# GRACE EPISCOPAL Church



*The Sixteenth Sunday after Pentecost* ~ Proper I8B

September 8, 2024

Service Program for the 10:30 a.m. Solemn High Mass Bulletin Insert from the Episcopal Church *Grace Notes This Week at Grace* 

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WE are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

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The Rev. Canon Robert G. Carroon, Associate Priest The Rev. Canon Annika Warren, Associate Priest The Rev. Joseph L. Pace, Associate Priest The Rev. Deacon Marta S. Rivera Monclova, PhD, Deacon Mr. Kyle Swann, Choirmaster and Organist

The Vestry

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**ELCOME** to all who are joining with us virtually as we celebrate *THE SIXTEENTH SUNDAY AFTER PENTECOST.* We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

# GRACE EPISCOPAL Church

# The Sixteenth Sunday after Pentecost

September 8, 2024

Sung Mass, IO:30 A.M.

Proper I8B

Mass Setting: *Missa de Sancta Maria Magdalena This setting of the Ordinary of the Mass is for congregational singing.* Healey Willan (d. 1968)

Voluntary: Kyries, from Mass for the Parishes

François Couperin (d. 1733)

## Entrance Rite and The Liturgy of the Word

Introit (choir) Justus es, Domine

Tone VII

[Antiphon] RIGHTEOUS ART THOU, O LORD, and true is thy judgement: deal with thy servant according unto thy merciful kindness. [Psalm] Blessed are those that are undefiled in the way: and walk in the law of the Lord. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be: world without end. Amen. [Repeat antiphon.]

Opening Acclamation

Celebrant: ₩ Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Collect for Purity

ALMIGHTY GOD, unto whom all hearts are open, all desires known, and from whom no Asecrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen*.

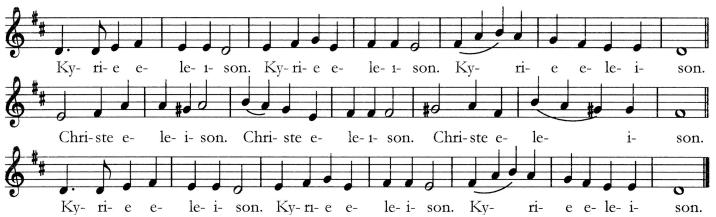
Summary of the Law

Hear what our Lord Jesus Christ saith:

THOU shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Kyrie eleison (sung by all)

H. Willan





H. Willan

Gloria in excelsis (sung by all)

All Cantor Glo-ry be to God on high,] and on earth peace, good will towards men. we bless thee, We praise thee, we worship thee, we glo- ri- fy thee, we give thanks to thee for thy great glo-ry, Lord God, heaven-ly 0 the Fa-ther Al-King, God might-O Lord, the ty. on- ly be-got-ten Son, Je-sus Christ; O Lord God, Lamb of God. Son of the 10 Fa-ther, that ta- kest away the sins of the world, have mer- cy up- on us. way the sins of the world, re- ceive our prayer. Thou that Thou that tak-est aright hand of God the Fa-ther, have sit-test at the mer-cy up- on us. For thou on- ly art hothou on-ly art the Lord; thou only; ly, O Christ, with the Ho-'Ghost, most high in the glo-ry of lv art God the ther. Fa-Amen. The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* And with thy spirit.

Celebrant: Let us pray.

GRANT us, O Lord, we pray thee, to trust in thee with all our heart; seeing that, as Gthou dost always resist the proud who confide in their own strength, so thou dost not forsake those who make their boast of thy mercy; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.* 

Old Testament Lesson: Isaiah 35: 4-7a [NRSV]

A Reading from the Book of Isaiah.

SAY to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you." Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water.

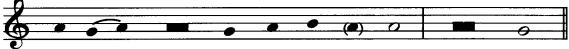
The Word of the Lord.



Gradual: Psalm I46

*Lauda, anima mea* (Congregation sings the italicized verses.)

Tone IV.6



I PRAISE THË LORD, O my soul: while I live, will I | praise the Lord; *\* yea, as long as I have any being, I will sing praises unto my | God.* 

2 *O put not your trust in princes, nor in any | child of man;* \* for there is no help in | them.

