grace episcopal church



The Fifth Sunday in Lent

March 17, 2024

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Grace Episcopal Church

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We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, Rector

Cell phone: 203-209-4178 Church office: 860-233-0825

Email: RevRowena@gracehartford.org

The Rev. Canon Robert G. Carroon, Associate Priest
The Rev. Canon Annika Warren, Associate Priest
The Rev. Joseph L. Pace, Associate Priest
Mr. Kyle Swann, Choirmaster and Organist

The Vestry

Claudia Gwardyak, Senior Warden; Barbara Galbreath, Junior Warden Katharine Rovetti, Parish Clerk Mark Lacedonia, Treasurer; Barbara Galbreath, Assistant Treasurer Douglas Bowman, Adrianne Brown, Josephine Dominguez, Linda Galarza-Rosa, Pamela Glasner, Gregory Simmons

TELCOME to all who are joining with us virtually as we celebrate *THE FIFTH SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

grace episcopal church

The Fifth Sunday in Lent

March 17, 2024

The Great Litany and Sung Mass, 10:30 A.M.

Propers of Year B

Mass Setting: Communion Service in E major

Leo Sowerby (d. 1968)

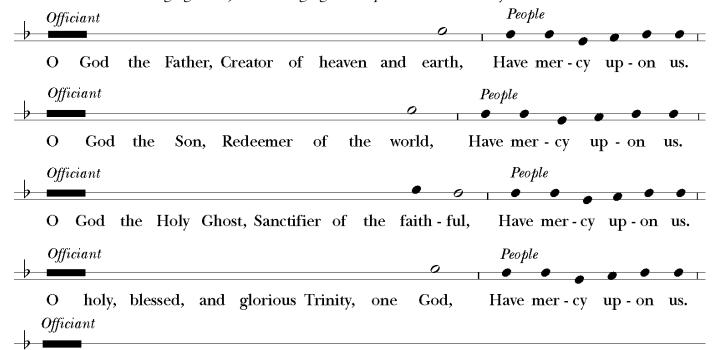
This setting of the Ordinary of the Mass will be sung by the choir.

Voluntary: Herzlich thut mich verlangen

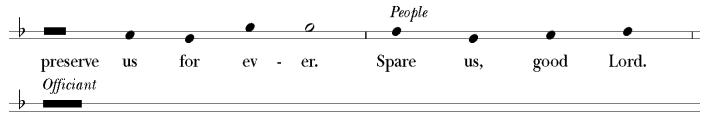
Johann Sebastian Bach (d.1750)

The Great Litany in Procession

The congregation joins in singing the responses of the Litany with the choir.



Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy



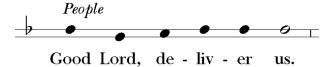
From all evil and wickedness; from sin; from the crafts and assaults of the

devil; and from everlast-ing dam - na - tion,



Good Lord, de - liv - er us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,



From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil.

Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

People

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived, We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel, We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts, We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

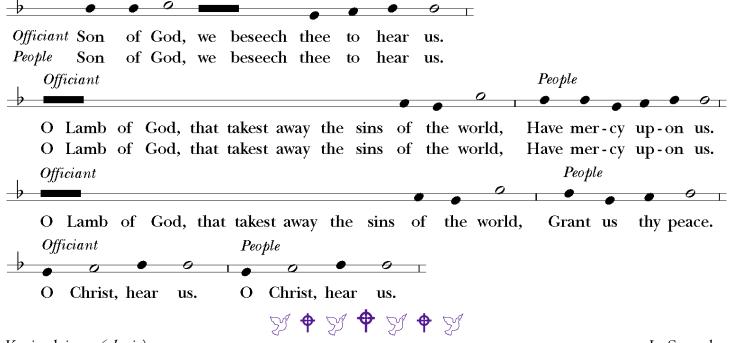
We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of [_____ and] all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.



Kyrie eleison (choir)

L. Sowerby

KYRIE ELEISON. Christe eleison. Kyrie eleison. [Lord, have mercy. Christ, have mercy. Lord, have mercy.]

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and forever. *Amen.*

The Old Testament Lesson: Jeremiah 31: 31-34 [NRSV]

A Reading from the Book of Jeremiah.

