

GRACE EPISCOPAL church



The First Sunday in Lent

February 18, 2024

Service Program for the 10:30 a.m. Sung Mass
Bulletin Insert from the Episcopal Church
Lenten Programs 2024
Grace Notes
This Week at Grace

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Grace Episcopal Church

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We are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

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The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Douglas Bowman, *Senior Warden*; Thomas Phillips, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*

Adrienne Brown, Josephine Dominguez, Pamela Glasner,

Claudia Gwardyak, Nadia Holmes, Sandra Morgan



WELCOME to all who are joining with us virtually as we celebrate *THE FIRST SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.



GRACE EPISCOPAL CHURCH



The First Sunday in Lent

February 18, 2024

Sung Mass, 10:30 A.M.

Propers of Year B

Mass Setting: *Missa Marialis*

Plainsong, ed. C. W. Douglas

This setting of the Ordinary of the Mass is for congregational singing.

Voluntary: Prélude au Kyrie, from *Hommage à Frescobaldi*

Jean Langlais (d. 1991)

Entrance Rite

Introit (choir) *Invocabit me*

Mode VIII

[Antiphon] He shall call upon me, and I will hearken unto him. I will deliver him, and will bring him to honor. With length of days will I satisfy him. *[Psalm 91]* Whoso dwelleth in the shelter of the Most High, shall abide under the shadow of the Almighty. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. *[Repeat antiphon.]*

The Penitential Order

Opening Acclamation

Celebrant: ✠ Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

The Exhortation (*Celebrant*)

BELOVED IN THE LORD: Our Savior Christ, on the night before he suffered, instituted the Sacrament of his Body and Blood as a sign and pledge of his love, for the continual remembrance of the sacrifice of his death, and for a spiritual sharing in his risen life. For in these holy Mysteries we are made one with Christ, and Christ with us; we are made one body in him, and members one of another.

Having in mind, therefore, his great love for us, and in obedience to his command, his Church renders to Almighty God our heavenly Father never-ending thanks for the creation of the world, for his continual providence over us, for his love for all mankind, and for the redemption of the world by our Savior Christ, who took upon himself our flesh, and humbled himself even to death on the cross, that he might make us the children of God by the power of the Holy Spirit, and exalt us to everlasting life.

But if we are to share rightly in the celebration of those holy Mysteries, and be nourished by that spiritual Food, we must remember the dignity of that holy Sacrament. I therefore call upon you to consider how Saint Paul exhorts all persons to prepare themselves carefully before eating of that Bread and drinking of that Cup.

For, as the benefit is great, if with penitent hearts and living faith we receive the holy Sacrament, so is the danger great, if we receive it improperly, not recognizing the Lord's Body. Judge yourselves, therefore, lest you be judged by the Lord.

Examine your lives and conduct by the rule of God's commandments, that you may perceive wherein you have offended in what you have done or left undone, whether in thought, word, or deed. And acknowledge your sins before Almighty God, with full purpose of amendment of life, being ready to make restitution for all injuries and wrongs done by you to others; and also being ready to forgive those who have offended you, in order that you yourselves may be forgiven. And then, being reconciled with one another, come to the banquet of that most heavenly Food.

And if, in your preparation, you need help and counsel, then go and open your grief to a discreet and understanding priest, and confess your sins, that you may receive the benefit of absolution, and spiritual counsel and advice; to the removal of scruple and doubt, the assurance of pardon, and the strengthening of your faith.

To Christ our Lord who loves us, and washed us in his own blood, and made us a kingdom of priests to serve his God and Father, to him be glory in the Church evermore. Through him let us offer continually the sacrifice of praise, which is our bounden duty and service, and, with faith in him, come boldly before the throne of grace.



The Decalogue (*The Celebrant continues; the People's responses in italics*)

GOD spake these words, and said: I am the Lord thy God who brought thee out of the Land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not take the Name of the Lord thy God in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

REMEMBER that thou keep holy the Sabbath day.

Lord, have mercy upon us, and incline our hearts to keep this law.

HONOR thy father and thy mother.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not bear false witness against thy neighbor.

Lord, have mercy upon us, and incline our hearts to keep this law.

THOU shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Celebrant: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

Celebrant: The Almighty and merciful Lord grant you absolution ✠ and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.



Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri -
 e e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son.
 Chri - ste e - le - i - son. Ky - ri - e
 e - le - i - son. Ky - ri - e
 e - le - i - son. Ky - ri - e
 e - le - i - son.



The Liturgy of the Word

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

The Old Testament Lesson: Genesis 9: 8-17 [NRSV]

A Reading from the Book of Genesis.

GOD said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”



The Word of the Lord.

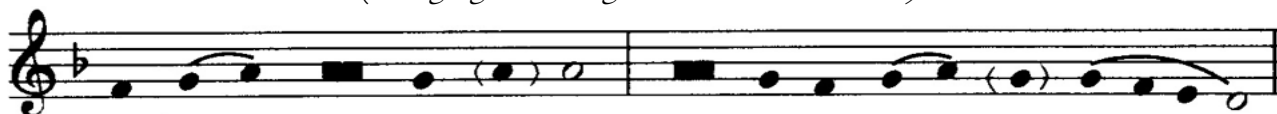
Congregation's Response: Thanks be to God.

Gradual: Psalm 25

Ad te, Domine, levavi

Tone I.5

(Congregation sings the italicized verses.)



- 1 UNTÖ Thee, O LORD, do I lift up my soul;
my God, I have put my trust | in thee:
** O let me not be confounded, neither let mine enemies | triumph över ^ mä.*
- 2 For all they that hope in thee shall not be | ashamed;
** but such as transgress without a cause shall be | put to cönfu^siön.*
- 3 Show me thy ways | O LORD
** and | teach me thÿ päths.*
- 4 Lead me forth in thy truth and | learn me:
** for thou art the God of my salvation; in thee hath been my hope | all the dÿy löng.*
- 5 Call to remembrance O LORD, thy tender | mercies,
** and thy loving-kindnesses which have been | ever öf öld.*
- 6 O remember not the sins and offences of | my youth;
** but according to thy mercy think thou upon me O LORD | for thy göodnëss.*
- 7 Gracious and righteous is | the LORD;
** therefore will he teach | sinners in the ^ wÿ.*
- 8 Them that are meek shall he guide in | judgment;
** and such as are gentle, them | shall he læarn his ^ wÿ.*
- 9 All the paths of the LORD are mercy | and truth,
** unto such as keep his covenant and his | testimönies.*

The Epistle: I Peter 3: 18-22 [NRSV]

A Reading from the First Letter of Peter.

CHRIST suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you — not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

People's Response: Thanks be to God.

Tract (choir) *Qui habitat*

Tone VIII

Whoso dwelleth under the defence of the Most High: shall abide under the shadow of the Almighty. I will say unto the Lord, Thou art my hope and my stronghold: my God, in him will I trust. For he shall deliver thee from the snare of the hunter: and from the noisome pestilence. He shall defend thee under his wings: and thou shalt be safe under his feathers. His faithfulness and truth shall be thy shield and buckler: thou shalt not be afraid for any terror by night. Nor for the arrow that flieth by day; for the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noonday. A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee. For he shall give his Angels charge over thee: to keep thee in all thy ways. They shall bear thee in their hands: that thou hurt not thy foot against a stone. Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet. Because he hath set his love upon me, therefore will I deliver him: I will set him up, because he hath known my Name. He shall call upon me, and I will hear him: yea, I am with him in trouble. I will deliver him, and bring him to honour: with long life will I satisfy him, and shew him my salvation.

The Holy Gospel: St. Mark I: 9-15 [RSV]

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People's response: ✠ Glory be to thee, O Lord.



IN those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And when he came up out of the water, immediately he saw the heavens opened and the Spirit descending upon him like a dove; and a voice came from heaven, "Thou art my beloved Son; with thee I am well pleased."

The Spirit immediately drove him out into the wilderness. And he was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels ministered to him.

Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying, "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel."

The Gospel of the Lord.

People's response: Praise be to thee, O Christ.

Cantor *All*

25 Cre - do in u - num De - - um. Pa - trem o - mni - po - ten - tem,

26 fa - cto - rem coe - li et ter - rae, vi - si - bi - li - um o - - mni - um, et in - vi - si - bi - - li - um.

27 Et in u - num Do - mi - num Je - sum Chri - stum, Fi - li - um De - i u - ni - ge - ni - tum,

28 et ex Pa - tre na - - tum an - te o - mni - a sae - - cu - la.

