EPISCOPAL CHURCH



The First Sunday in Lent

March 9, 2025

Solemn High Mass, 10:30 A.M.

Propers of Year C

Mass Setting: *Missa Marialis*

Plainsong, C. W. Douglas, ed.

This setting of the Ordinary of the Mass is for congregational singing.

Voluntary: Prélude au Kyrie, from Hommage à Frescobaldi

Jean Langlais (d. 1991)

ENTRANCE RITE

Introit (choir) *Invocabit me*

Mode VIII

[Antiphon] HE SHALL CALL UPON ME, and I will hearken unto him. I will deliver him, and will bring him to honor. With length of days will I satisfy him. *[Psalm]* Whoso dwelleth in the shelter of the Most High, shall abide under the shadow of the Almighty. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. *[Repeat antiphon.]*

THE PENITENTIAL ORDER

Opening Acclamation

Celebrant: Bless the Lord who for - giv - eth all our sins.

People: His mer - cy en - dur - eth for ev - er.

The Exhortation (*Celebrant*)

BELOVED IN THE LORD: Our Savior Christ, on the night before he suffered, instituted the Sacrament of his Body and Blood as a sign and pledge of his love, for the continual remembrance of the sacrifice of his death, and for a spiritual sharing in his risen life. For in these holy Mysteries we are made one with Christ, and Christ with us; we are made one body in him, and members one of another.

Having in mind, therefore, his great love for us, and in obedience to his command, his Church renders to Almighty God our heavenly Father never-ending thanks for the creation of the world, for his continual providence over us, for his love for all mankind, and for the redemption of the world by our Savior Christ, who took upon himself our flesh, and humbled himself even to death on the cross, that he might make us the children of God by the power of the Holy Spirit, and exalt us to everlasting life.

But if we are to share rightly in the celebration of those holy Mysteries, and be nourished by that spiritual Food, we must remember the dignity of that holy Sacrament. I therefore call upon you to consider how Saint Paul exhorts all persons to prepare themselves carefully before eating of that Bread and drinking of that Cup.

For, as the benefit is great, if with penitent hearts and living faith we receive the holy Sacrament, so is the danger great, if we receive it improperly, not recognizing the Lord's Body. Judge yourselves, therefore, lest you be judged by the Lord.

Examine your lives and conduct by the rule of God's commandments, that you may perceive wherein you have offended in what you have done or left undone, whether in thought, word, or deed. And acknowledge your sins before Almighty God, with full purpose of amendment of life, being ready to make restitution for all injuries and wrongs done by you to others; and also being ready to forgive those who have offended you, in order that you yourselves may be forgiven. And then, being reconciled with one another, come to the banquet of that most heavenly Food.

And if, in your preparation, you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith.

To Christ our Lord who loves us, and washed us in his own blood, and made us a kingdom of priests to serve his God and Father, to him be glory in the Church evermore. Through him let us offer continually the sacrifice of praise, which is our bounden duty and service, and, with faith in him, come boldly before the throne of grace.



The Decalogue (*The Celebrant continues; the People's responses in italics*)

GOD spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not take the Name of the Lord thy God in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

REMEMBER that thou keep holy the Sabbath day.

Lord, have mercy upon us, and incline our hearts to keep this law.

HONOR thy father and thy mother.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not bear false witness against thy neighbor.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Celebrant: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

Celebrant: The Almighty and merciful Lord grant you absolution ✠ and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.



Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri -
 e e - le - i - son. Chri - ste e -
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 Chri - ste e - le - i - son. Ky - ri - e
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 e - le - i - son. Ky - ri - e
 e - le - i - son.



The Liturgy of the Word

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

The Old Testament Lesson: Deuteronomy 26: I-II [NRSV]

A Reading from the Book of Deuteronomy.

WHEN you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

The Word of the Lord.

