

# GRACE EPISCOPAL CHURCH



*The Second Sunday in Lent*

March 5, 2023

Service Program for the 10:30 a.m. Solemn High Mass  
Bulletin Insert from the Episcopal Church  
Lenten Programs Announcement  
*Grace Notes*  
*This Week at Grace & Lenten Announcements*

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## Grace Episcopal Church

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**W**E are a diverse community united by our commitment to Jesus Christ and our desire to live the Christian life. Our prayers and the Sacraments help us find Christ in church and in the world. Seeing Christ in each other and in the faces of strangers, we are inspired to reach out in love and service.

The Rev. Rowena J. Kemp, *Rector*

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The Rev. Canon Robert G. Carroon, *Associate Priest*

The Rev. Dr. Molly James, *Associate Priest*

The Rev. Canon Annika Warren, *Associate Priest*

The Rev. Joseph L. Pace, *Associate Priest*

Mr. Aldon Hynes, *Post Seminary Resident*

Mr. Chuck Sharp, *Vocational Deacon Intern*

Mr. Kyle Swann, *Choirmaster and Organist*

The Vestry

Douglas Bowman, *Senior Warden*; Thomas Phillips, *Junior Warden*

Katharine Rovetti, *Parish Clerk*

Mark Lacedonia, *Treasurer*; Barbara Galbreath, *Assistant Treasurer*

Adrienne Brown, Josephine Dominguez, Pamela Glasner,

Claudia Gwardyak, Nadia Holmes, Sandra Morgan



**W**ELCOME to all who are joining with us virtually as we celebrate *THE SECOND SUNDAY IN LENT*. We hope you feel at home with us and that you find the love, peace, inspiration, and strength to meet the challenges of your daily life.

We hope that you will take part in our worship by making the Peoples' responses as indicated and joining in the hymn-singing.

If you would like more information about Grace Church, or the Episcopal Church, please communicate with our Rector, The Rev. Rowena Kemp, or make an appointment with her to discuss any questions you have.

# GRACE EPISCOPAL CHURCH

## *The Second Sunday in Lent*

March 5, 2023

Solemn High Mass, 10:30 A.M.

Propers of Year A

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Mass Setting: Short Communion Service in the Phrygian Mode

Charles Wood (d. 1926)

*This setting of the Ordinary of the Mass will be sung by the choir.*  
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Voluntary: Antienne

Jean Langlais (d. 1991)

### Entrance Rite

Introit (*choir*) *Reminiscere*

Mode IV

[*Antiphon*] Call to remembrance, O Lord, thy tender mercies, and thy loving kindnesses, which have been ever of old. O let not our enemies triumph over us. Deliver us, O God of Israel, out of all our troubles. [*Psalms*] Unto thee, O Lord, do I lift up my soul; my God, in thee have I trusted; let me not be confounded. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. [*Repeat antiphon.*]

### The Penitential Order

Opening Acclamation

*Celebrant:* ✠ Bless the Lord who forgiveth all our sins.

*People:* His mercy endureth for ever.

*Celebrant:* Let us humbly confess our sins unto Almighty God.

*People:* Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Absolution (*Celebrant*)

THE Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

Kyrie eleison (*choir*)

C. Wood

KYRIE eleison. Christe eleison. Kyrie eleison.

[Lord, have mercy. Christ, have mercy. Lord, have mercy.]



## The Liturgy of the Word

The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* And with thy spirit.

*Celebrant:* Let us pray.

**O** GOD, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

The Old Testament Lesson: Genesis 12: 1-4a [NRSV]

A Reading from the Book of Genesis.

**N**OW the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him.

The Word of the Lord.

*People's Response:* Thanks be to God.



