

GRACE EPISCOPAL CHURCH



The Third Sunday in Lent

March 3, 2024

Service Program for the 10:30 a.m. Sung Mass
Bulletin Insert from the Episcopal Church
Lenten Programs 2024
Grace Notes
This Week at Grace

pp. 3-17
p. 18
p. 19
p. 20
p. 21



Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106

Office: 860 233-0825 Fax: 860 233-5082

E-mail: church@gracehartford.org Web site: www.gracehartford.org

Facebook: www.facebook.com/GECHartford

We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

Cell phone: 203-209-4178 Church office: 860-233-0825

Email: RevRowena@gracehartford.org

The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Douglas Bowman, *Senior Warden*; Thomas Phillips, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*

Adrienne Brown, Josephine Dominguez, Pamela Glasner,

Claudia Gwardyak, Nadia Holmes, Sandra Morgan



WELCOME to all who are joining with us virtually as we celebrate *THE THIRD SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

GRACE EPISCOPAL CHURCH

The Third Sunday in Lent

March 3, 2024

Sung Mass, 10:30 A.M.

Propers of Year B

Mass Setting: *Mass of the Quiet Hour*

George Oldroyd, 1938

This setting of the Ordinary of the Mass will be sung by the choir.

Voluntary: *Dies sind die heiligen zehn Gebot*, BWV 678

Johann Sebastian Bach (d.1750)

Entrance Rite

Introit (*choir*) *Oculi mei*

Mode VII

[*Antiphon*] MINE EYES are ever looking unto the Lord, for he shall pluck my feet out of the net: O look thou upon me, and have mercy upon me, for I am desolate and in misery. [*Psalm*] Unto thee, O Lord, do I lift up my soul; my God, in thee have I trusted; let me not be confounded. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. [*Repeat antiphon.*]



The Penitential Order

Opening Acclamation

Celebrant: ✠ Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

Celebrant: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Absolution (*Celebrant*)

THE Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

Kyrie eleison (*choir*)

G. Oldroyd

KYRIE eleison. Christe eleison. Kyrie eleison.

K[Lord, have mercy. Christ, have mercy. Lord, have mercy.

The Liturgy of the Word

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

The Old Testament Lesson: Exodus 20: 1-17 [NRSV]

A Reading from the Book of Exodus.

GOD spoke all these words to Moses. On Mount Sinai: "I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work — you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor."

The Word of the Lord.

Congregation's Response: Thanks be to God.

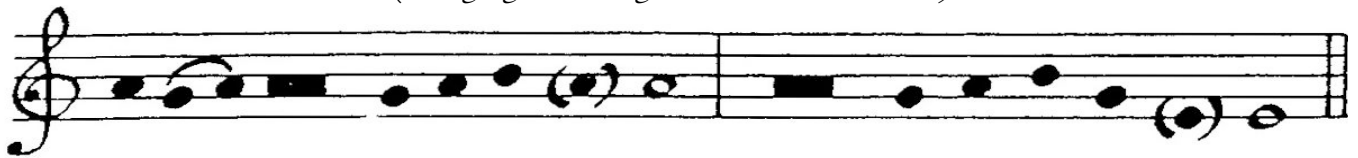




Gradual: Psalm 19

Cœli enarrant
(Congregation sings the italicized verses.)

Tone IV.4



- 1 THE HĒAVENS declare the | glory of God;
** and the firmament / showeth his handy[^]work.*
- 2 *One day tell- / eth another;*
** and one night certi- / fieth another.*
- 3 There is neither | speech nor language;
** but their voices | are heard among them.*
- 4 *Their sound is gone out / into all lands;*
** and their words into / the ends of the world.*
- 5 In them hath he set a tabernacle | for the sun;
** which cometh forth as a bridegroom out of his chamber,*
and rejoiceth as a | giant to run his [^]course.
- 6 *It goeth forth from the uttermost part of the heaven[^];*
and runneth about unto the / end of it a[^]gain;
** and there is nothing hid / from the heat there[^]of.*
- 7 The law of the Lord is an undefilèd law convert- | ing the soul;
** the testimony of the Lord is sure, and giveth wisdom | unto the simple.*
- 8 *The statutes of the Lord are right and re- / joice the heart;*
** the commandment of the Lord is pure, and giv- / eth light unto the [^]eyes.*
- 9 The fear of the Lord is clean and endur- | eth for ever;
** the judgments of the Lord are true and right- | eous altogether.*
- 10 *More to be desir'd are they than gold, yea / than much fine gold;*
** sweeter also than ho- / ney and the honey[^]comb.*
- 11 Moreover by them is thy | servant taught;
** and in keeping of | them there is great re[^]ward.*
- 12 *Who can tell how oft / he offendeth?*
** O cleanse thou / me from my secret [^]faults.*
- 13 Keep thy servant also from presumptuous sins, lest they get the dominion | over me;
** so shall I be undefil'd and inno- | cent from the great of[^]fence.*
- 14 *Let the words of my mouth and the meditation of my heart*
be always acceptable / in thy sight,
** O Lord my strength / and my redeemer.*