- 3 For when the breath of man goeth forth, he shall turn again | to his earth, \* and then all his thoughts pe-|rish.
- 4 Blessed is he that hath the God of Jacob | for his help, \* and whose hope is in the LORD his | God:
- 5 Who made heaven and earth, the sea, and all that | therein is; \* who keepeth his promise for e- | ver;
- 6 Who helpeth them to right that | suffer wrong; \* who feedeth the hun-|gry.
- 7 The LORD looseth men | out of prison;
  \* the LORD giveth sight to the | blind.
- 8 The LORD helpeth them | that are fallen; \* the LORD careth for the right-|eous.
- 9 The LORD careth for the strangers<sup>†</sup>; he defendeth the father-|less and widow:
  \* as for the way of the ungodly, he turneth it upside | down.
- 10 The LORD thy God, O Sion, shall be King for | evermore, \* and throughout all genera-/tions.



Priest Reaching Out to Help a Man with Leprosy ~ Basílica de Sao Francisco des Chagas ~ Caninde, Brazil The Epistle: James 2: I-I0 (II-I3), I4-I7 [NRSV]

A reading from the Letter of James.

Y brothers and sisters, do you with your acts of favoritism really believe in our Iglorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. [For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.] What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

The Word of the Lord.



Alleluia *Exaudi orationem meam* 



Tone VI





The Holy Gospel: St. Mark 7: 24-37 [RSV]

Deacon:The Holy Gospel of our Lord Jesus Christ according to Mark.People's response:& Glory be to thee, O Lord.

ND from there he arose and went away to the region of Tyre and Sidon. And he Aentered a house, and would not have any one know it; yet he could not be hid. But immediately a woman, whose little daughter was possessed by an unclean spirit, heard of him, and came and fell down at his feet. Now the woman was a Greek, a Syrophoenician by birth. And she begged him to cast the demon out of her daughter. And he said to her, "Let the children first be fed, for it is not right to take the children's bread and throw it to the dogs." But she answered him, "Yes, Lord; yet even the dogs under the table eat the children's crumbs." And he said to her, "For this saying you may go your way; the demon has left your daughter." And she went home, and found the child lying in bed, and the demon gone. Then he returned from the region of Tyre, and went through Sidon to the Sea of Galilee, through the region of the Decapolis. And they brought to him a man who was deaf and had an impediment in his speech; and they besought him to lay his hand upon him. And taking him aside from the multitude privately, he put his fingers into his ears, and he spat and touched his tongue; and looking up to heaven, he sighed, and said to him, "Ephphatha," that is, "Be opened." And his ears were opened, his tongue was released, and he spoke plainly. And he charged them to tell no one; but the more he charged them, the more zealously they proclaimed it. And they were astonished beyond measure, saying, "He has done all things well; he even makes the deaf hear and the dumb speak."

The Gospel of the Lord.

*People's Response:* Praise be to thee, O Christ.

The Rev. Rowena J. Kemp, *Rector* 







The Prayers of the People

Form IV

	#
Leader:	Let up your fam the Chunch and I fam the month
LCayci	Let us pray for the Church and   for the world.
	Grant almighty God, that all who confess thy Name may be united in thy truth,
	live together in thy love, and reveal thy glory / in the world. <i>(Silence)</i>
	People
	Lord, in thy mer - cy hear our prayer. (Sung after every intercession)
Leader:	Guide the people of this land, and of all the nations, in the ways of justice and
	peace; that we may honor one another and serve the / common good. (Silence)
<b>T</b> 1	Lord, in thy mercy <i>People:</i> hear our prayer.
Leader:	Give us all a reverence for the earth as thine own creation, that we may use its
	resources rightly in the service of others and to thy hon-/or and glory. <i>(Silence)</i> Lord, in thy mercy <i>People:</i> hear our prayer.
Leader:	We pray for an increase in the membership of this parish; that we may have the
Leader	hands and hearts to carry / out thy will. <i>(Silence)</i>
	Lord, in thy mercy <i>People:</i> hear our prayer.
Leader:	We commend to thy gracious care and keeping all the men and women of our
	armed forces at home and abroad [especially N.]. Defend them day by day
	with thy heavenly grace; strengthen them in their trials and temptations; give
	them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. <i>(Silence)</i>
	Lord, in thy mercy <i>People:</i> hear our prayer.
Leader:	Comfort and heal all those who suffer in body, mind, or spirit (pause); give
	them courage and hope in their troubles, and bring them the joy of / thy
	salvation. (Silence)
	Lord, in thy mercy <i>People:</i> hear our prayer.
Leader:	We commend to thy mercy all who have died, that thy will for them may be
	fulfilled <i>(pause)</i> ; and we pray that we may share with all thy saints in thine e-/ternal kingdom. <i>(Silence)</i>
	Lord, in thy mercy <i>People:</i> hear our prayer.
Celebran	<i>t:</i> Lord, hear the prayers of thy people; and what we have asked faithfully, grant
that we may obtain effectually, to the glory of thy Name; through Jesus Christ	
	our Lord. People
	<del></del>