"THE days are surely coming," says the LORD, "when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of

Egypt — a covenant that they broke, though I was their husband," says the LORD. "But this is the covenant that I will make with the house of Israel after those days, says the LORD: "I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, 'Know the LORD,' for they shall all know me, from the least of them to the greatest," says the LORD; "for I will forgive their iniquity, and remember their sin no more."



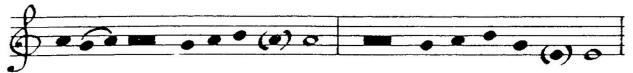
The Word of the Lord.

Congregation's Response: Thanks be to God.

Gradual: Psalm 51 Miserere mei, Deus

Tone IV.4

(Congregation sings the italicized verses.)



I HAVE MËRCY upon me O God, after | thy great goodness;

* according to the multitude of thy mercies do a- | way mine offences.

2 Wash me throughly | from my wicked $^{\wedge}$ ness,

*— | and cleanse me from my ^ sin.

3 For I ac- | knowledge my faults,

* and my sin is | ever before me.

4 Against thee only have I sinned, and done this | evil in thy ^ sight;

* that thou mightest be justified in thy saying, and | clear when thou shalt judge.

5 Behold, I was sha- | pen in wicked^ness,

* and in sin hath my | mother conceiv'd me.

6 But lo, thou requirest truth | in the inward ^ parts,

* and shalt make me to under-|stand wisdom secret^ly.

7 Thou shalt purge me with hyssop, and | I shall be clean;

* thou shalt wash me, and I shall | be whiter than snow.

8 Thou shalt make me hear of | joy and gladness,

* that the bones which thou hast | broken may rejoice.

9 Turn thy face | from my sins,

* and put | out all my misdeeds.

10 Make me | a clean heart O ^ God,

* and renew a right | spirit within me.

11 Cast me not away | from thy presence,

* and take not thy ho- | ly Spirit from me.

12 O give me the comfort | of thy help a^gain, * and stablish me | with thy free Spirit.

The Epistle: Hebrews 5: 5-I0 /NRSV/

A Reading from the Letter to the Hebrews.

CHRIST did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchizedek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

The Word of the Lord.

People's Response: Thanks be to God.

Tract (choir) Saepe expugnaverunt me

Tone VIII

May Israel now say: Yea, many a time have they vexed me from my youth up. But they have not prevailed against me: the plowers ploughed upon my back. And made long furrows: but the righteous Lord hath hewn the snares of the ungodly in pieces.

The Holy Gospel: St. John 12: 20-33 [RSV]

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People's response:

■ Glory be to thee, O Lord.

Now among those who went up to worship at the feast were some Greeks. So these came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; Andrew went with Philip and they told



Jesus. And Jesus answered them, "The hour has come for the Son of man to be glorified. Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. He who loves his life loses it, and he who hates his life in this world will keep it for eternal life. If any one serves me, he must follow me; and where I am, there shall my servant be also; if any one serves me, the Father will honor him.

"Now is my soul troubled. And what shall I say? 'Father, save me

from this hour? No, for this purpose I have come to this hour. Father, glorify thy name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing by heard it and said that it had thundered. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world, now shall the ruler of this world be cast out; and I, when I am lifted up from the earth, will draw all men to myself." He said this to show by what death he was to die.

The Gospel of the Lord.

People's response: Praise be to thee, O Christ.

The Nicene Creed (sung by all) Missa de Angelis AIICantor Cre - do in u - num De um. Pa trem o - mni - po - ten - tem, fa-cto-rem coe-li et ter-rae, vi-si-bi-li-um o - - mni-um, et in-vi-si-bi - - li-um. Et in u-num Do-mi-num Je-sum Chri-stum, Fi-li-um De-i u - ni - ge - ni - tum, Pa - tre tum o - mni - a na an - te sae cu - la. 28 lu-men de lu-mi-ne, De-um ve-rum de De-o ve-ro. De-um de De-o, Ge-ni-tum, non fa - - ctum, con-sub-stan-ti - a-lem Pa-tri: per quem o-mni-a fa-cta sunt. Qui pro-pter nos ho-mi-nes, et pro-pter no-stram sa-lu-tem de-scen-dit de coe-lis. 31 Et in-car-na-tus est de Spi-ri-tu San- cto ex Ma-ri-a Vir-gi-ne: et ho-mo fa-ctus est. 32 Cru-ci - fi - -xus e-ti-am pro no - bis sub Pon-ti-o Pi-la-to pas-sus et se-pul - - tus est. 33 Et re-sur-re-xit ter-ti-a di-e, se-cun-dum Scri-ptu-ras. Et a-scen- dit in coe - - lum: se-det ad dex-te-ram Pa - - tris. Et i - te-rum ven-tu-rus est cum glo-ri - a



The Prayers of the People and the Confession are omitted when the Great Litany is said.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.