The Epistle: I Corinthians I: 18-25 [NRSV]

A Reading from the First Letter of Paul to the Corinthians.

THE MESSAGE about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

The Word of the Lord.

People’s Response: Thanks be to God.

Tract (*choir*) *Ad te levavi*

Tone VIII

UNTO THEE LIFT I UP mine eyes: O thou that dwellest in the heavens. Behold, even as the eyes of servants: look unto the hand of their masters. And as the eyes of a maiden: unto the hand of her mistress. Even so our eyes wait upon the Lord our God: until he have mercy upon us. Have mercy upon us, O Lord: have mercy upon us.

The Holy Gospel: St. John 2: 13-22 [RSV]

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People’s response: ✠ Glory be to thee, O Lord.

THE PASSOVER of the Jews was at hand, and Jesus went up to Jerusalem. In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers at their business. And making a whip of cords, he drove them all, with the sheep and oxen, out of the temple; and he poured out the coins of the money-changers and overturned their tables. And he told those who sold the pigeons, “Take these things away; you shall not make my Father’s house a house of trade.” His disciples remembered that it was written, “Zeal for thy house will consume me.” The Jews then said to him, “What sign have you to show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “It has taken forty-six years to build this temple, and will you raise it up in three days?” But he spoke of the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word which Jesus had spoken.



The Gospel of the Lord.

People’s response: Praise be to thee, O Christ.

Cantor *All*

25 Cre - do in u - num De - - um. Pa - trem o - mni - po - ten - tem,

26 fa - cto - rem coe - li et ter - rae, vi - si - bi - li - um o - - mni - um, et in - vi - si - bi - - li - um.

27 Et in u - num Do - mi - num Je - sum Chri - stum, Fi - li - um De - i u - ni - ge - ni - tum,

28 et ex Pa - tre na - - tum an - te o - mni - a sae - - cu - la.

29 De - um de De - o, lu - men de lu - mi - ne, De - um ve - rum de De - o ve - ro.

30 Ge - ni - tum, non fa - - ctum, con - sub - stan - ti - a - lem Pa - tri: per quem o - mni - a fa - cta sunt.

31 *p* Qui pro - pter nos ho - mi - nes, et pro - pter no - stram sa - lu - tem de - scen - dit de coe - lis, *pp*

32 *f* Et in - car - na - tus est de Spi - ri - tu San - cto ex Ma - ri - a Vir - gi - ne: et ho - mo fa - ctus est.

33 Cru - ci - fi - - xus e - ti - am pro no - bis sub Pon - ti - o Pi - la - to pas - sus et se - pul - - tus est.

35 Et re - sur - re - xit ter - ti - a di - e, se - cun - dum Scri - ptu - ras. Et a - scen - dit in coe - - lum:

se - det ad dex - te - ram Pa - - tris. Et i - te - rum ven - tu - rus est cum glo - ri - a

37
 ju - di - ca - re vi - vos et mor - tu - os: cu - jus re - gni non e - rit fi - nis.

38 *mf*
 Et in Spi - ri - tum San - ctum, Do - mi - num, et vi - vi - fi - can - tem:

39
 qui ex Pa - tre. Fi - li - o - que pro - ce - dit. Qui cum Pa - tre et Fi - li - o

41
 si - mul a - do - ra - tur, et con - glo - ri - fi - ca - tur: qui lo - cu - tus est per Pro - phe - tas.