Confession of Sin and Absolution

- *Deacon:* Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.
- *People:* Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.
- *Celebrant:* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, ₱ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

Hear the Word of God to all who truly turn to him.

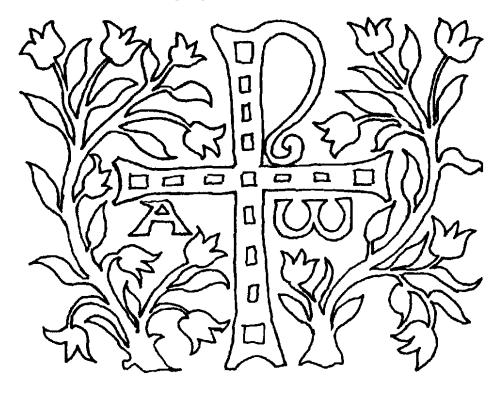
Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Matthew II: 28* God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3: 16* 

The Peace

Celebrant: The peace of the Lord be always with you.

*People:* And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.



### The Holy Communion

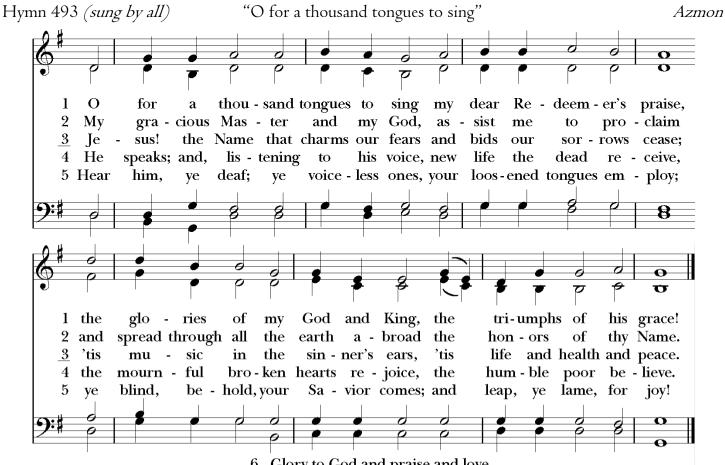
Offertory Sentence

*Celebrant:* Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14* 

Tone II

#### Offertory (choir) Oravi Deum

I, Daniel, prayed unto the Lord my God, and said: Hear, O our God, the prayer of thy servant. Cause thy face to shine upon thy sanctuary: and behold, O God, this thy people, who are called by thy Name.



6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.



Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

*People:* And of thine own have we given thee.

Orate

- *Celebrant:* Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.
- *People:* May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda



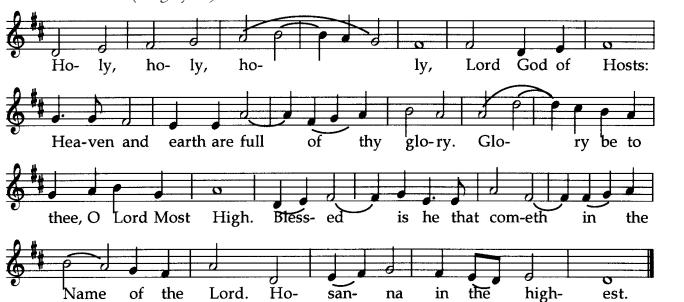
#### Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus *(sung by all)* 



