

GRACE EPISCOPAL church



The Third Sunday in Lent

March 12, 2023

Service Program for the 10:30 a.m. Solemn High Mass
Bulletin Insert from the Episcopal Church
Lenten Programs Announcement
Grace Notes
This Week at Grace & Lenten Announcements

pp. 3-19
p. 20
p. 21
p. 22
p. 23



Grace Episcopal Church

55 New Park Avenue, Hartford, CT 06106

Office: 860 233-0825 Fax: 860 233-5082

E-mail: church@gracehartford.org Web site: www.gracehartford.org

WE are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

Cell phone: 203-209-4178 Church office: 860-233-0825

Email: RevRowena@gracehartford.org

The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Dr. Molly James, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Aldon Hynes, *Post Seminary Resident*

Mr. Chuck Sharp, *Vocational Deacon Intern*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Douglas Bowman, *Senior Warden*; Thomas Phillips, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*

Adrienne Brown, Josephine Dominguez, Pamela Glasner,

Claudia Gwardyak, Nadia Holmes, Sandra Morgan



WELCOME to all who are joining with us virtually as we celebrate *THE THIRD SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.



GRACE EPISCOPAL CHURCH

The Third Sunday in Lent

March 12, 2023

Solemn High Mass, 10:30 A.M.

Propers of Year A

The Rev. Joseph L. Pace, *Celebrant*

Mass Setting: *Missae Marialis*

Plainsong, ed. C. W. Douglas

This setting of the Ordinary of the Mass is for congregational singing.

Voluntary: O Mensch, bewein' dein' Suede gross

Johann Sebastian Bach (d.1750)

Entrance Rite

Introit (*choir*) *Oculi mei*

Mode VII

[*Antiphon*] Mine eyes are ever looking unto the Lord, for he shall pluck my feet out of the net: O look thou upon me, and have mercy upon me, for I am desolate and in misery. [*Psalm*] Unto thee, O Lord, do I lift up my soul; my God, in thee have I trusted; let me not be confounded. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. [*Repeat antiphon.*]

The Penitential Order

Opening Acclamation

Celebrant: ✠ Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

Celebrant: Let us humbly confess our sins unto Almighty God.

People: Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Absolution (*Celebrant*)

THE Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

Kyrie eleison (*sung by all*)

Musical score for Kyrie eleison, consisting of ten staves of music. The lyrics are: Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Chri - ste e - le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.



The Liturgy of the Word

The Collect of the Day

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

ALMIGHTY GOD, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

The Epistle: Romans 5: I-II [NRSV]

A Reading from the Letter of Paul to the Romans.

SINCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

People's Response: Thanks be to God.

Sequence Hymn 658 (*sung by all*) "As longs the deer for cooling streams"

Martyrdom



1 As longs the deer for cool - ing streams in
2 For thee, my God, the liv - ing God, my
3 Why rest - less, why cast down, my soul? Hope
4 To Fa - ther, Son, and Ho - ly Ghost, the
parched and bar - ren ways, so longs my soul, O
thirst - y soul doth pine: O when shall I be -
still, and thou shalt sing the praise of him who
God whom we a - dore, be glo - ry, as it
God, for thee and thy re - fresh - ing grace.
hold thy face, thou Ma - jes - ty di - vine?
is thy God, thy health's e - ter - nal spring.
was, is now, and shall be ev - er - more.

The Holy Gospel: St. John 4: 5-42 [RSV]

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People's response: ✠ Glory be to thee, O Lord.

SO he came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Every one who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming (he who is called Christ); when he comes, he will show us all things." Jesus said to her, "I who speak to you am he." Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him. Meanwhile the disciples besought him, saying, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Has any one brought him food?" Jesus said to them, "My food is to do the will of him who sent me, and to accomplish his work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me all that I ever did." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

The Gospel of the Lord.

People's Response: Praise be to thee, O Christ.