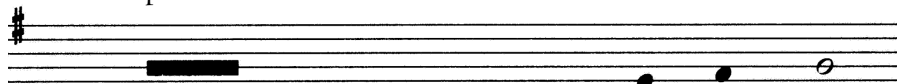
42
 Et u - nam, san - ctam, ca - tho - li - cam, et a - po - sto - li - cam Ec - cle - si - am.

43
 Con - fi - te - or u - num ba - ptis - ma in re - mis - si - o - nem pec - ca - to - rum.

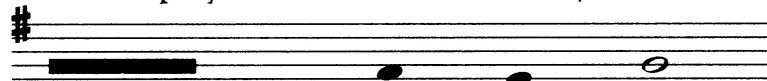
44
 Et ex - pe - cto re - sur - re - cti - o - nem mor - tu - o - rum. Et vi - tam ven - tu - ri sae - cu - li.

46 *ff*
 A - - - - - men.

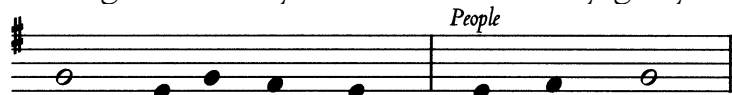




Leader: Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. (*Silence*)



Lord, in thy mer - cy *People* hear our prayer. (*Sung after every intercession*)

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Watch over thy children *Barbara & Ruth*, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days / of their lives. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

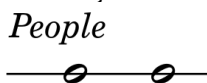
Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord.



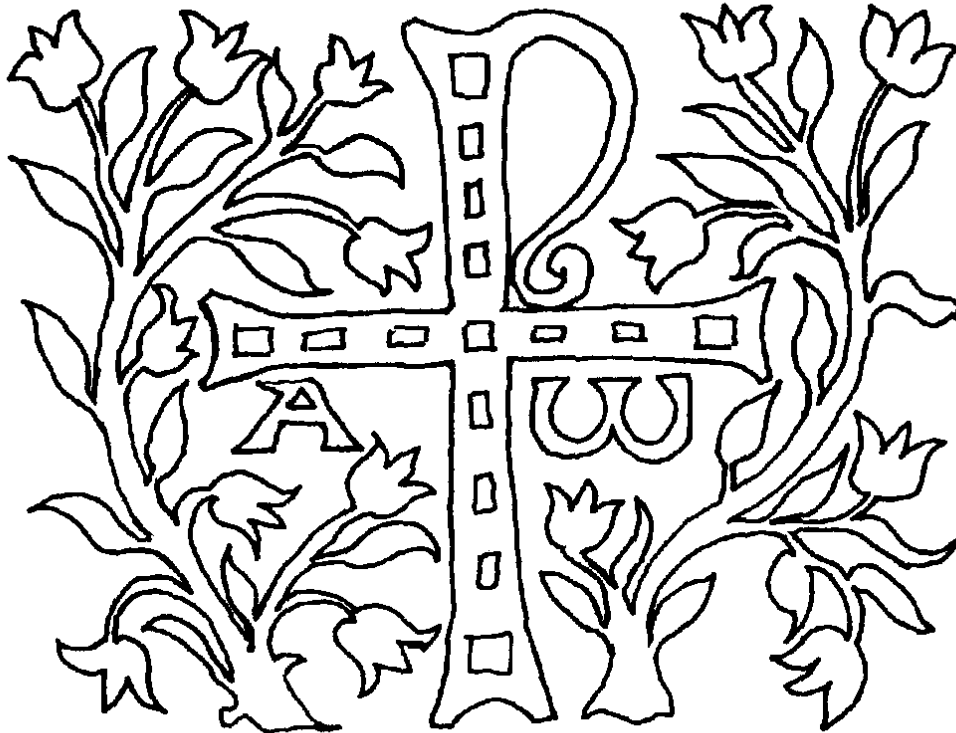
A - men.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.



The Holy Communion

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Justitiae Domini*

Mode IV

THE statutes of the Lord are just and rejoice the heart; sweeter far than honey, than honey in the comb; moreover by them is thy servant taught.

Anthem (*choir*)

Charles Wood (d. 1926)

NEVER weather-beaten sail more willing bent to shore, never tired pilgrim's limbs affected slumber more, than my weary sprite now longs to fly out of my troubled breast. O come quickly, sweetest Lord, and take me to my rest. Ever blooming are the joys of Heav'n's high Paradise: cold age deafs not there our ears, nor vapour dims our eyes; glory there the sun outshines, whose beams the blessed only see. O come quickly, glorious Lord, and raise my sprite to thee!