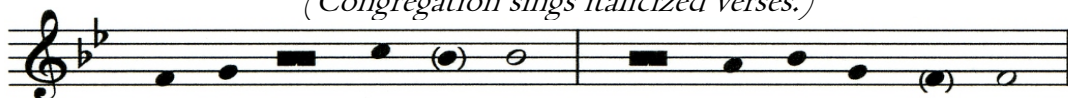
Congregation's Response: Thanks be to God.

The Gradual: Psalm 91

Qui habitat

Tone VIII.I

(Congregation sings italicized verses.)



- 1 WHOSO dwelleth under the defence of the Most | High
* *shall abide under the shadow of / the Almighty.*
- 2 *I will say unto the LORD: Thou art my refuge and my / stronghold:*
* *my God in / him will I trust.*
- 9 For thou, LORD, art my | hope;
* thou hast set thine house of de- | fence very high.
- 10 *There shall no evil happen unto / thee,*
* *neither shall any plague come / nigh thy dwelling.*
- 11 For he shall give his angels charge over | thee
* to keep | thee in all thy ^ ways.
- 12 *They shall bear thee in their / hands,*
* *that thou hurt not thy / foot against a ^ stone.*
- 13 Thou shalt go upon the lion and | adder:
* the young lion and the dragon shalt thou tread | under thy feet.
- 14 *Because he hath set his love upon me, therefore will I de- / liver ^ him:*
* *I will set him up, because / he hath known my ^ Name.*
- 15 He shall call upon me, and I will | hear him;
* yea I am with him in trouble; I will deliver him, and bring | him to honour.
- 16 *With long life will I satis- / fy him,*
* *and show him / my salvation.*

The Epistle: Romans 10: 8b-13 [NRSV]

A Reading from the Letter of Paul to the Romans.

“THE word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

The Word of the Lord.

People’s Response: Thanks be to God.

Tract (*choir*) *Qui habitat*

Tone VIII

WHOSO DWELLETH under the defence of the Most High: shall abide under the shadow of the Almighty. I will say unto the Lord, Thou art my hope and my stronghold: my God, in him will I trust. For he shall deliver thee from the snare of the hunter: and from the noisome pestilence. He shall defend thee under his wings: and thou shalt be safe under his feathers. His faithfulness and truth shall be thy shield and buckler: thou shalt not be afraid for any terror by night. Nor for the arrow that flieth by day; for the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noonday. A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee. For he shall give his Angels charge over thee: to keep thee in all thy ways. They shall bear thee in their hands: that thou hurt not thy foot against a stone. Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet. Because he hath set his love upon me, therefore will I deliver him: I will set him up, because he hath known my Name. He shall call upon me, and I will hear him: yea, I am with him in trouble. I will deliver him, and bring him to honour: with long life will I satisfy him, and shew him my salvation.

The Holy Gospel: St. Luke 4: 1-13 [RSV]

Deacon: The Holy Gospel of our Lord Jesus Christ according to Luke.

People’s response: ✠ Glory be to thee, O Lord.

AND JESUS, full of the Holy Spirit, returned from the Jordan, and was led by the Spirit for forty days in the wilderness, tempted by the devil. And he ate nothing in those days; and when they were ended, he was hungry. The devil said to him, “If you are the Son of God, command this stone to become bread.” And Jesus answered him, “It is written, ‘Man shall not live by bread alone.’ ” And the devil took him up, and showed him all the kingdoms of the world in a moment of time, and said to him, “To you I will give all this authority and their glory; for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it shall all be yours.” And Jesus answered him, “It is written, ‘You shall worship the Lord your God, and him only shall you serve.’ ” And he took him to Jerusalem, and set him on the pinnacle of the temple, and said to him, “If you are the Son of God, throw yourself down from here; for it is written, ‘He will give his angels charge of you, to guard you,’ and ‘On their hands they will bear you up, lest you strike your foot against a stone.’ ” And Jesus answered him, “It is said, ‘You shall not tempt the Lord your God.’ ” And when the devil had ended every temptation, he departed from him until an opportune time.

The Gospel of the Lord.

People’s response: Praise be to thee, O Christ.