29 De - um de De - o, lu - men de lu - mi - ne, De - um ve - rum de De - o ve - ro.

30 Ge - ni - tum, non fa - - ctum, con - sub - stan - ti - a - lem Pa - tri: per quem o - mni - a fa - cta sunt.

31 Qui pro - pter nos ho - mi - nes, et pro - pter no - stram sa - lu - tem de - scen - dit de coe - lis,

Et in - car - na - tus est de Spi - ri - tu San - cto ex Ma - ri - a Vir - gi - ne: et ho - mo fa - ctus est.

32 Cru - ci - fi - - xus e - ti - am pro no - bis sub Pon - ti - o Pi - la - to pas - sus et se - pul - - tus est.

33 Et re - sur - re - xit ter - ti - a di - e, se - cun - dum Scri - ptu - ras. Et a - scen - dit in coe - - lum:

35 se - det ad dex - te - ram Pa - - tris. Et i - te - rum ven - tu - rus est cum glo - ri - a

37
 ju - di - ca - re vi - vos et mor - tu - os: cu - jus re - gni non e - rit fi - nis.

38 *mf*
 Et in Spi - ri - tum San - ctum, Do - mi - num, et vi - vi - fi - can - tem:

39
 qui ex Pa - tre. Fi - li - o - que pro - ce - dit. Qui cum Pa - tre et Fi - li - o

41
 si - mul a - do - ra - tur, et con - glo - ri - fi - ca - tur: qui lo - cu - tus est per Pro - phe - tas.

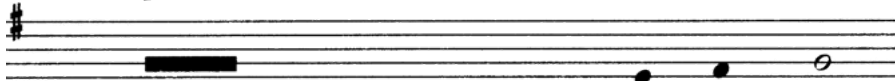
42
 Et u - nam, san - ctam, ca - tho - li - cam, et a - po - sto - li - cam Ec - cle - si - am.

43
 Con - fi - te - or u - num ba - ptis - ma in re - mis - si - o - nem pec - ca - to - rum.

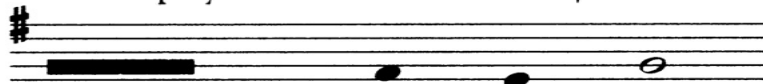
44
 Et ex - pe - cto re - sur - re - cti - o - nem mor - tu - o - rum. Et vi - tam ven - tu - ri sae - cu - li.

46 *ff*
 A - - - - - men.

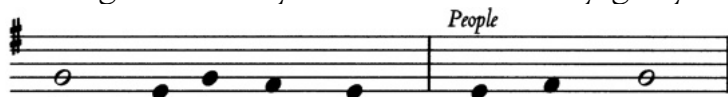




Leader: Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. (*Silence*)



Lord, in thy mer - cy *hear our prayer.* (*Sung after every intercession*)

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

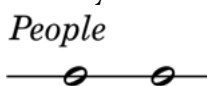
Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord.



A - men.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.



The Holy Communion

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Scapulis suis*

Mode VIII

THE LORD shall defend thee under his feathers, and under his wings thou shalt find refuge: his faithfulness and his truth shall be thy shield and buckler.



Motet (*choir*)

Richard Farrant/Hilton, late 16th c.

LORD, for thy tender mercy's sake, lay not our sins to thy charge, but forgive that is past, and give us grace to amend our sinful lives: to decline from sin, and incline to virtue, that we may walk in a perfect heart before thee now and evermore. Amen.

J. Bull, 1568

Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

The musical score for 'Sursum corda' is written in G minor (one flat) and 4/4 time. It consists of four staves of music. The first staff is for the Celebrant, with the lyrics 'The Lord be with you. And with thy spi- rit.' The second staff is for the People, with the lyrics 'Lift up your hearts. We lift them up un-to the Lord.' The third staff is for the Celebrant, with the lyrics 'Let us give thanks un- to our Lord God.' The fourth staff is for the People, with the lyrics 'It is meet and right so to do.'

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus (*sung by all*)

The musical score for 'Sanctus and Benedictus' is written in G minor (one flat) and 4/4 time. It consists of five staves of music. The lyrics are: 'Ho - ly, ho - ly, ho - ly, Lord God of Hosts: Hea - ven and earth are full of thy glo - ry. Glo-ry be to thee, O Lord Most High. Bless - ed is he that com - eth in the name of the Lord. Ho - san - na in the high - est.'