Thomas Campion (d. 1620)

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

Celebrant *People*
The Lord be with you. And with thy spi- rit.

Celebrant *People*
Lift up your hearts. We lift them up un-to the Lord.

Celebrant
Let us give thanks un- to our Lord God.

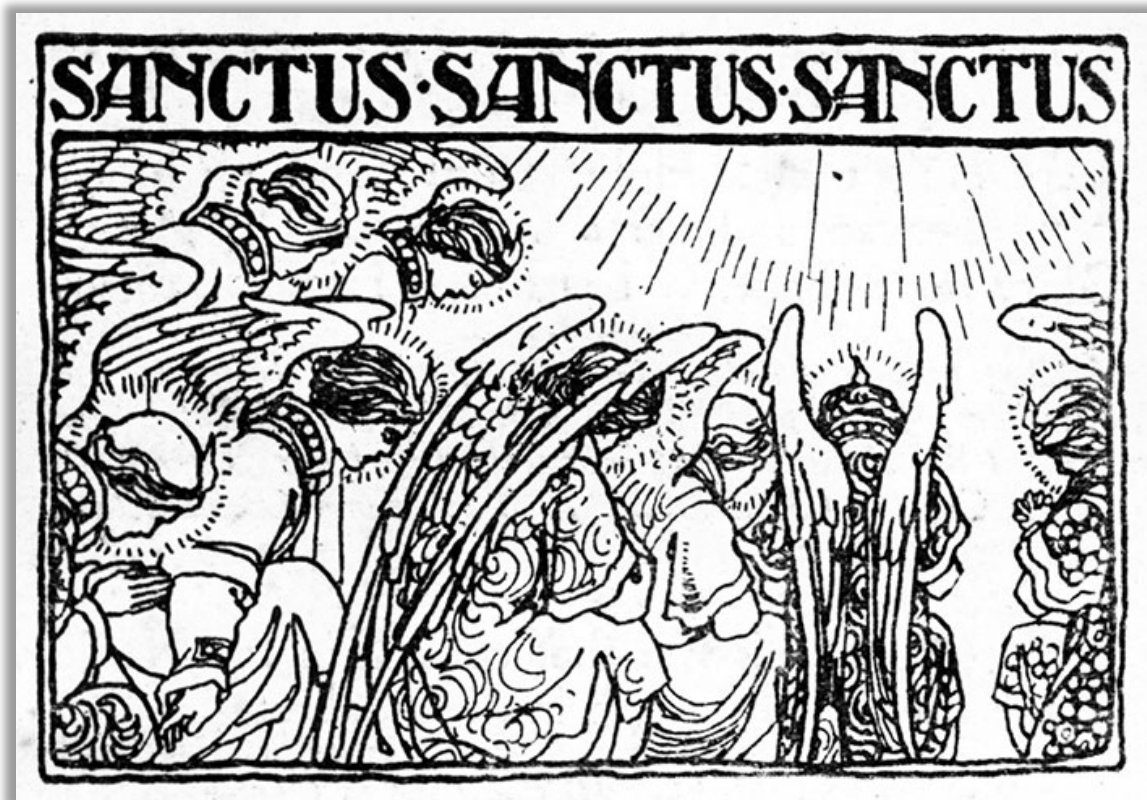
People
It is meet and right so to do.

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



Sanctus and Benedictus (*choir*)

G. Oldroyd

HOLY, HOLY, HOLY, Lord God of Hosts: heaven and earth are full of thy glory. Glory be to thee, O Lord most High. ✠ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest.

Celebrant: Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

People

—•—○—
A- men.

The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,

Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
 thy king-dom come, thy will be done, on earth as it is in hea-ven.
 Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
 as we for-give those who tres-pass a- gainst us. And lead us not in- to
 temp-ta- tion, but de-liv-er us from e- vil. For thine is the king-dom,
 and the power, and the glo- ry, for ev- er and ev- er. A- men.



The Fraction

Celebrant
 Christ our Pass-o-ver is sac-ri- ficed for us.
People
 There- fore let us keep the feast.