The Gradual: Psalm 121

*Levavi oculos*

Tone II

*(Congregation sings the italicized verses.)*



- 1 I WILL lift up mine eyes unto the | hills;  
\* *from whence com- / eth my help?*
- 2 *My help cometh even from the / Lord,*  
\* *who hath made hea- / ven and earth.*
- 3 He will not suffer thy foot to be | mov'd  
\* and he that keepeth thee | will not sleep.
- 4 *Behold, he that keepeth / Isra^el*  
\* *shall neither slum- / ber nor sleep.*
- 5 The Lord himself is thy | keeper;  
\* the Lord is thy defence upon | thy right hand;
- 6 *So that the sun shall not burn thee by / day,*  
\* *neither the / moon by night.*
- 7 The Lord shall preserve thee from all | evil;  
\* yea, it is even he that shall | keep thy soul.
- 8 *The Lord shall preserve thy going out and thy coming / in,*  
\* *from this time forth for / evermore.*

The Epistle: Romans 4: 1-5, 13-17 [NRSV]

A Reading from the Letter of Paul to the Romans.

WHAT then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

*People's Response:* Thanks be to God.

Tract (*choir*) *Confitemini Domino*

Tone VIII; harm by Healey Willan

Give thanks unto the Lord, for he is gracious, and his mercy endureth for ever. Who can express the noble acts of the Lord, or show forth all his praise? Blessed are they that alway keep judgement, and do righteousness. Remember me, O Lord, according to the favour that thou bearest unto the people; O visit me with thy salvation.

The Holy Gospel: St. John 3: 1-17 [RSV]

*Celebrant:* The Holy Gospel of our Lord Jesus Christ according to John.

*People's response:* ✠ Glory be to thee, O Lord.

NOW there was a man of the Pharisees, named Nicodemus, a ruler of the Jews. This man came to Jesus by night and said to him, “Rabbi, we know that you are a teacher come from God; for no one can do these signs that you do, unless God is with him.” Jesus answered him, “Truly, truly, I say to you, unless one is born anew, he cannot see the kingdom of God.” Nicodemus said to him, “How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?” Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, ‘You must be born anew.’ The wind blows where it wills, and you hear the sound of it, but you do not know whence it comes or whither it goes; so it is with every one who is born of the Spirit.” Nicodemus said to him, “How can this be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand this? Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen; but you do not receive our testimony. If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life”. For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him.

The Gospel of the Lord.

*People's Response:* Praise be to thee, O Christ.

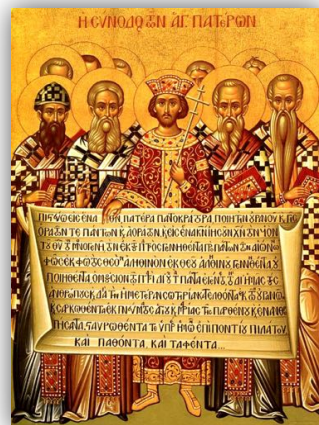


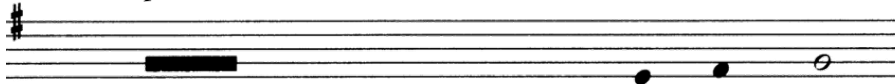
*Nicodemus and Jesus on a Rooftop . Henry Ossawa Tanner, 1859-1937*

The Nicene Creed (*sung by all, standing*)

I be- lieve in one God, the Fa-ther Al- might-y, Ma-ker of hea- ven and earth;  
 and of all things vi- si- ble and in- vi- si- ble; and in one Lord Je- sus Christ,  
 the on- ly- be- got- ten Son of God, be- got- ten of his Fa- ther be- fore all worlds,  
 God of God, Light of Light, ve- ry God of ve- ry God, be- got- ten, not made,  
 be- ing of one sub- stance with the Fa- ther; by whom all things were made;  
 who for us men and for our sal- va- tion came down from hea- ven,  
 and was in- car- nate by the Ho- ly Ghost of the Vir- gin Ma- ry, and was made man;

(stand) and was cru-ci-fi-ed al-so for us un-der Pon-tius Pi-late;  
 he suf-fer-ed and was bu-ri-ed; and the third day he rose a- gain  
 ac- cor-ding to the Scrip-tures, and as-cend-ed in-to hea-ven, and sit-teth on the  
 right hand of the Fa-ther; and he shall come a-gain, with glo-ry, to judge both  
 the quick and the dead; whose king-dom shall have no end. And I be-lieve in the  
 Ho-ly Ghost the Lord, and Gi-ver of Life, who pro-ceed-eth from the Fa-ther and the Son;  
 who with the Fa-ther and the Son to-ge-ther is wor-shipp'd and glo-ri-fi-ed;  
 who spake by the Pro-phets. And I be-lieve one ho-ly Cath-o-lic and A-po-sto-  
 lic Church; I ac-know-ledge one Bap-tism for the re-mis-sion of sins: and I look for  
 the re-sur-rec-tion of the dead, and the life of the world to come. A - - - men.