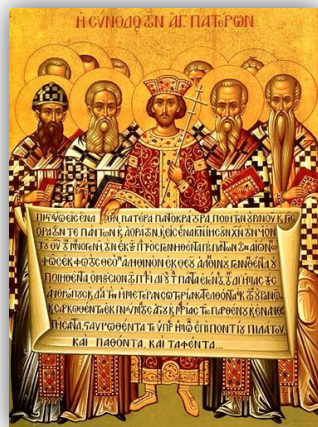
The Sermon

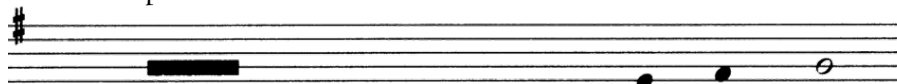
Gregory Simmons

The Nicene Creed (*sung by all, standing*)

I be- lieve in one God, the Fa-ther Al- mighty, Ma-ker of hea- ven and earth;
and of all things vi- si- ble and in- vi- si- ble; and in one Lord Je- sus Christ,
the on- ly- be- got- ten Son of God, be- got- ten of his Fa-ther be- fore all worlds,
God of God, Light of Light, ve- ry God of ve- ry God, be- got- ten, not made,
be- ing of one sub- stance with the Fa-ther; by whom all things were made;
who for us men and for our sal- va- tion came down from hea- ven,
(kneel) and was in- car- nate by the Ho- ly Ghost of the Virgin Ma- ry, and was made man;

(stand) and was cru- ci- fi- ed al- so for us un- der Pon- tius Pi- late;
 he suf- fer- ed and was bu- ri- ed; and the third day he rose a- gain
 ac- cor- ding to the Scrip- tures, and as- cend- ed in- to hea- ven, and sit- teth on the
 right hand of the Fa- ther; and he shall come a- gain, with glo- ry, to judge both
 the quick and the dead; whose king- dom shall have no end. And I be- lieve in the
 Ho- ly Ghost the Lord, and Gi- ver of Life, who pro- ceed- eth from the Fa- ther and the Son;
 who with the Fa- ther and the Son to- ge- ther is wor- shipp'd and glo- ri- fi- ed;
 who spake by the Pro- phets. And I be- lieve one ho- ly Cath- o- lic and A- po- sto-
 lic Church; I ac- know- ledge one Bap- tism for the re- mis- sion of sins: and I look for
 the re- sur- rec- tion of the dead, * and the life of the world to come. A- - - men.





Leader: Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. (*Silence*)



Lord, in thy mer - cy *People* hear our prayer. (*Sung after every intercession*)

Leader: Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Watch over thy children *Sheryl & Kathie*, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace which passeth understanding abide all the days / of their lives. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Leader: We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. *Amen.*

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

The Ministers and People greet one another in the Name of the Lord.



The Holy Communion

Offertory Sentence

Celebrant: Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

Offertory (*choir*) *Justitiae Domini*

Mode IV

THE statutes of the Lord are just and rejoice the heart; sweeter far than honey, than honey in the comb; moreover, by them is thy servant taught.

Motet (*choir*)

Aaron Copland (d. 1990)

HAVE mercy on us, O my Lord. Be not far from us, O my God. Give ear unto our humble prayer. Attend and judge us in Thy might. Uphold us with Thy guiding hand. Restore us to Thy kindly light. O my heart is sorely pained and calls on thee in vain. Cast me not away from {[Thee] [my salvation]}. Then we shall trust in Thee, then we will bear our place. Be not far from us, O my Lord.



Presentation of the alms and oblations

Celebrant: All things come of thee, O Lord,

People: And of thine own have we given thee.

Orate

Celebrant: Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

People: May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

People: We lift them up unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Then, facing the Holy Table, the Celebrant says,

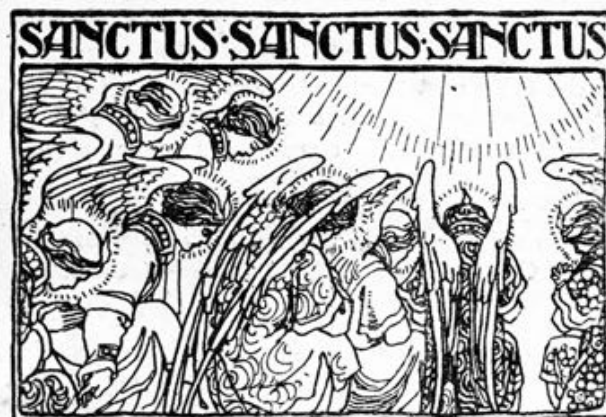
It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

THROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus (*sung by all*)

Ho - ly, ho - ly, ho - ly, Lord
God of Hosts: Hea - ven and earth are full
of thy glo - ry. Glo - ry be to thee, O Lord Most High.
Bless - ed is he that com - eth in the name of the Lord.
Ho - san - na in the high - est.