Agnus Dei (*choir*)

G. Oldroyd

OLAMB OF GOD, that takest away the sins of the world, have mercy upon us. **O** Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Passer invenit*

Mode I

THE SPARROW hath found her an house, and the swallow a nest where she may lay her young; even thine altars, O Lord of hosts, thou that art my King and my God. Blessed are they that dwell in thy house: they will be alway praising thee.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Hymn 313 (*sung by all*)

“Let thy Blood in mercy poured”

Jesu, meine Zuversicht

1 Let thy Blood in mer - cy poured, let thy gra - cious
2 Thou didst die that I might live; bless - ed Lord, thou
3 By the thorns that crowned thy brow, by the spear-wound
4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,
cam'st to save me; all that love of God could give
and the nail - ing, by the pain and death, I now
tence I give thee; thou art my ex - alt - ed King,

Refrain
of thy bound-less love the to - ken.
Jes - us by his sor - rows gave me. Thou didst give thy -
claim, O Christ, thy love un - fail - ing.
of thy match-less love for - give me.

self for me, now I give my - self to thee.

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing

MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.*

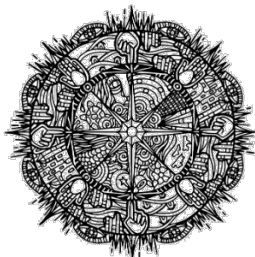
May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

Celebrant: Go in peace to love and serve the Lord.

The People respond: Thanks be to God.



The Last Gospel

St. John I: I-I4

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: ✠ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



The Angelus

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(*Here genuflect*) *Celebrant:* And the Word was made flesh.

(*Here rise*) *People:* And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

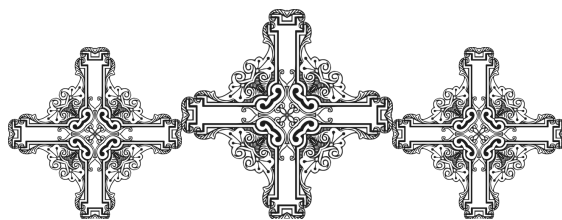
People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*



Hymn 559 (*sung by all*)

“Lead us, heavenly Father”

Dulce carmen

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
3 Spi - rit of our God, de - scend - ing, fill our hearts with

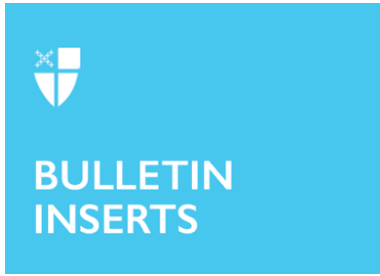
pes - tuous sea; guard us, guide us, keep us, feed us,
thou dost know; thou didst tread this earth be - fore us;
heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
thou didst feel its keen - est woe; yet un - fear - ing,
plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
per - se - ver - ing, to thy pas - sion thou didst go.
par - doned, guid - ed, noth - ing can our peace des - troy.

Voluntary: *Pastorale*

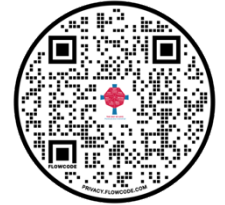
J. S. Bach



March 3, 2024 – Lent 3 (B)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 3

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 4

Today's Prompt: Intentionally smile at least ten times today.

Read: "Rejoice in the Lord always; again I will say, Rejoice." – Philippians 4:4

Tuesday, March 5

Today's Prompt: How might you connect with others in the spirit of renewal?

Read: "He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence." - 1 Kings 19:11-12

Wednesday, March 6

Today's Prompt: How can you build pauses into the day to reflect on the work of the Spirit?

Read: "I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing." – John 15:5

Published by the Office of Formation of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017

© 2024 The Domestic and Foreign Missionary Society of the Protestant Episcopal Church in the United States of America. All rights reserved.

Thursday, March 7

Today's Prompt: What relationships do you need to mend?

Read: "Seek the Lord while he may be found; call upon him while he is near; let the wicked forsake their way and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord." – Isaiah 55:6-8

Friday, March 8

Today's Prompt: Create a prayer representing how you seek to serve God and follow Jesus.