H. Willan

The Canon of the Mass

*Celebrant:* Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."  $\clubsuit$ 

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."  $\blacksquare$ 

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

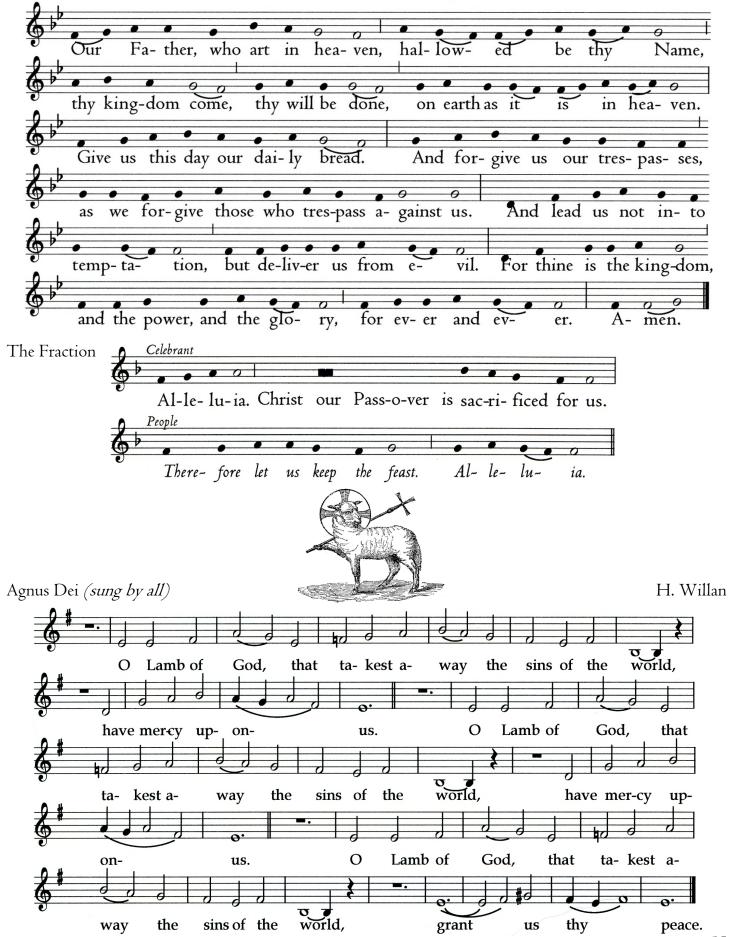
And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

 $\mathbf{B}^{\mathrm{Y}}$  whom, and with whom, in the unity of the Holy Ghost all honor and glory be Bunto thee, O Father Almighty, world without end.

People

The Lord's Prayer (sung by all)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,



Prayer of Humble Access (said by all)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

- *Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.
- *People:* Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

Communion (choir) Vovete

Tone I

VERILY, I say unto you, what things soever ye desire, when ye pray: believe that ye receive them, and it shall be done unto you.



Prayer of Spiritual Communion *(said by those worshipping virtually)* 

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.





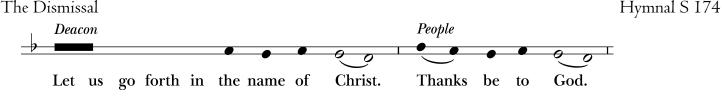
Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

*People:* Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty,  $\blacksquare$  the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.* 



The Last Gospel

St. John I: I-I4

Celebrant: The Lord be with you.

*People:* And with thy spirit.

Celebrant: The Beginning of the holy Gospel according to John.

*People:*  $\blacksquare$  Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not.

There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light.

That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.



*(Here genuflect)* AND THE WORD WAS MADE FLESH, *(Here rise)* and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth. *People:* Thanks be to God.

Salve Regina *(choir)* 

SALVE REGINA, mater misericordiæ: Vita, dulcédo, et spes nostra salve. Ad te Sclamamus, exsules filii Hevæ. Ad te suspiramus, gementes et flentes in hac lacrimarum valle. Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Jesum, benedictum fructum ventris tui, nobis post hoc exsilium ostende. O clemens, O pia, O dulcis Virgo Maria.

[Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us; and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.]



## The Angelus

*Celebrant:* The Angel of the Lord announced unto Mary.

*People:* And she conceived by the Holy Ghost.