The Consecration

Celebrant: Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender Mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *Amen.*



The Lord's Prayer (*sung by all*)

Celebrant: And now, as our Savior Christ hath taught us, we are bold to say,



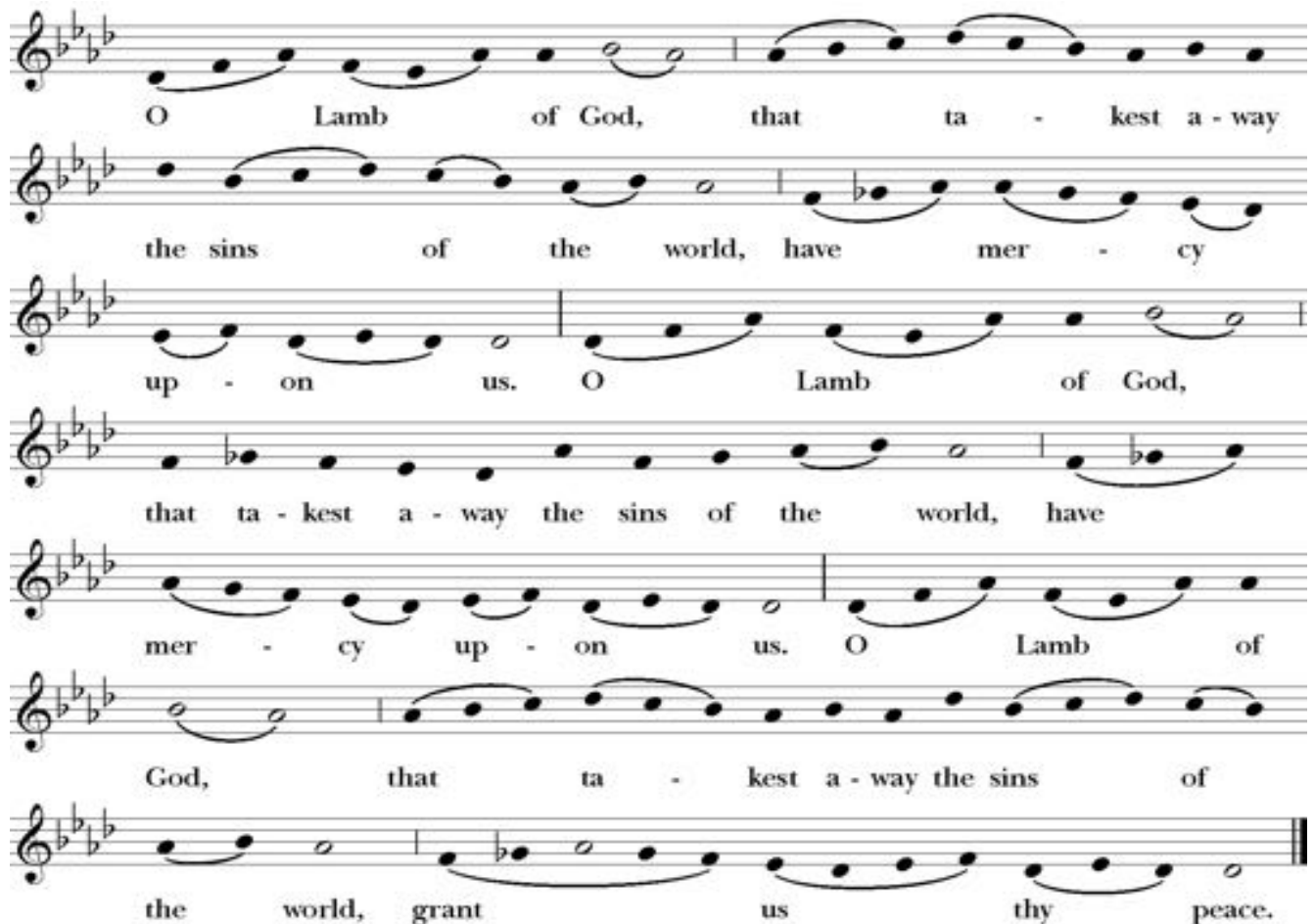
Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,
thy king-dom come, thy will be done, on earth as it is in hea-ven.
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,
as we for-give those who tres-pass a-gainst us. And lead us not in-to
temp-ta-tion, but de-liv-er us from e-vil. For thine is the king-dom,
and the power, and the glo-ry, for ev-er and ev-er. A-men.