The Sermon

The Rev. Marta S. Rivera Monclova, PhD, *Curate*



The Nicene Creed (*said by all*)

Prayer Book p. 327

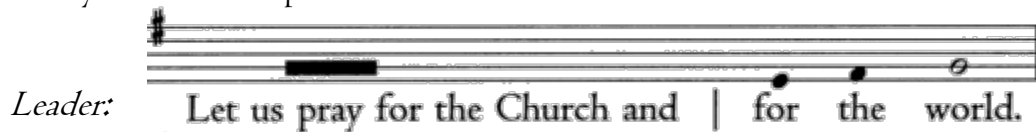
I BELIEVE IN ONE GOD, the Father Almighty,
maker of heaven and earth, and of all things visible and invisible;
And in one Lord Jesus Christ, the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light, very God of very God, begotten, not made,
being of one substance with the Father; by whom all things were made;
who for us men and for our salvation came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary, and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried
and the third day he rose again according to the Scriptures, and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory, to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped and glorified;
who spake by the Prophets.

And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;

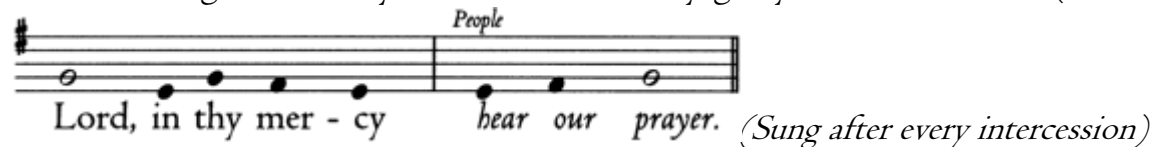
✠ and I look for the resurrection of the dead, and the life of the world to come. Amen.





Leader: Let us pray for the Church and | for the world.

GRANT ALMIGHTY GOD, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. *(Silence)*



Lord, in thy mer - cy *People* hear our prayer. *(Sung after every intercession)*

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

Leader: Watch over thy children *Gregory, Ruth, Sheryl & Kathie*, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days / of their lives. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

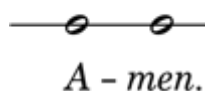
Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

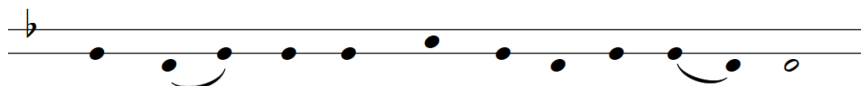
Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. *(Silence)*
 Lord, in thy mercy *People: hear our prayer.*

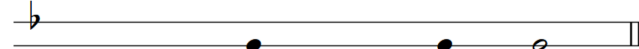
Celebrant: LORD, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. *People*



The Peace



Celebrant: The peace of the Lord be al-ways with you.



People: And with thy spi - rit.

The Ministers and People greet one another in the Name of the Lord.



THE HOLY COMMUNION

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Scapulis suis*

Mode VIII

THE LORD SHALL DEFEND THEE UNDER HIS FEATHERS, and under his wings thou shalt find refuge: his faithfulness and his truth shall be thy shield and buckler.

Motet (*choir*)

Richard Farrant/Hilton, late 16th c.

LORD, for thy tender mercy's sake, lay not our sins to thy charge, but forgive that is past, and give us grace to amend our sinful lives: to decline from sin, and incline to virtue, that we may walk in a perfect heart before thee now and evermore. Amen.

J. Bull, 1568

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

Celebrant *People*
The Lord be with you. And with thy spi- rit.

Celebrant *People*
Lift up your hearts. We lift them up un-to the Lord.

Celebrant
Let us give thanks un- to our Lord God.

People
It is meet and right so to do.

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus (*sung by all*)

Ho - ly, ho - ly, ho - ly, Lord
God of Hosts: Hea - ven and earth are full
of thy glo - ry. Glo-ry be to thee, O Lord Most High.
Bless - ed is he that com - eth in the name of the Lord.
Ho - san - na in the high - est.

The Canon of the Mass

Celebrant: Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

People

—•—○—○—
A- men.