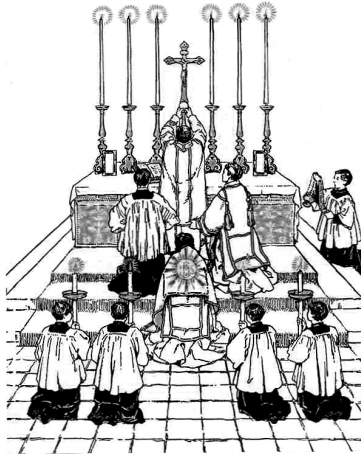
Read: "People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house." – Matthew 5:15

Saturday, March 9

Today's Prompt: What seminal moments have informed a need to return to Christ?

Read: "Hide your face from my sins and blot out all my iniquities." – Psalm 51:10

Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.



† LENTEN PROGRAMS 2024 †

COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, beginning February 16th

5:45 P.M. Lenten Organ Meditation (*also on Facebook Live*)

6:00 P.M. Stations of the Cross & Benediction (*also on Facebook Live*)



4:00 P.M. Five Fridays, February 23 to March 22

Please join us for our Lenten discussion

"BEARING WITNESS"

a Biblical text-based program using video statements
from people living in Jerusalem and beyond
(from the *American Friends of the Episcopal Diocese of Jerusalem*)

Tea, coffee, baked goodies, and sandwiches provided

All are welcome!

Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106 ~ 860 233-0825

Visit "Grace Episcopal Church, Hartford CT" on Facebook; www.gracehartford.org

GRACE NOTES

March 3 *The Third Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).

- *Bishops and Clergy:* Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; and Rowena, Jerry, Annika, and Joseph, our priests.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; Christ Church Cathedral, Hartford; Good Shepherd, Hartford; Grace Church, Hartford; St. Martin's, Hartford; prison ministry and prison chaplains; and the ECCT Faith Behind Bars & Beyond Ministry Network. *The Church of the Province of Uganda.*
- *World & Community Concerns:* For peace throughout the world, especially between Israel and Gaza and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Barbara Galbreath (Mon.), and Ruth Grant (Sat.), whose birthdays we celebrate this week.
- *Sick or in need:* The Blake Family; The Kemp Family; Megin; Jerry; Patti; Steve; Walter & Claudia; Adrienne & Ken; Tom & Elaine; Ellen; Sally; Bonnie & the Burns Family; Barbara; Nigel, Kraig & Deidre; Dick, Leanne, Aldon, Kim & Fiona; Carmen & Félix; Mary; Monica; Antoinette; Josephine, Melissa & Jaden; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Sr. Linda Giuli; Leonard; Joy; David; Chazmin; Miguelina & Family, Anthony & Gail, Cori and the Mackey Family; Brad, Mary, & Leslie; Joe; Margaret; Judy; Peter; Doug; Jane; Bill, Carolyn & Susan; Lynn; McJohn; Doreen; Karen; Terra; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Nazra; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of Suzanne Travers, Bernard Arahna, Maureen Blake, Matilda Savary Kemp, all soldiers and civilians killed in war or civil strife, and in memory of Linda Knight, and Ernest Young.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK.
Please join and help us spread the good news online!



It's LENT, and you wish to have a loved-one memorialized. What can you do?

Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers.

The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.

THIS WEEK AT GRACE

Sunday, March 3 *The Third Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Sung Mass (also on Facebook Live)

Tuesday, March 5 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

Wednesday, March 6 *Lenten Feria*

9:30 a.m.: Low Mass (also on Facebook Live), followed by breakfast at Effie's

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

Thursday, March 7 *Lenten Feria*

10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, March 8 *Lenten Feria*

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: Lenten Tea Discussion ~ "BEARING WITNESS"

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m.: STATIONS OF THE CROSS & BENEDICTION (also on Facebook Live)

Sunday, March 10 *The Fourth Sunday in Lent ~ Refreshment Sunday*

2:00 a.m.: DAYLIGHT SAVINGS BEGINS

10:00 a.m.: ONE SOLEMN HIGH MASS (also on Facebook Live)

~12:00 noon: ANNUAL MEETING (lunch provided)



Visit "[Grace Episcopal Church, Hartford CT](#)" on FACEBOOK



Please join, and help us spread the good news online!



Please mark your calendars for
THE ANNUAL MEETING
of **GRACE EPISCOPAL CHURCH**



Sunday, March 10th, 2024

following the 10:00 a.m. Solemn High Mass
~ one mass only on this day