The Fraction

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast.

Agnus Dei (*sung by all*)



O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

Celebrant: Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

People: Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Qui biberit aquam*

Mode VII

WHOSOEVER drinketh of the water that I shall give, saith the Lord, will find in him a well of water springing up into life everlasting.



Prayer of Spiritual Communion (*said by those worshipping virtually*)

IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.





Hymn 343 (*sung by all*)

“Shepherd of souls, refresh and bless”

St. Agnes

1 Shep - herd of souls, re - fresh and bless thy cho - sen
 2 We would not live by bread a - lone, but by thy
 3 Be known to us in break - ing bread, and do not
 4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the
 word of grace, in strength of which we
 then de - part; Sa - vior, a - bid with
 and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.
 trav - el on to our a - bid - ing - place.
 us, and spread thy ta - ble in our heart.
 heaven - ly wine, be our im - mor - tal food.

Prayer of Thanksgiving after Communion

Celebrant: Let us pray.

People: Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

THE BLESSING OF GOD ALMIGHTY, ✠ the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

The Dismissal

Deacon: Go in peace to love and serve the Lord.

The People respond: Thanks be to God.



The Last Gospel

St. John I:I-I4

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: The Beginning of the holy Gospel according to John.

People: Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

People: Thanks be to God.

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Welcome, O Queen of heaven, welcome, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



The Angelus

Celebrant: The Angel of the Lord announced unto Mary.

People: And she conceived by the Holy Ghost.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Behold the handmaid of the Lord.

People: Be it unto me according to thy word.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(Here genuflect) Celebrant: And the Word was made flesh.

(Here rise) People: And dwelt among us.

Celebrant: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

People: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Celebrant: Pray for us, O Holy Mother of God.

People: That we may be made worthy of the promises of Christ.

Celebrant: Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*

1 Guide me, O thou great Je-ho-vah, pil-grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, shield, thee, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.



March 12, 2023 – Lent 3 (A)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 12

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 13

Today's Prompt: Where can you seek and serve Christ in someone unlike you?

Read: "And you shall be my people, and I will be your God. Again I will build you, and you shall be built, O virgin Israel! Again you shall take your tambourines, and go forth in the dance of the merrymakers. Again you shall plant vineyards on the mountains of Samaria; the planters shall plant, and shall enjoy the fruit." - Jer. 30:22, 31:4-5

Tuesday, March 14

Today's Prompt: How is the Jesus who walked this earth beckoning you to meet him?

Read: Mark 10:46-52

Wednesday, March 15

Today's Prompt: How can you incorporate rest from technology today?

Read: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." - Matt. 11:28

Thursday, March 16

Today's Prompt: Try praying with Anglican prayer beads.

Read: "Then Jesus told them a parable about their need to pray always and not to lose heart." – Luke 18:1

Friday, March 17

Today's Prompt: In your prayers today, what new words or thoughts touch you?

Read: "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." – Phil. 4:6

Saturday, March 18

Today's Prompt: How might you share what brings you great joy with others?