The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,

(All)



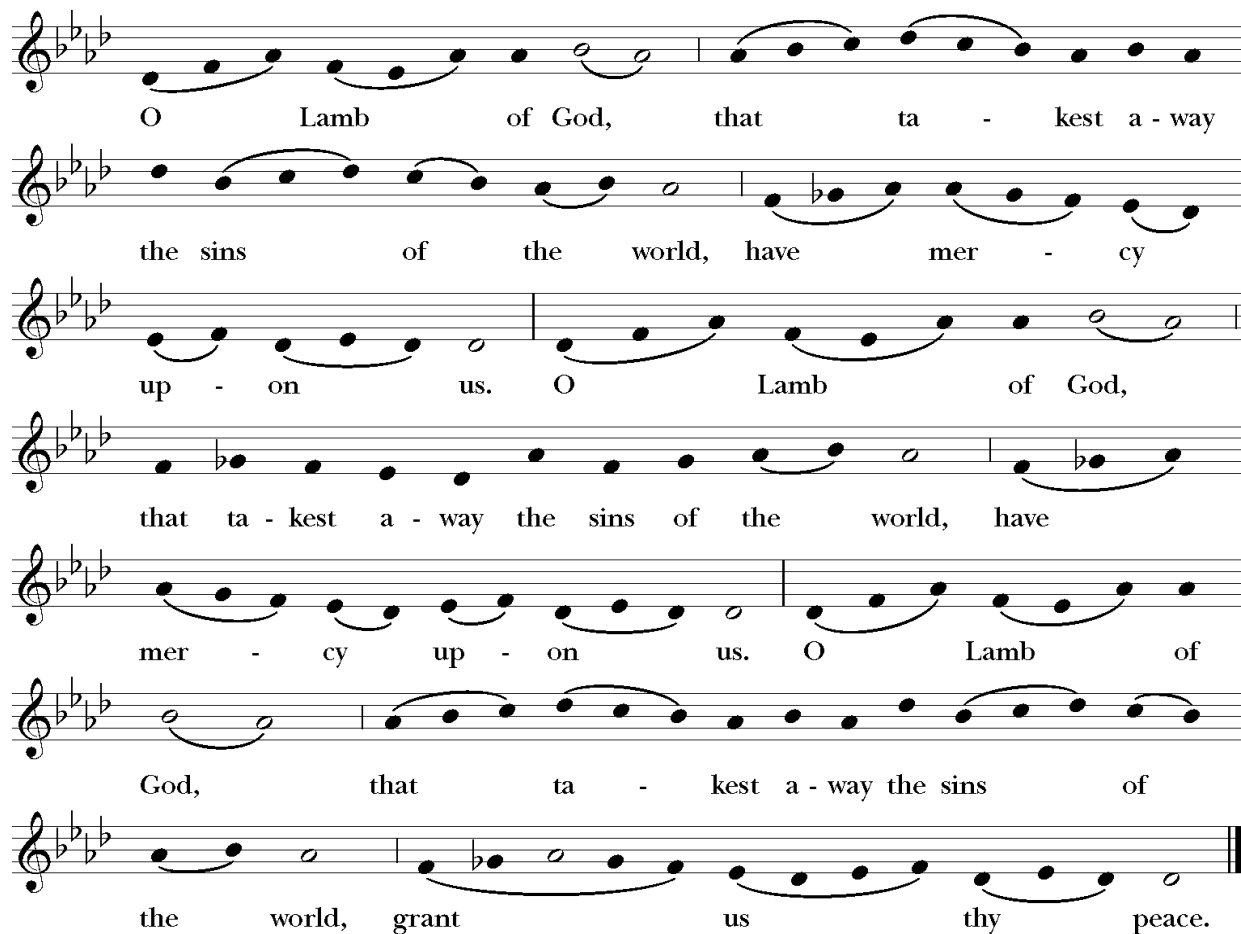
Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
thy king-dom come, thy will be done, on earth as it is in hea-ven.
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
as we for-give those who tres-pass a-gainst us. And lead us not in-to
temp-ta-tion, but de-liv-er us from e-vil. For thine is the king-dom,
and the power, and the glo-ry, for ev-er and ev-er. A-men.