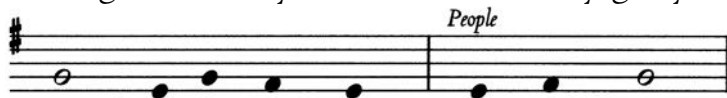




*Leader:* Let us pray for the Church and | for the world.



Grant almighty God, that all who confess thy Name may be united in thy truth, live together in thy love, and reveal thy glory / in the world. (*Silence*)



Lord, in thy mer - cy *hear our prayer.* (*Sung after every intercession*)

*Leader:* Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the / common good. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Leader:* Give us all a reverence for the earth as thine own creation, that we may use its resources rightly in the service of others and to thy hon-/or and glory. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Leader:* Watch over thy child *Ruth*, O Lord, as her days increase; bless and guide her wherever she may be. Strengthen her when she stands; comfort her when discouraged or sorrowful; raise her up if she falls; and in her heart may thy peace which passeth understanding abide all the days / of her life. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Leader:* We pray for an increase in the membership of this parish; that we may have the hands and hearts to carry / out thy will. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Leader:* We commend to thy gracious care and keeping all the men and women of our armed forces at home and abroad [*especially N.*]. Defend them day by day with thy heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of thine abiding presence wherever / they may be. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

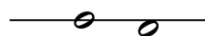
*Leader:* Comfort and heal all those who suffer in body, mind, or spirit (*pause*); give them courage and hope in their troubles, and bring them the joy of / thy salvation. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Leader:* We commend to thy mercy all who have died, that thy will for them may be fulfilled (*pause*); and we pray that we may share with all thy saints in thine e-/ternal kingdom. (*Silence*)

Lord, in thy mercy *People: hear our prayer.*

*Celebrant:* Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. *People*



A-men.



## The Peace

*Celebrant:* The peace of the Lord be always with you.

*People:* And with thy spirit.

*The Ministers and People greet one another in the Name of the Lord.*



## The Holy Communion

### Offertory Sentence

*Celebrant:* Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50: 14*

### Offertory (choir) *Meditabor*

Mode II

**M**Y delight is in thy commandments, which I have loved; my hands also will I lift up unto thy commandments, which I have loved.



1 And now, O Fa - ther, mind - ful of the love that  
 2 Look Fa - ther, look on his a - noint - ed face, and  
 +3 And then for those, our dear - est and our best, by  
 +4 And so we come; O draw us to thy feet, most

bought us, once for all, on Cal - vary's tree, and hav - ing with us  
 on - ly look on us as found in him; look not on our mis -  
 this pre - vail - ing pres - ence we ap - peal; O fold them clos - er  
 pa - tient Sa - vior, who canst love us still! And by this food, so

him that pleads a - bove, we here pre - sent, we here spread  
 us - ings of thy grace, our prayer so lan - guid, and our  
 to thy mer - cy's breast! O do thine ut - most for their  
 awe - some and so sweet, de - liv - er us from ev - ery

forth to thee, that on - ly of - fering per - fect in thine  
 faith so dim: for lo! be - tween our sins and their re -  
 soul's true weal! From taint - ing mis - chief keep them pure and  
 touch of ill: in thine own ser - vice make us glad and

eyes, the one true, pure, im - mor - tal sac - ri - fice.  
 ward, we set the pas - sion of thy Son our Lord.  
 clear, and crown thy gifts with strength to per - se - vere.  
 free, and grant us nev - er - more to part from thee.

Presentation of the alms and oblations

*Celebrant:* All things come of thee, O Lord,

*People:* And of thine own have we given thee.