Celebrant: Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

People

—•—○—
A- men.

The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,

Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
thy king-dom come, thy will be done, on earth as it is in hea-ven.
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
as we for-give those who tres-pass a- gainst us. And lead us not in- to
temp-ta- tion, but de-liv-er us from e- vil. For thine is the king-dom,
and the power, and the glo- ry, for ev-er and ev-er. A- men.

The Fraction

Celebrant
Christ our Pass-o-ver is sac-ri-ficed for us.
People
There-fore let us keep the feast.

Agnus Dei (*sung by all*)

O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Scapulis suis*

Mode III

THE LORD shall defend thee under his feathers, and under his wings shalt thou find refuge; his faithfulness and his truth shall be thy shield and buckler.

Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Hymn 310 (*sung by all*)

“O saving Victim”

Herr Jesu Christ

The musical score is written for two voices (Soprano and Bass) and piano accompaniment. It consists of three systems of music. The first system has two vocal lines and a piano line. The lyrics are: 1 O sav - ing Vic - tim, o - pening wide the; 2 All praise and thanks to thee a - scend for. The second system continues the vocal lines and piano accompaniment with lyrics: gate of heaven to us be - low, our foes press on from; ev - er - more, blest One in Three; O grant us life that. The third system concludes the piece with lyrics: ev - ery side, thine aid sup - ply, thy strength be - stow. shall not end in our true na - tive land with thee.

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Lenten Blessing

MAY God the Father, who does not despise the broken spirit, give to you a contrite heart. *Amen.*

May Christ, who bore our sins in his body on the tree, heal you by his wounds. *Amen.*

May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace. *Amen.*

The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be with you and remain with you for ever. *Amen.*

The Dismissal

Celebrant: Go in peace to love and serve the Lord.

The People respond: Thanks be to God.



The Last Gospel

St. John I: I-I4

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: ✠ The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Hail, O Queen of heaven, Hail, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



The Angelus

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(Here genuflect) Celebrant: And the Word was made flesh.

(Here rise) People: And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*



Hymn 143 (*sung by all*)

“The glory of these forty days”

Erhalt uns, Herr



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 * 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

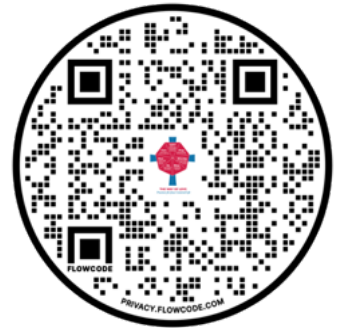
Voluntary: *Erhalt uns, Herr*

Georg Boehm (d. 1733)



February 18, 2024 – Lent 1 (B)
Week 1: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 1

Sunday, February 18

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 1. The topic is based on the practice "Turn" and is titled, "Dead to Sin, Alive in Christ".

Read: Romans 6:3-11

Monday, February 19

Today's Prompt: Who has taught you to live a Jesus-filled life? Who have you taught?

Read: "So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day." – 2 Corinthians 4:16

Tuesday, February 20

Today's Prompt: How do you incorporate rest into your life?

Read: "Thus says the Lord: Stand at the crossroads and look, and ask for the ancient paths, where the good way lies; and walk in it, and find rest for your souls. But they said, 'We will not walk in it.'" – Jeremiah 6:16

Wednesday, February 21

Today's Prompt: Go for a walk today and pray with your feet, each step with intention.

Read: "Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths.'" – Isaiah 2:3a

Thursday, February 22

Today's Prompt: How do others experience the love of Christ you bring?

Read: "By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things." – Galatians 5:22-23

Friday, February 23

Today's Prompt: Where are you being encouraged to "show up"?

Read: "Then they also will answer, 'Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison and did not take care of you?' Then he will answer them, 'Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me.'" – Matthew 25:44-45

Saturday, February 24

Today's Prompt: What is most meaningful to you in worship?