The Fraction

Celebrant: Christ our Pass-ov-er is sac-ri-fic'd for us.

People: There-fore let us keep the feast.

Agnus Dei (*sung by all*)



O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Scapulis suis*

Mode III

THE LORD SHALL DEFEND THEE UNDER HIS FEATHERS, and under his wings shalt thou find refuge; his faithfulness and his truth shall be thy shield and buckler.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Hymn 142 (*sung by all*)

“Lord, who throughout these forty days”

St. Flavian

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bid with us, that so, this life of suf - fer - ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bid.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing

MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.*

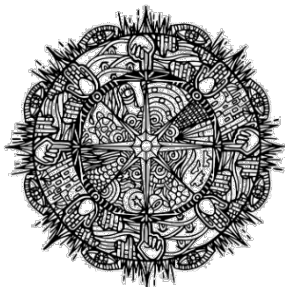
May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

Deacon: Let us go forth in peace to love and serve the Lord.

The People respond: Thanks be to God.



The Last Gospel

St. John I: I-14

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: ✠ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



THE ANGELUS

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(*Here genuflect*) *Celebrant:* And the Word was made flesh.

(*Here rise*) *People:* And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*

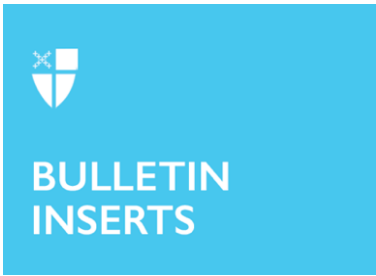
1 A might - y for - tress is our God, a bul - wark nev - er
 2 Did we in our own strength con - fide, our striv - ing would be
 3 And though this world, with dev - ils filled, should threat - en to un -
 4 That word a - bove all earth - ly powers, no thanks to them, a -

fail - ing; our help - er he a - mid the flood
 los - ing; were not the right man on our side,
 do us; we will not fear, for God hath willed
 bid - eth; the Spi - rit and the gifts are ours

of mor - tal ills pre - vail - ing: for still our an - cient foe
 the man of God's own choos - ing: dost ask who that may be?
 his truth to tri - umph through us; the prince of dark - ness grim,
 through him who with us sid - eth: let goods and kin - dred go,

doth seek to work us woe; his craft and power are great,
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,
 we trem - ble not for him; his rage we can en - dure,
 this mor - tal life al - so; the bo - dy they may kill:

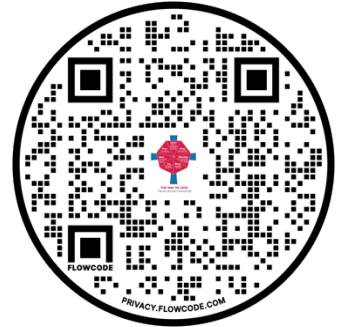
and, armed with cru - el hate, on earth is not his e - qual.
 from age to age the same, and he must win the bat - tle.
 for lo! his doom is sure, one lit - tle word shall fell him.
 God's truth a - bid - eth still, his king - dom is for ev - er.



March 9, 2025 – Lent 1 (C)

Week 1: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore *Life Transformed: The Way of Love in Lent*, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 1

Sunday, March 9

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 1. The topic is based on the practice "Turn" and is titled, "Dead to Sin, Alive in Christ".

Read: Romans 6:3-11

Monday, March 10

Today's Prompt: What is most meaningful to you in worship?

Read: Book of Common Prayer, p. 281

Tuesday, March 11

Today's Prompt: Go for a walk today and pray with your feet, each step with intention.

Read: "Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.'" – Isaiah 2:3a

Wednesday, March 12

Today's Prompt: Where do you see the seven practice of the Way of Love in this story?