- *Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.
- *People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

*People:* Be it unto me according to thy word.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(Here genuflect) Celebrant: And the Word was made flesh.

(Here rise) People: And dwelt among us.

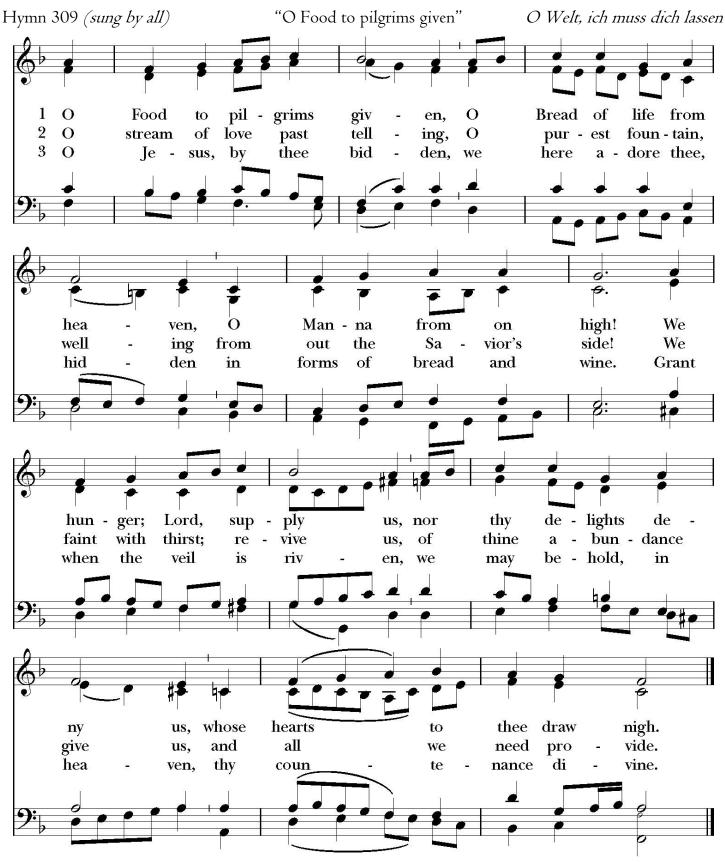
- *Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.
- *People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

*People:* That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his \* Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen*.



Voluntary: Gloria, from Mass for the Parishes



F. Couperin



#### September 8, 2024 – Pentecost 16 (B) Explore the Way of Love: PRAY

Our day to day lives can be hurried and busy. We have so many things to do and so little time to do them. With devices and media asking for our time, so much to do and hear and say – it can make us feel overwhelmed and isolated. It can make our relationships challenging, as we struggle to connect.

The practice of the Way of Love, following in the footsteps of Jesus, tells us that God wants to break through the noise and busy-ness of the world and be able to have a relationship with us – with you. Not as a distant god in a far-off sky, or as a theory or an ideal or a metaphor, but a presence, dwelling with us, here and now. And the way to make that connection is to Pray.

As the Psalmist tells us: "The LORD is near to all who call on him, to all who call on him in truth." Jesus taught us that it is nourishing and strengthening to intentionally take time to pray. The daily practice of making time and space to speak with God, to listen to God, or to simply be with God, clears a pathway for God to enter our lives.

Jesus told us how we can talk with God: We can praise God and thank God for all that has been done. We can tell God about our troubles, and God will listen. We can ask God for healing and forgiveness, and God will help restore us. We can ask God for protection, and face the world with courage. Or we can simply receive God's spirit, in faith that when we make space to pray, God is with us.

We can pray alone and know that we are not alone in this world. We can pray together, whether just two or three of us or a whole community, and find a whole new level of connection with those who are on the journey with us. As Jesus tells us in the Gospel of Matthew: "For where two or three are gathered in my name, I am there among them."



The Way of Love is not a static practice, in which we read a book of rules and perform the exercises to become improved people. It is a dynamic practice, and part of the active process of transforming our lives is opening up the channels of communication with God, giving and taking, talking and listening, like electricity flowing through a cable or streams that connect a river to the sea. We create a connective flow with a God who loves and cares about us, who and where we are on a daily basis, and wants to know how you are doing today.