Orate

*Celebrant:* Pray that this our sacrifice of praise and thanksgiving may be acceptable to God the Father Almighty.

*People:* May the Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, both to our benefit and that of all his holy Church.

Sursum corda

The musical score is written on four staves. The first staff is for the Celebrant and the People, with lyrics: "The Lord be with you. And with thy spi- rit." The second staff is also for the Celebrant and the People, with lyrics: "Lift up your hearts. We lift them up un-to the Lord." The third staff is for the Celebrant, with lyrics: "Let us give thanks un- to our Lord God." The fourth staff is for the People, with lyrics: "It is meet and right so to do." The music is in a simple, melodic style with a key signature of one flat.

Then, facing the Holy Table, the Celebrant says,

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

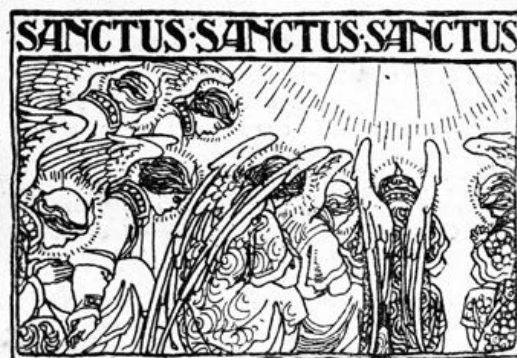
**T**HROUGH Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over ever evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus and Benedictus (*choir*)

C. Wood

**H**OLY, HOLY, HOLY, Lord God of hosts, Heaven and earth are full of thy glory: Glory be to thee, O Lord most High. ✠ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest!



The Consecration

*Celebrant:* Let us pray.

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ✠

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ✠

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

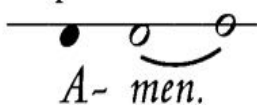
And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church, may obtain remission of our sins and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, ✠ be filled with thy grace and heavenly benediction, and made one body with him that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits but pardoning our offenses, through Jesus Christ our Lord;

BY whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

*People*



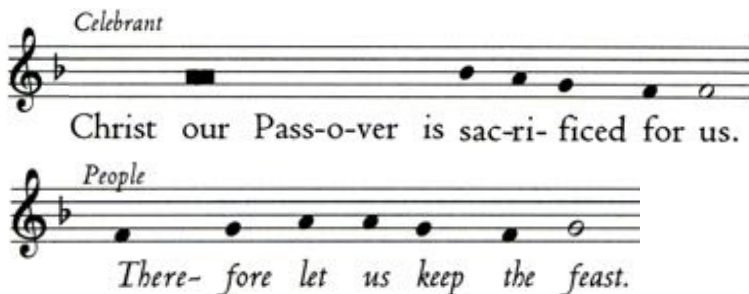
The Lord's Prayer (*sung by all*)

*Celebrant:* And now, as our Savior Christ hath taught us, we are bold to say,



Our Fa-ther, who art in hea-ven, hal-low-ed be thy Name,  
thy king-dom come, thy will be done, on earth as it is in hea-ven.  
Give us this day our dai-ly bread. And for-give us our tres-pas-ses,  
as we for-give those who tres-pass a-gainst us. And lead us not in-to  
temp-ta-tion, but de-liv-er us from e-vil. For thine is the king-dom,  
and the power, and the glo-ry, for ev-er and ev-er. A-men.

The Fraction



*Celebrant*  
Christ our Pass-o-ver is sac-ri-ficed for us.  
*People*  
There-fore let us keep the feast.



Agnus Dei (*choir*)

C. Wood

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access (*said by all*)

*Celebrant:* Let us pray.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Invitation to Communion

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*People:* Lord, I am not worthy that thou shouldst come under my roof; but speak the word only, and my soul shall be healed.

Communion (*choir*) *Intellige clamorum*

Mode V

CONSIDER my meditation; O hearken unto the voice of my calling, O my King, and O my God; for unto thee I make my prayer, O Lord.