Read: "We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness." - Rom. 12:6-8

Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

GRACE EPISCOPAL CHURCH

† Lenten Programs 2023 †
Come Walk the Way of the Cross



Please join us for our Lenten discussion of
Anglo-Catholicism: History, Rituals, Social Justice
with Reverend Rowena Kemp and Reverend Joe Pace

4:00 p.m. Fridays, March 24, & March 31

Tea, coffee, baked goodies, and sandwiches provided



Come and Celebrate
The Feast of the Annunciation of Our Lord
to the Blessed Virgin Mary
Saturday, March 25th, 2023
Solemn High Mass at 4:00 PM

GRACE NOTES

March 12, 2023 *The Third Sunday in Lent*

FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss. Please contact her immediately should there be an illness, hospitalization, or any other pastoral emergency that he should know about. For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.

PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).

- *Bishops and Clergy:* Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; Rowena, Jerry, Molly, Annika, and Joseph, our priests, Chuck, our Vocational Deacon Intern, and Aldon, our Post Seminary Resident.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; All Saints', Ivoryton; St. Andrew's, Kent; Emmanuel, Killingworth; Trinity, Lime Rock; bishops, ECCT staff, and parish employees and their families.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Lars, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, Charles, Warren, and Mike.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Sheryl Rifkin (Sun.), and Kathie Rovetti (Mon.), whose birthdays we celebrate this week.
- *Sick or in need:* Tom; Tom & Elaine; James; Jerry; Bonnie & the Burns Family; Richard; Errol, Norma & the Kemp Family; Stephen & Ratana; Ellen; Barbara; Nigel, Kraig, & Deidre; Dick, Leanne, Aldon, Kim & Fiona; Carmen & Félix; Mary; Monica; Antoinette; Linda & the Galarza Family; Josephine, Melissa & Jaden; Maria; Judy; Peter; Doug; Jane; Bill, Carolyn & Susan; Laurie; Dave; Robert; Jerome; Lynn; McJohn; Doreen; Karen; Terra; Betty & John; Cheryl; Mary & Lou; Diane; Nazra; Nelda Sue & Larry; Donald; Eugenia; Jean; Lesley; for peace throughout the world, especially between Russia and Ukraine and in the Middle East; for Christians being persecuted around the world, particularly in China and Palestine; and all victims of natural and man-made disasters, including those affected by the pandemic.
- *The Deceased:* We pray for the repose of Wesley Harold Rosser, all soldiers & civilians killed in war or civil strife, all those who have died from CoVid-19, and in memory of Robert Berry, Charles Ripley, Ruth Ray, Phyllis G. Atwood, Elizabeth "Bessie" McNulty, and Lloyd Odell.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

55 New Park Avenue, Hartford, CT 06106-2123

Church telephone: 860-233-0825 Church fax: 860-233-5082 Rectory telephone: 860-994-5022

Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK.
Please join and help us spread the good news online!





THIS WEEK AT GRACE



Sunday, March 12 *The Third Sunday in Lent*

2:00 a.m. **DAYLIGHT SAVINGS BEGINS**

8:00 am: Low Mass

10:30 a.m.: Solemn High Mass (also on Facebook Live)

Monday, March 13 *Lenten Feria*

7:30 a.m.: Facebook Live Morning Prayer

6:00 p.m.: Facebook Live Evening Prayer

Tuesday, March 14 *Lenten Feria*

7:30 a.m.: Facebook Live Morning Prayer

Wednesday, March 15 *Lenten Feria*

9:15 a.m.: Low Mass (also on Facebook Live), followed by breakfast at Effie's

6:00 p.m.: Facebook Live Evening Prayer

7:00 p.m.: **Choir Rehearsal**

Thursday, March 16 *Lenten Feria*

8:00 a.m.: Facebook Live Morning Prayer

10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, March 17 *Lenten Feria ~ Patrick, Bishop and Missionary of Ireland, 461*

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m.: STATIONS OF THE CROSS & BENEDICTION (also on Facebook Live)

Sunday, March 19 *The Fourth Sunday in Lent ~ Laetare Sunday*

8:00 am: Low Mass

10:30 a.m.: Solemn High Mass (also on Facebook Live)



Visit "Grace Episcopal Church, Hartford CT" on FACEBOOK.



Please join, and help us spread the good news online!

† Fridays in Lent †

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m. Stations of the Cross and Benediction (also on Facebook Live)



It's LENT, and you wish to have a loved-one memorialized. What can you do?

Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers.

The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.