Read: Book of Common Prayer, p. 281

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† LENTEN PROGRAMS 2024 †

COME WALK THE WAY OF THE CROSS

FRIDAYS IN LENT, beginning February 16th

5:45 P.M. Lenten Organ Meditation (*also on Facebook Live*)

6:00 P.M. Stations of the Cross & Benediction (*also on Facebook Live*)



4:00 P.M. Five Fridays, February 23 to March 22

Please join us for our Lenten discussion

"BEARING WITNESS"

a Biblical text-based program using video statements
from people living in Jerusalem and beyond
(from the *American Friends of the Episcopal Diocese of Jerusalem*)

Tea, coffee, baked goodies, and sandwiches provided

All are welcome!

Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106 ~ 860 233-0825

Visit "Grace Episcopal Church, Hartford CT" on Facebook; www.gracehartford.org

GRACE NOTES

February 18 *The First Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss, and please contact her immediately, should there be an illness, hospitalization, or any other pastoral emergency that she should know about. [For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.]

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790): (tburns@gracehartford.org).

- *Bishops and Clergy:* Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; and Rowena, Jerry, Annika, and Joseph, our priests.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. David's, Gales Ferry; St. James', Glastonbury; St. Luke's, Glastonbury; Christ Church, Greenwich; the Union of Black Episcopalians CT and the Racial Healing, Justice, and Reconciliation Ministry Network. *Province of the Episcopal Church of Sudan.*
- *World & Community Concerns:* For peace throughout the world, especially between Israel and Gaza and in the Middle East; in Sudan; and between Russia and Ukraine; for Christians being persecuted around the world, particularly in China and Palestine; for those who are suffering because of extreme climate; for the hungry and poor in our midst; and the volunteers who serve *A Place of Grace* food pantry.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, and Charles.
- *Sick or in need:* Jerry;; Walter & Claudia; Adrienne & Ken; Tom & Elaine; Ruth; Ellen; Sally; Bonnie & the Burns Family; Errol, Norma & the Kemp Family; Barbara; Nigel, Kraig & Deidre; Dick, Leanne, Aldon, Kim & Fiona; Carmen & Félix; Mary; Monica; Antoinette; Josephine, Melissa & Jaden; Julia, Mike, André & Maria; Linda, Tiffany & the Galarza Family; Sr. Linda Giuli; Leonard; Joy; David; Maureen & the Blake Family; Chazmin; Miguelina & Family, Anthony & Gail, Cori and the Mackey Family; Brad, Mary, & Leslie; Joe; Margaret; Judy; Peter; Doug; Jane; Bill, Carolyn & Susan; Lynn; McJohn; Doreen; Karen; Terra; Ted; Kanata; Betty & John; Mary & Lou; Nelda Sue; Nazra; Diane; Nina; Ellen and Jim; Lauren, Alexandra & Anna; Mark & Diane; Jean; and all victims of natural and man-made disasters.
- *The Deceased:* We pray for the repose of all soldiers and civilians killed in war or civil strife, and in memory of Regina Mary Kuras, Carol Hilton, Roger Billings, Loretta & Ken Orr, John Staffeld, William Morse, and Emily Flechner.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK.
Please join and help us spread the good news online!



It's LENT, and you wish to have a loved-one memorialized. What can you do?

Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers.

The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.

THIS WEEK AT GRACE

Sunday, February 18 *The First Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Sung Mass (*also on Facebook Live*)

Tuesday, February 20 *Lenten Feria*

10:00 a.m. to 1:00 p.m.: Office Hours

Wednesday, February 21 *Lenten Feria*

9:15 a.m.: Low Mass (*also on Facebook Live*), followed by breakfast at Effie's

10:00 a.m. to 1:00 p.m.: Office Hours

7:00 p.m.: Choir Rehearsal

Thursday, February 22 *Lenten Feria*

10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, February 23 *Lenten Feria*

1:00 p.m. to 4:00 p.m.: Office Hours

4:00 p.m.: Lenten Tea Discussion ~ "**BEARING WITNESS**"

5:45 p.m.: Lenten Organ Meditation (*also on Facebook Live*)

6:00 p.m.: STATIONS OF THE CROSS & BENEDICTION (*also on Facebook Live*)

Sunday, February 25 *The Second Sunday in Lent*

8:00 a.m.: Low Mass

10:30 a.m.: Sung Mass (*also on Facebook Live*)



Visit "[Grace Episcopal Church, Hartford CT](#)" on FACEBOOK



Please join, and help us spread the good news online!