The Holy Communion

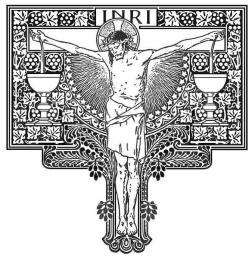
Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. Psalm 50: 14

Offertory (choir) Confitebor tibi

Mode I

I will give thanks unto thee, O Lord, with my whole heart. Deal bountifully with thy servant, that I may live, and keep thy word. O quicken thou me, according unto thy word, O Lord.



Motet (choir) Thomas Morley (d. 1602)

NOLO MORTEM peccatoris; haec sunt verba Salvatoris. [I do not wish the death of a sinner: these are the words of the Saviour.] Father, I am thine only Son, sent down from heav'n mankind to save. Father, all things fulfilled and done according to thy will, I have. Father, my will now all is this: Nolo mortem peccatoris. Father, behold my painful smart, taken for man on ev'ry side; ev'n from my birth to death most tart, no kind of pain I have denied, but suffered all, and all for this: Nolo mortem peccatoris. *Medieval carol*

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

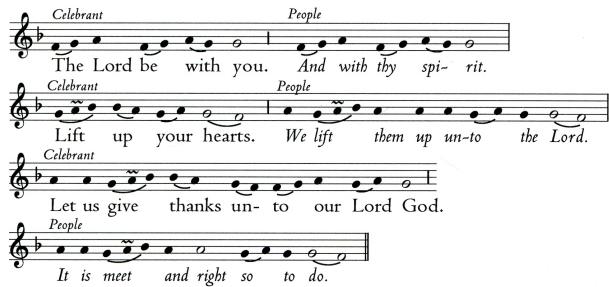
Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his

holy Name, both to our benefit and that of all his holy Church.

Sursum corda

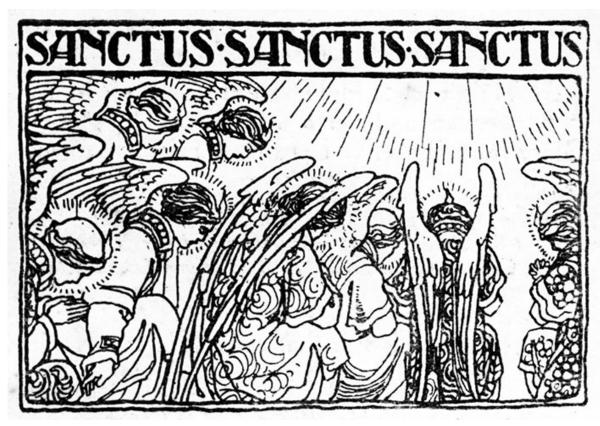


Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



Sanctus and Benedictus (choir)

L. Sowerby

HOLY, HOLY, Lord God of hosts, Heaven and earth are full of thy glory: Glory be to thee, O Lord most High.

Blessed is he that cometh in the Name of the Lord. Hosanna in the highest!

The Canon of the Mass

Celebrant: Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." *

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." *

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

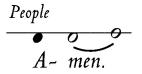
And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, * be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.



The Lord's Prayer (sung by all)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,



Agnus Dei *(choir)*

L. Sowerby

Camb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

There- fore let us keep the feast.

Prayer of Humble Access (said by all)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

Communion Proper (choir) Qui mihi ministrat

Mode V

 ${f I}^{
m F}$ any man serve me, let him follow me; and where I am, there also shall my servant be.

Prayer of Spiritual Communion (said by those worshipping virtually)
IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed
Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving.
I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee.
And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into
my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let
nothing ever separate me from Thee. Let me live and die in Thy love. Amen.



Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing

MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.* May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.* The blessing of God Almighty, ▼ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

Celebrant: Go in peace to love and serve the Lord.

The People respond: Thanks be to God.