Prayer of Spiritual Communion (*said by those worshipping virtually*)

*IN UNION, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

Motet (*choir*)

Richard Farrant (d. 1581)

**C**ALL to remembrance, O Lord, thy tender mercy and thy loving kindness, which hath been ever of old. O remember not the sins and offences of my youth; but according to thy mercy think thou on me, O Lord, for thy goodness. Ps. 25: 5-6

Prayer of Thanksgiving after Communion

*Celebrant:* Let us pray.

*People:* Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these Holy Mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.



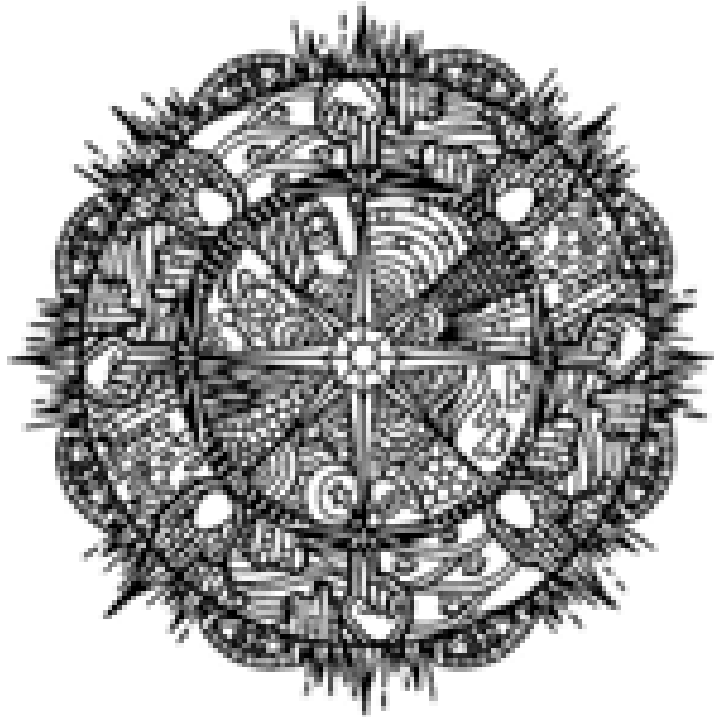
The Blessing

THE BLESSING OF GOD ALMIGHTY, ✠ the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

The Dismissal

*Deacon:* Go in peace to love and serve the Lord.

*The People respond:* Thanks be to God.



The Last Gospel

St. John I:I-I4

*Celebrant:* The Lord be with you.

*People:* And with thy spirit.

*Celebrant:* The Beginning of the holy Gospel according to John.

*People:* Glory be to thee, O Lord.

IN THE BEGINNING was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by Him: and without Him was not anything made that was made. In Him was life, and the life was the light of men: and the light shineth in the darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (*Here genuflect*) And the Word was made flesh, (*Here rise*) and dwelt among us: and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

*People:* Thanks be to God.

Ave Regina caelorum, Ave Domina Angelorum. Salve radix, salve porta, ex qua mundo lux est orta. Gaude Virgo gloriosa, super omnes speciosa. Vale, o valde decora, et pro nobis Christum exora.

[Welcome, O Queen of heaven, welcome, O Lady of Angels. Hail! thou root, hail! thou gate, from whom unto the world a light has risen. Rejoice, O glorious Virgin, lovely beyond all others. Farewell, most beautiful maiden, and pray for us to Christ.]



### The Angelus

*Celebrant:* The Angel of the Lord announced unto Mary.

*People:* And she conceived by the Holy Ghost.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Celebrant:* Behold the handmaid of the Lord.

*People:* Be it unto me according to thy word.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*(Here genuflect) Celebrant:* And the Word was made flesh.

*(Here rise) People:* And dwelt among us.

*Celebrant:* Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

*People:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Celebrant:* Pray for us, O Holy Mother of God.

*People:* That we may be made worthy of the promises of Christ.

*Celebrant:* Let us pray.