Read: "They were trying to bring him in and lay him before Jesus, but, finding no way to bring him in because of the crowd, they went up on the roof and let him down on the stretcher through the tiles into the middle of the crowd in front of Jesus.." – Luke 5:19

Thursday, March 13

Today's Prompt: Who has taught you to live a Jesus-filled life? Who have you taught?

Read: "So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day." – 2 Corinthians 4:16

Friday, March 14

Today's Prompt: Where can you go and intentionally provide kindness?

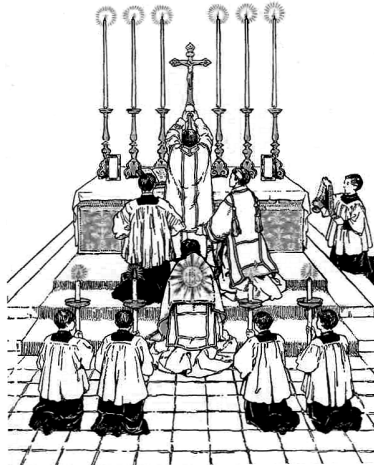
Read: "Blessed are those who mourn, for they will be comforted." – Matthew 5:4

Saturday, March 15

Today's Prompt: How do you incorporate rest in your life?

Read: "Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being." – Jer. 6:16

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† LENTEN PROGRAMS 2025 †

COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, beginning March 7th

4:00 P.M. Please join us for our **Lenten discussions** ~

Cultivating the Fruit of the Spirit in Heart, Soul, Strength and Mind

[Tea, coffee, sandwiches and sweets, provided]

5:45 P.M. **Lenten Organ Meditation** (*also on Facebook Live*)

6:00 P.M. **Stations of the Cross & Benediction** (*also on Facebook Live*)



All are welcome!

Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106 ~ 860 233-0825

www.gracehartford.org

Visit "Grace Episcopal Church, Hartford CT" on Facebook

GRACE NOTES

March 9 *The First Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).

- *Bishops and Clergy:* Justin, *Archbishop of Canterbury*; Sean, *Presiding Bishop*; Jeffrey and Laura, *Bishops of ECCT*; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our curate.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. Monica's, Hartford; Trinity, Hartford; St. Peter's, Hebron; St. James', Higganum; all ministries to, with and for women; and the Girl's Friendly Society. *The Anglican Church of Canada.*
- *World & Community Concerns:* For peace throughout the world, especially between Iran, Israel, and Gaza, and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Gregory Simmons & Ruth Grant (both on Sun.), Sheryl Rifkin (Wed.), and Kathie Rovetti (Thu.) whose birthdays we celebrate this week.
- *Sick or in need:* Heather; Antoinette; Kenneth & Adrienne; The Vela Cruz Family; David; Neil; Mark; Jerry; Bonnie & the Burns Family; Lea; Megin; Walter & Claudia; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Kathy; Patti; Delores; Nancy; Marcolina; Peter; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of Elizabeth MacKiernan Miel, all soldiers and civilians killed in war or civil strife, and in memory of Robert May, Robert Berry, Ruth Ray, Phyllis G. Atwood, Elizabeth McNulty, and Lloyd Odell.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK.
Please join and help us spread the good news online!



THIS WEEK AT GRACE



Sunday, March 9 *The First Sunday in Lent*

2:00 a.m. **DAYLIGHT SAVINGS BEGINS**

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (*also on Facebook Live*)

Tuesday, March 11 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

Wednesday, March 12 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: **Choir Rehearsal**

Thursday, March 13 *Lenten Feria*

10:00 a.m.: *"A Place of Grace"* food pantry distribution

Friday, March 14 *Lenten Feria*

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: **LENTEN BIBLE STUDY** ~ Cultivating Peace

5:45 p.m.: **LENTEN ORGAN MEDITATION** (*also on Facebook Live*)

6:00 p.m.: **STATIONS OF THE CROSS** (*also on Facebook Live*)

Sunday, March 16 *The Second Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Solemn High Mass (*also on Facebook Live*)



Visit "Grace Episcopal Church, Hartford CT" on **FACEBOOK**.

Please join, and help us spread the good news online!