The Last Gospel

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant:

▼ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

In the BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (Here genuflect) And the Word was made flesh, (Here rise) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

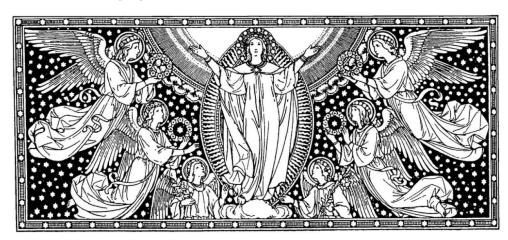
People: Thanks be to God.



St. John I: I-I4

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



The Angelus

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women

and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our

death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women

and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our

death. Amen.

(Here genuflect) Celebrant: And the Word was made flesh.

(Here rise) People: And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women

and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our

death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*





March 17, 2024 – Lent 5 (B) Week 5: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 5

Sunday, March 17

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 5. The topic is based on the practice "Rest" and is titled, "The Valley of Dry Bones".

Read: Ezekiel 37:1-14

Monday, March 18

Today's Prompt: When you reflect on financial giving, are your palms open?

Read: "When the unclean spirit has gone out of a person, it wanders through waterless regions looking for a resting place, but it finds none. Then it says, 'I will return to my house from which I came.' When it returns, it finds it empty, swept, and put in order." – Matthew 12:43-44

Tuesday, March 19

Today's Prompt: Who might you have a conversation with to learn about God?

Read: "Your word is a lantern to my feet and a light upon my path." – Psalm 119:105

Wednesday, March 20

Today's Prompt: What are you thankful for? Read: "For we are aliens and transients before you, as were all our ancestors; our days on the earth are like a shadow, and there is no hope." – 1 Chronicles 29:15

Thursday, March 21

Today's Prompt: Where do you see the seven practices of the Way of Love in this story?

Read: "Finding no way to bring him in because of the crowd, they went up on the roof and let him down on the

stretcher through the tiles into the middle of the crowd in front of Jesus." – Luke 5:19

Friday, March 22

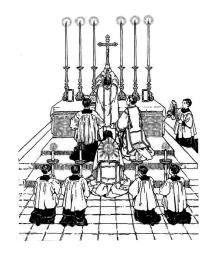
Today's Prompt: How do your creative outlets impact on taking rest?

Read: Genesis 1:1-24

Saturday, March 23

Today's Prompt: Practice lectio divina with this scripture: Read: "But when he came to his senses he said, 'How many of my father's hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands." 'So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his slaves, 'Quickly, bring out a robe—the best one—and put it on him; put a ring on his finger and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate, for this son of mine was dead and is alive again; he was lost and is found!' And they began to celebrate." - Luke 15:17-24

Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.



*LENTEN PROGRAMS 2024 * COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, beginning February 16th

5:45 P.M. Lenten Organ Meditation (also on Facebook Live) 6:00 P.M. Stations of the Cross & Benediction (also on Facebook Live)



4:00 P.M. Five Fridays, February 23 to March 22 Please join us for our Lenten discussion "BEARING WITNESS"

a Biblical text-based program using video statements from people living in Jerusalem and beyond (from the *American Friends of the Episcopal Diocese of Jerusalem*) *Tea, coffee, baked goodies, and sandwiches provided*

All are welcome!

Grace Episcopal Church
55 New Park Avenue, Hartford, CT 06106 ~ 860 233-0825
Visit "Grace Episcopal Church, Hartford CT" on Facebook; www.gracehartford.org



HOLY WEEK & EASTER AT GRACE CALENDAR OF MASSES AND ACTIVITIES



Palm Sunday, March 24 ~ Sunday of the Passion

Distribution of palms and Reading of the PASSION ACCORDING TO MARK at both services

8:00 AM: LOW MASS

10:30 AM: Gather on the Grace Street porch

Blessing of the palms and procession (weather permitting)

SOLEMN HIGH MASS (also on Facebook Live)

Wednesday in Holy Week, March 27

9:30 AM: Low Mass (also on Facebook Live), followed by breakfast at Effie's

6:00 pm: Office of Tenebrae sung by *Haven Community*

7:00 PM: Choir Rehearsal



Maundy Thursday, March 28

10:00 AM: "A Place of Grace" food distribution

6:00 PM: SOLEMN HIGH MASS (also on Facebook Live)