WE beseech thee, O Lord, pour thy grace into our hearts, that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his Passion we may be brought unto the glory of his resurrection, through the same Christ our Lord. *Amen.*





Hymn 473 (*sung by all*)

"Lift high the cross"

*Crucifer*

*Descant*

Lift high the cross, the love of Christ pro - claim

*Refrain*

Lift high the cross, the love of Christ pro - claim

till all the world a - dore \_\_\_\_\_ his sa - cred Name.

till all the world \_\_\_\_\_ a - dore \_\_\_\_\_ his sa - cred Name.

1 Led on their way by this tri - um - phant sign,  
2 Each new - born ser - vant of the Cru - ci - fied tree,  
3 O Lord, once lift - ed on the glo - rious tree,  
4 So shall our song of tri - umph ev - er be:

*Repeat Refrain*

the hosts of God in con - quering ranks com - bine.  
bears on the brow the seal of him who died.  
as thou hast prom - ised, draw the world to thee.  
praise to the Cru - ci - fied for vic - to - ry.

Voluntary: Evocation à la Chapelle Sixtine

Franz Liszt (d. 1886)



**March 5, 2023 – Lent 2 (A)**

**Week 2: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



**Week 2**

**Sunday, March 5**

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 2. The topic is based on the practice "Pray" and is titled, "Israel's Deliverance at the Red Sea".

*Read:* Exodus 14:10-15:1

**Monday, March 6**

*Today's Prompt:* Where are you being encouraged to "show up"?

*Read:* "Then they also will answer, 'Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison, and did not take care of you?' Then he will answer them, 'Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me.'" - Matthew 25:44-45

**Tuesday, March 7**

*Today's Prompt:* How do your creative outlets impact on taking rest?

*Read:* Genesis 1:1-2:4

**Wednesday, March 8**

*Today's Prompt:* What passage of scripture is important to you? Why?

*Read:* "The grass withers, the flower fades; but the word of our God will stand forever." - Isaiah 40:8

**Thursday, March 9**

*Today's Prompt:* Take 20 minutes in contemplative prayer today.

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*Read:* "As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, 'Follow me, and I will make you fish for people.' Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him." – Matthew 4:18-22

**Friday, March 10**

*Today's Prompt:* Intentionally smile at least ten times today.

*Read:* "Rejoice in the Lord always; again I will say, Rejoice." – Philippians 4:4

**Saturday, March 11**

*Today's Prompt:* Today, intentionally listen devoutly to another.

*Read:* "Let anyone with ears to hear listen!" – Mark 4:23

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# GRACE EPISCOPAL CHURCH

† Lenten Programs 2023 †  
Come Walk the Way of the Cross



Please join us for our Lenten discussion of  
Anglo-Catholicism: History, Rituals, Social Justice  
with Reverend Rowena Kemp and Reverend Joe Pace  
4:00 p.m. Fridays, March 24, March 31, & April 7  
*Tea, coffee, baked goodies, and sandwiches provided*



Come and Celebrate  
The Feast of the Annunciation of Our Lord  
to the Blessed Virgin Mary  
Saturday, March 25<sup>th</sup>, 2023  
Solemn High Mass at 4:00 PM

# GRACE NOTES

March 5, 2023 *The Second Sunday in Lent*

## FOR PASTORAL ASSISTANCE

THE REV. ROWENA KEMP welcomes hearing from you. Please don't hesitate to contact her if there's something you'd like to discuss. Please contact her immediately should there be an illness, hospitalization, or any other pastoral emergency that he should know about. For such emergencies, please note Rev. Rowena's cell phone number: 203-209-4178.

## PEOPLE AND PLACES TO KEEP IN YOUR PRAYERS

***A reminder: Tori Burns manages this list for us, and prayer requests need to be renewed after 2 weeks. Please communicate all prayer requests & updates with her (860-539-8790); (tburns@gracehartford.org).***