Are you making a commitment to incorporate the regular practice of prayer into your life? Is there a place where you can gather with others in the presence of the divine?

Learn more about the Way of Love at *episcopalchurch.org/wayoflove*. You can find suggestions on getting started and going deeper with Praying at *iam.ec/ewol*.

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## **September 8** The Sixteenth Sunday after Pentecost ~ Proper 18

#### FOR PASTORAL ASSISTANCE

**THE REV. ROWENA KEMP** welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

#### PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

<mark>A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks.</mark> <u>Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).</u>

- Bishops and Clergy: Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; Rowena, Jerry, Annika, and Joseph, our priests, and Marta, our deacon.
- Diocesan Cycle of Prayer: We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will; for the Episcopal Church in CT & the Anglican Communion; Trinity, Southport; Grace Church, Stafford Springs; those involved in the ministry in Christian Formation in parishes; church school & youth group directors, teachers, & mentors; adult education leaders; Education for Ministry leaders and students; and those who have been received into The Episcopal Church. *The Church of the Province of Myanmar (Burma)*.
- *World & Community Concerns:* For peace throughout the world, especially between Iran, Israel, and Gaza, and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- Serving Our Country in the Military (especially those associated with Grace Church): Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Victoria & Thomas Burns, celebrating their 39<sup>th</sup> wedding anniversary on Sunday.
- Sick or in need: The Grange & Fisher Families; Lea & the Rivera Family; Mark; Jerry; Bonnie & the Burns Family; Megin; Patti; Walter & Claudia; Tom & Elaine; Ellen; Sally; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Mary; Antoinette; Josephine, Melissa, Jaden, Tay, Soraya & Rapael; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Delores; Nancy; Marcolina; Peter; Sr. Linda; Leonard; Joy; Cori and the Mackey Family; Brad & Mary; Judy; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of Monica Grange, Leonard "Bill" Wallace, The Rev. Maria Agosto, all soldiers and civilians killed in war or civil strife, and in memory of Harold Adams, Hugh Jackson, Helen Hilt, Peter Knapp, and George Watt.

∞~~~~~ <sup>y</sup> <sup>†</sup>GRACE EPISCOPAL CHURCH <sup>†</sup> <sup>y</sup> ~~~~~~ THE REV. ROWENA J. KEMP, RECTOR 55 New Park Avenue, Hartford, CT 06106-2123 Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022 Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org Church e-mail: church@gracehartford.org Website: www.gracehartford.org Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK. Please join and help us spread the good news online!

## THIS WEEK AT GRACE

Sunday, September 8 The Sixteenth Sunday after Pentecost ~ Proper 18 8:00 am: Low Mass 10:30 a.m.: Sung Mass (also on Facebook Live)

~12:00 noon: PANTRY APPRECIATION PICNIC & BBQ

Tuesday, September 10 Alexander Crummell, Priest, Missionary, and Educator, 1898 10:00 a.m. to 1:00 p.m.: Office Hours

> Wednesday, September 11 Feria 10:00 a.m. to 1:00 p.m.: Office Hours 7:00 p.m.: Choir Rehearsal's Resume

Thursday, September 12 John Henry Hobart, Bishop of New York, 1830 10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, September 13 *Cyprian, Bishop and Martyr of Carthage, 258* 1:00 p.m. to 4:00 p.m.: Office Hours

Sunday, September 15 The Seventeenth Sunday after Pentecost ~ Proper 19 8:00 am: Low Mass

10:30 a.m.: Sung Mass (also on Facebook Live)

So-----ジ キ ジ ジ キ ジ ----- で <u>Visit "Grace Episcopal Church, Hartford CT" on FACEBOOK</u> Please join, and help us spread the good news online!

# **PANTRY APPRECIATION PICNIC**

# at Grace Episcopal Church

## TODAY, September 8, 2024

Please help us thank our "A PLACE OF GRACE" Food Pantry workers Show DOUG BOWMAN an appreciative send-off before his departure

& WELCOME

THE RETURN OF THE REV. ROWENA KEMP

from her Sabbatical Please join us for 10:30 a.m.: Solemn High Mass



& 12 noon: BBQ

(hopefully!) held outside at Grace Church

WE HOPE TO SEE YOU HERE!