Stripping of the Altar and Night Watch in the Chapel of Repose follow

(Please sign up for your half-hour or more of devotion)

Good Friday, March 29

12:00 NOON: GOOD FRIDAY LITURGY, VENERATION OF THE CROSS,

& MASS OF THE PRE-SANCTIFIED (also on Facebook Live)

2:00 pm: Choir Rehearsal

1:30-2:30 PM: Confession (Reconciliation of a Penitent) available

(Please make an appointment for confession with Rev. Rowena)

6:00 PM: STATIONS OF THE CROSS (also on Facebook Live)



10:00 AM: PROPER LITURGY FOR HOLY SATURDAY (also on Facebook Live)



7:00 PM: THE GREAT EASTER VIGIL AND THE FIRST MASS OF EASTER (also on Facebook Live)

Followed by Reception (please sign up in Parish Hall)



8:00 AM: LOW MASS WITH HYMNS

10:30 AM: PROCESSION and SOLEMN HIGH MASS (also on Facebook Live)



It's LENT, and you wish to have a loved-one memorialized. What can you do? Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers. The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.





SOUND STATE GRACE NOTES STATEMENT

March 17 The Fifth Sunday in Lent

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks.

Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).

- Bishops and Clergy: Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; and Rowena, Jerry, Annika, and Joseph, our priests.
- Diocesan Cycle of Prayer: We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will; for the Episcopal Church in CT & the Anglican Communion; All Saints', Ivoryton; St. Andrew's, Kent; Emmanuel, Killingworth; Trinity, Lime Rock; and Bishops, ECCT staff, and parish employees, and their families. *The Church in Wales*.
- World & Community Concerns: For peace throughout the world, especially between Israel and Gaza and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve A Place of Grace food pantry.
- Serving Our Country in the Military (especially those associated with Grace Church): Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- Sick or in need: The Blake Family; The Kemp Family; Megin; Jerry; Tom, Bonnie & the Burns Family; Patti; Steve; Walter & Claudia; Adrianne & Ken; Tom & Elaine; Ellen; Sally; Barbara; Nigel, Kraig & Deidre; Carmen & Félix; Mary; Monica; Antoinette; Josephine, Melissa, Jaden, Tay, & Soraya; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Sr. Linda Giuli; Leonard; Joy; Anthony & Gail, Cori and the Mackey Family; Brad, Mary, & Leslie; Judy; Peter; Doug; Jane; Bill, Carolyn & Susan; McJohn; Doreen; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Nazra; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- The Deceased: We pray for the repose of Suzanne Travers, Bernard Arahna, Maureen Blake, Matilda Savary Kemp, all soldiers and civilians killed in war or civil strife, and in memory of Charles & Anne Ripley, Tom Gilchrist, Valerie Watts, Mary Jane Bowman, Laura Ward, Harry Thomas Jarrett, and John & Jane Sturges Staffeld.



THE REV. ROWENA J. KEMP, RECTOR 55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK. Please join and help us spread the good news online!



THIS WEEK AT GRACE

Sunday, March 17 The Fifth Sunday in Lent

8:00 a.m.: Low Mass

10:30 a.m.: Sung Mass (also on Facebook Live)

Tuesday, March 19 SAINT JOSEPH

10:00 a.m. to 1:00 p.m.: Office Hours

Wednesday, March 20 Lenten Feria

9:30 a.m.: Low Mass (also on Facebook Live), followed by breakfast at Effie's

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

Thursday, March 21 Lenten Feria

10:00 a.m.: "A Place of Grace" food pantry distribution

6:30 p.m.: Vestry Meeting on Zoom

Friday, March 22 Lenten Feria

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: Lenten Tea Discussion ~ "BEARING WITNESS"

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m.: STATIONS OF THE CROSS & BENEDICTION (also on Facebook Live)

Sunday, March 24 The Sunday of the Passion ~ PALM SUNDAY

8:00 a.m.: Low Mass

10:30 a.m.: Sung Mass (also on Facebook Live)





Visit "Grace Episcopal Church, Hartford CT" on FACEBOOK Please join, and help us spread the good news online!



Tenebrae A service of shadows

Sung by Haven Community
Hosted by Grace Episcopal Church,
55 New Park Avenue, Hartford

Wednesday, March 27, 2024 6:00PM

Congregational participation welcome; if you'd like to sing with the community, send an email to: havencommunity@pm.me