- *Bishops and Clergy:* Justin, Archbishop of Canterbury; Michael, Presiding Bishop; Jeffrey and Laura, Bishops of ECCT; Rowena, Jerry, Molly, Annika, and Joseph, our priests, Chuck, our Vocational Deacon Intern, and Aldon, our Post Seminary Resident.
- *Diocesan Cycle of Prayer:* **We pray for an increase in the membership of this parish, that we may have the hands and hearts to carry out thy will;** for the Episcopal Church in CT & the Anglican Communion; St. Monica's, Hartford; Trinity, Hartford; St. Peter's, Hebron; St. James', Higganum; all ministries to, with, and for women, and the Girl's Friendly Society.
- *Serving Our Country in the Military (especially those associated with Grace Church):* Brian, Lars, Spencer, Bradley, Curtis, Jordan, John, Carrington, William, Noel, James, Ryan, Michael, Karl, Alec, Jeff, David, Tom, Michael, Charles, Warren, and Mike.
- *Thanksgiving and Celebrations:* We give thanks and ask for thy blessings upon Ruth Grant (Sat,) whose birthday we celebrate this week.
- *Sick or in need:* Peter; Tom; Tom & Elaine; James; Jerry; Bonnie & the Burns Family; Richard; Errol, Norma & the Kemp Family; Stephen & Ratana; Ellen; Barbara; Nigel, Kraig, & Deidre; Dick, Leanne, Aldon, Kim & Fiona; Carmen & Félix; Mary; Monica; Antoinette; Linda & the Galarza Family; Josephine, Melissa & Jaden; Maria; Judy; Doug; Jane; Bill, Carolyn & Susan; Laurie; Dave; Robert; Jerome; Lynn; McJohn; Doreen; Karen; Terra; Betty & John; Cheryl; Mary & Lou; Diane; Nazra; Nelda Sue & Larry; Eugenia; Frank; Hugh; Jean; Lesley; for peace throughout the world, especially between Russia and Ukraine and in the Middle East; for Christians being persecuted around the world, particularly in China and Palestine; and all victims of natural and man-made disasters, including those affected by the pandemic.
- *The Deceased:* We pray for the repose of Wesley Harold Rosser, all soldiers & civilians killed in war or civil strife, all those who have died from CoVid-19, and in memory of Robert May, Pauline Hickmott, and Ernest Young.

GRACE EPISCOPAL CHURCH

THE REV. ROWENA J. KEMP, RECTOR

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Rector's cell phone: 203-209-4178 Rector's email: RevRowena@gracehartford.org

Church e-mail: church@gracehartford.org Website: www.gracehartford.org



Visit "Grace Episcopal Church, Hartford, CT" on FACEBOOK.  
Please join and help us spread the good news online!



## THIS WEEK AT GRACE

Sunday, March 5 *The Second Sunday in Lent*

8:00 am: Low Mass

10:30 a.m.: Solemn High Mass (also on Facebook Live)

Monday, March 6 *Lenten Feria*

7:30 a.m.: Facebook Live Morning Prayer

6:00 p.m.: Facebook Live Evening Prayer

Tuesday, March 7 *Lenten Feria*

7:30 a.m.: Facebook Live Morning Prayer

Wednesday, March 8 *Lenten Feria*

9:15 a.m.: Low Mass (also on Facebook Live), followed by breakfast at Effie's

6:00 p.m.: Facebook Live Evening Prayer

7:00 p.m.: Choir Rehearsal

Thursday, March 9 *Lenten Feria*

8:00 a.m.: Facebook Live Morning Prayer

10:00 a.m.: "A Place of Grace" food pantry distribution

Friday, March 10 *Lenten Feria*

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m.: STATIONS OF THE CROSS & BENEDICTION (also on Facebook Live)

Sunday, March 12 *The Third Sunday in Lent*

8:00 am: Low Mass

10:30 a.m.: Solemn High Mass (also on Facebook Live)



Visit "Grace Episcopal Church, Hartford CT" on FACEBOOK.

Please join, and help us spread the good news online!



### † Fridays in Lent †

5:45 p.m.: Lenten Organ Meditation (also on Facebook Live)

6:00 p.m. Stations of the Cross and Benediction (also on Facebook Live)



It's LENT, and you wish to have a loved-one memorialized. What can you do?

Please consider purchasing a memorial Sanctuary Candle, in lieu of flowers.

The suggested price is \$10.

This is a year-round option, but particularly useful during LENT.